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August 4, 2025

The Honorable Robert F. Kennedy Jr. Secretary of Health and Human Services 200 Independence Ave, SW Washington, D.C. 20201

Dear Sir:

For over 70 years, the National Health Federation has fought for health freedom and the right of individuals to make their own health decisions, both in the U.S. and overseas. In fact, we are the only accredited health-freedom NGO at Codex Alimentarius, where the World Health Organization often promotes international food standards that are not for the benefit of individual consumers. We are joined in this submission by other organizations, signed at the bottom.

Health freedom is (or should be) a fundamental human right. Health Freedom demands individual autonomy and liberty, informed consent, honest science, and an end to regulatory capture by corporate interests. The history of government, both in this country and throughout the World, has been one long grab by corporate interests for ever more power and profit, always at public expense. In recent years, the fight has frequently hinged on health freedom. The response to the COVID-19 "emergency" showed the degree to which those who profit from fear and illness will go to enforce their agenda of monopoly profit and market control. For too long, both government and big business have acted as though the people exist for their benefit, rather than the other way around. It's high time we all remembered and applied Jefferson's self-evident truths – that government, laws, and legal fictions such as corporations exist to serve the people, and if they fail to do so, it is the right of the people to alter or abolish them.

We suggest the following points for the MAHA agenda:

No one-size-fits-all health regulations. Every human being is unique. We differ in genetics, epigenetics, microbiome, environment, health history, and desires. We respond differently to treatment, often on a bell-shaped curve (normal distribution). What works for one person won't necessarily work for another. One health solution or "standard of care" cannot possibly meet every human situation and need, so the idea that any central authority can decide what's best for everyone is absurd. Health freedom requires autonomy and informed consent, not the rule of the majority (or the bureaucracy) over the

needs of individuals. We all need to be able to find and use affordable individual solutions to meet our differing needs. We support a Health Freedom Amendment to end government interference with individual healthcare decisions.1

No vaccine mandates or fraudulent science – even during emergencies. It's always more lucrative to vaccinate everyone, than to treat the sick – especially when the vaccine maker is immune from any harm they may cause. The number of suggested (or required) vaccines has exploded, and the cumulative effects have never been tested, even if we trust safety testing of individual vaccines (which we cannot). In addition, government has shown that it will "never let a good crisis go to waste." We support Rep. Mary Miller's National Informed Consent Exemption (NICE) bill, which secures our right to say no to unwanted vaccines, and also reports the health results of vaccinated vs. unvaccinated control groups.2 Congress should ban all forms of requirements or mandates from schools, universities, employers, and the military. It should always be a matter of free choice whether or not to take a vaccine or any other biopharmaceutical. Congress also should restore vaccine injury liability to makers, without which they have zero incentive to improve vaccine safety, and repeal the PREP Act, which grants the government totalitarian powers during loosely-declared "emergencies." 3 Giving private corporations immunity for harms they cause is tantamount to extending them sovereign immunity. Such favors turn the stomachs of most Americans, who demand responsible and transparent business practices, especially where public health is concerned.

Ensure the right to an mRNA-vaccine-free blood supply. Never before in history have patients been at risk from being contaminated by mRNA genetic vaccine components through a simple blood transfusion. In non-emergency situations, this risk can be reduced through directed (donor-to-recipient) donations, autologous (self) donations, and autotransfusion (in-surgery recycling). However, confirmed mRNA-vaccine-free-donor blood is not available for any emergency surgery procedure anywhere in the United States. The health and lives of individuals receiving transfused blood are at risk with resulting mRNA-vaccine injuries induced second-hand among recipients. The current situation puts everyone at risk, whether those who refused the vaccine or those who received it, especially those previously injured by the mRNA vaccines. The freedom of autologous donation is especially important for pregnant mothers who can protect themselves and their unborn by storing their own blood ahead of delivery. National policies are required to protect access to directed and autologous donations as a longstanding human freedom – a right increasingly being removed from vulnerable individuals and populations by hospitals and large blood banks in a growing number of states. Unreasonable fees and paperwork that discriminate against directed and autologous donations compared with standard off-shelf blood must be prohibited and penalties in place. For emergency surgeries, the simplest, least costly, and most efficient solution is to require blood banks to track blood as it is donated by mRNA-vaccinated and unvaccinated individuals and make disclosure of donor status a patient right. Without such a policy, informed consent and the ability of patients to be protected during emergency transfusions remain impossible.

Stop poisoning farms & thus our food. The 118th Congress tried to use the Farm Bill to strip away local authority over organic standards and further erode GMO labeling laws,

favoring chemical agriculture over community health.4 Now States are pushing for pesticide liability shields, on top of provisions buried in the Federal Appropriations bill to protect manufacturers from accountability for the profound harm their products cause.5 Long a captured agency, the EPA must adopt strict, health-protective pesticide standards similar to those seen in Europe, with a strict five-year ban on industry employees from working there, and adding consumer representatives to weigh in on EPA policies. In addition, the USDA must support transition to regenerative organic practices that restore soil, protect biodiversity, and stop the toxic assault on our children, our food, and our environment. Healthy soil, plants, animals, and humans will help Make America Healthy Again.

Respect patient demand for healthcare choices. The FDA's so-called "guidance" on traditional homeopathy and pharmacy compounding has treated natural, time-tested remedies like unapproved new drugs, burdening them with impossible demands.6 This regulatory overreach threatens access to safe, affordable care outside the pharmaceutical monopoly model. Scientific evidence about natural and healthy products is suppressed, while corporate giants hide toxic ingredients behind deceptive marketing, and public demand for clear labeling is ignored.7 Congress must defend health freedom, restore truth in labeling, and end the suppression of alternative healthcare options.

Protect informed consent from rogue wireless radiation deployment. The MAHA investigation into the true drivers of America's chronic disease epidemic now includes the threat of ever-higher doses of electromagnetic radiation (EMR).8 Contrary to industry arguments, wireless broadband is less reliable, less secure and certainly less affordable (in the long run) than hardwired alternatives.9 Before Congress enables the unchecked rollout of antennas across our neighborhoods, schools, offices, farms and parks, the FCC must comply with the 2021 court order mandating updated, science-based exposure limits.10 We support Rep. Smith's HR 8082 (from the 118th Congress) to restore local control over antenna placement and the repeal of Section 704 of the Telecom Act, which shields the wireless industry from any liability for human harm. Public health trumps corporate profits.11

Ban climate-based geoengineering experiments. For decades, government and military contractors have been modifying weather, spraying the skies with toxic aerosols, and altering atmospheric conditions without public consent, or oftentimes even knowledge. The government now wants to spend billions more to pollute the atmosphere under the guise of solar dimming, blanketing our skies in a toxic haze that causes respiratory illness, disrupts sunlight-dependent biology, and fuels the chronic disease epidemic. Congress should defund all geoengineering programs and pass Rep. Greene's bill to halt these dangerous, unauthorized experiments.12

Give families healthcare payment & healer alternatives. Despite growing public frustration with insurance bureaucracy and denied claims, Congress and several states are attempting to restrict Medical Cost Sharing, an innovative nonprofit model that offers patients real choice. To prevent ACA exchange plans from monopolizing the market, Congress must repeal the barriers that punish Sharing ministries launched after 1999, and allow monthly Share payments to qualify as HSA-eligible expenses.13 We must also

eliminate the insurance mandate tied to HSAs, giving Americans freedom to direct their own care. On the supply side, healthcare quality can be elevated through Competitive Certification: if a provider meets the criteria of a recognized certifying body, they should be exempt from rigid state licensing laws.14 This would enable a free market of certifying bodies competing on integrity, safety, and results. The Federal government should encourage this transformation while breaking up medical monopolies and restoring trust in, and access to, American healthcare of all flavors.

Respect patient privacy & autonomy. We reject any effort to expand the post-9/11 surveillance state under the guise of health or innovation, including the GENIUS Act's quiet rollout of central bank digital currency control, or the misguided push for wearable surveillance.15 Congress has rightly defunded the national Patient ID for years, recognizing the threat it poses to autonomy and civil liberties. Now, digital ID schemes are being repackaged to track, score, and ultimately coerce Americans who dissent from government narratives. This is not health policy, but disguised digital authoritarianism. Congress must draw the line: stop all forms of Digital ID, and work to defend privacy, patient autonomy, and free thought in the age of coercive technology.16

Regain control over the U.S. Codex Office. The National Health Federation has been attending Codex meetings for more than 28 years, and I myself have more than 25-years' experience at Codex, more than 99.9% of those in current attendance.17 During that time, NHF has observed the U.S. Codex Office acting as nothing more than a branch office for corporate influences and against the health interests of American consumers. From opposing GMO labeling to dumbing down nutrient levels in foods, to supporting toxic vet drugs in animal foods and melamine in infant formula, the U.S. Codex Office has been a force for ill-health at Codex meetings for decades. It is long past time for this stance to change, especially since the FDA has already announced its intention in the *Federal Register* to harmonize its own food rules and regulations to Codex standards. New, prohealth leadership is needed at the Codex Office to save MAHA.

Defund all bioweapons research at once. If the COVID-19 "emergency" proved anything at all, it proved how incredibly dangerous bioweapons research and gain-of-function studies are to the human race.18 Debilitating Lyme disease is now endemic across the World thanks to bioweapons research at Lab 257 on Plum Island. The coronavirus and other viral research studies have shown themselves to be even deadlier. It is only a matter of time before a genetically modified virus or bacteria is released from one of our bioweapons labs that will prove to be an "extinction-level" event for humanity. This insanity must be stopped.

The National Health Federation believes that health freedom is a non-partisan issue affecting all Americans, which should find ample support on both sides of the aisle. Even corporate interests, if they consider the long-term wellbeing of their investors' children and grandchildren – not just short-term shareholder returns – can recognize the value of respecting a free market that rejects unwanted products or services. The real threat to American healthcare is not consumer choice but **monopoly power**, **unchecked price gouging**, **and anticompetitive practices**, which harm both patients and the system as a whole.

With sincere appreciation,



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Notes:

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