

Newsletter No. 15 Article

From the NHF International Front

Written by National Health Federation
Category: News Releases
Published: 18 November 2011

NHF-UK Report (Danielle Bryant, Executive Director of NHF-Wales) <http://thenhf.co.uk/>

We have had a very busy few months at NHF Wales. We have launched the new UK website (www.thenhf.co.uk), and also launched our first campaign which covers the whole of the UK (and beyond!). This focuses on the awareness of the dangers of additives in our food, entitled "Additives Awareness and Action". We have flyers printed and available for distribution that focus especially on Aspartame and encourage people to read the labels of products they buy for themselves and their children. We also have downloadable letters and information on the UK website aimed at educating our schools, nurseries, playgroups and other such establishments who frequently feed our children artificially sweetened drinks and foods.

We now have a newspaper-style leaflet which is aimed at people who don't know anything about such issues as fluoride, vaccines, additives, Codex Alimentarius, etc and includes a short article on what we can do to protect ourselves and take back our power. This is also downloadable on the UK website and available for distribution.

Our website is growing and has some great articles on health education subjects. Next we are working on a Vaccine Awareness campaign. We are analyzing the propaganda surrounding the vaccine campaigns by the health service to make people aware of how they are scared into having vaccines and led to believe they are safe for us. We are also working on articles on the dangers of vaccines and explaining how the statistics for the efficacy of vaccines just doesn't add up.

Locally we have been holding monthly meetings for members and non-members to share information, discuss campaigns and meet like-minded people which are going really well and it is lovely to meet people face-to-face - the internet can be so impersonal!

Our campaigns and work are covering the whole of the UK and we are happy to receive correspondence from outside Wales regarding our campaigns, requests for leaflets or anything else we can help with. Members outside Wales are also welcome to our monthly meetings.

As we own and run a natural health shop, we have been receiving a huge increase in scrutiny and red tape. We have had no less than 7 visits from Trading Standards in the last year regarding this. They have tried to stop us selling some products including raw food health bars (despite being readily available in supermarkets), Himalayan salt lamps and herbal toothpaste (the ingredients were not listed in the correct order!). Lets hope this doesn't get even worse with the recent EU directives coming into force!

NHF-UK Report (Caroline Knight, Executive Director of NHF-UK)

<http://thenhf.co.uk/>

I have just recently come onboard as the Executive Director of NHF-UK. My initial direction has been working on internal structuring, along with fundraising and promotional literature ideas, assisting with internal events, and writing awareness-raising articles/newsletters. I am currently preparing to attend the Codex Alimentarius meetings in Germany with President Scott Tips in order to gain a better insight into how the process works and gain more information on how the NHF can operate effectively within the committee and tackle the legislation it imposes.

I also have been contacting naturopaths to find the most innovative technologies for good health and will prepare articles on these topics for presentation to members and for the NHF-UK website. One focus is to look at impending legislation which plans to make fluoridation of the UK's water supplies mandatory, and to organize campaigns to raise awareness of this issue around the UK.

The collection of contact information for willing volunteers in the UK who wish to assist in the forthcoming projects and campaigns is also a priority, and this week I will be making a DVD about my personal story, how it has led to the NHF and what they do, which can hopefully be used as a valuable awareness raising tool for the NHF.

NHF-Canada Report (Dee Nicholson, Executive Director)

Harmonization strikes a sour note in North America: Canada's focus

NHF and NHF Canada's roles can expect to be closely entwined over the next while, and I'm hoping that we are able to engender a wave of awareness to the fact that our health choices are being harmonized at an alarming rate and in alarming ways.

Between the (sure, I'll say it) ridiculous FDA guidelines and the regulatory nightmare already at work in Canada, there is a rather distinct parallel to be drawn, one which has already proven to quash innovative, multi-ingredient formulations here. Some 70% of all new product licenses are to single ingredient supplements. Under the new FDA guidelines, the US can expect similar effects on health choices.

Ultimately, this harmonization serves the purposes of trade agreements and deals like the Trilateral Cooperation Charter, not health. It serves Pharma, not wellness.

It is my intention to bring an immediate focus on how international pressures are being brought to bear on our health freedoms, as our health agencies monkey-wrench our legislation to allow for more and more harmonization, and less freedom of choice. And we must also challenge government's assumption of control over our health choices, and redefine their mandate. The NHF Canada will both lead and support efforts to defend the rights of the millions of Canadians who use natural health products, and the industry which provides them.

It's my hope that the NHF Canada can help stimulate Canadians and others to use their voices and declare their rights: these days, it's "use them or lose them".

NHF-Ireland Report (David Massey- Executive Director)

<http://www.thenhfireland.com/>

Following Scott Tips inspiring talks in Dublin and Cork earlier this year on behalf of the Sovereign Independent we were again invited to speak at their next event which was held in Dublin, Cork and Dundalk this past June. As we are in the middle of a fluoride campaign it was decided to send The NHF's expert on the subject Dr. Howard

Davis joined by Dr Susan Negus and NHF President Scott Tips. We got a great response from the talks and a surge in support and new members. In fact it was through these talks that we were recently approached by Martha Brassil, a secondary school teacher in county Cork, Martha's 4th year students want to do their YSI (www.youngsocialinnovators.ie) project on the dangers of fluoride, this is great news for the NHF Ireland and could give us some great exposure to the public. Sarah and I will be travelling to Cork along with Walter Graham to give a talk to the students on fluoridation and provide any help and direction they need.

Walter Graham has been working very closely with the NHF Ireland on the fluoride issue and has been a great help and friend to us over the past year. Originally a native of the USA Walter and his family moved to Ireland and settled in Northern Ireland where he headed the successful campaign to stop fluoridation up there. Then in 2009 he was a regular visitor to the Isle of Man where he advised and led the local activists on their successful campaign to end fluoridation, so with two campaigns under his belt his knowledge and experience will be invaluable to us in our attempt to repeat that success here in the Republic Of Ireland.

Right now we are preparing for our European NHF Meeting in Germany when we can get to know the other groups around Europe. And after the success of the NHF talks in Ireland we hope to talk about the possibility of having a NHF tour of Europe next year, where NHF speakers along with local speakers from each country will hold day events on all aspects of Health and Health Freedom.

Back here in Ireland Myself and Paul Murphy have been meeting with Government TD's and have convinced several of them to move to start a coalition of cross party ministers who would like to see an end to fluoridation in Ireland. We hope to be naming these ministers very shortly and hope to get some media exposure. Paul is based in Co Galway and is one of the most active NHF members, Paul has put together a strong group of NHF supporters in the west of Ireland who meet regularly and are very active in the part of the country.