

NHF Comments on NRVs for Labeling Purposes

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COMMENTS OF THE NATIONAL HEALTH FEDERATION ON THE PROPOSED DRAFT ADDITIONAL OR REVISED NUTRIENT REFERENCE VALUES FOR LABELLING PURPOSES IN THE CODEX GUIDELINES ON NUTRITION LABELLING

**(Comments at Step 3 of the Procedure)
For the 32nd Session of CCNFSU**

The NHF submitted these Comments on the proposed Nutrient Reference Values for consideration by the Committee, and have been issued to the member country delegates, along with the comments of the European Union, as CCNFSU document No. CX/NFSU 10/32/4 -Add.3.

General Overview.

As NHF argued at the last session of CCNFSU, the proposed draft Nutrient Reference Values (NRVs) are already too low. For example, an NRV for Vitamin C at 60 milligrams is astoundingly low, especially considering, among many other things, that: (1) cigarette smokers alone destroy, on average, 60 milligrams of Vitamin C with each cigarette smoked; and (2) that this 60-mg level was never established for optimal health in the first place but instead simply as the level that would prevent death from scurvy caused by Vitamin-C deficiency. NRVs should and must be set for optimal health levels, not subsistence levels.