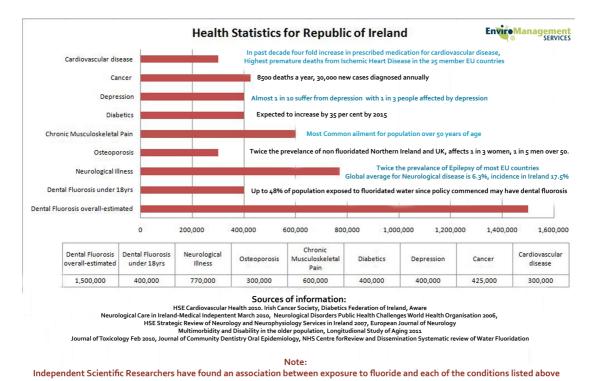
NHF Ban Irish Food and Drink Containing Fluoride

By Dr. Howard Davis

We have been told that fluoride is good for the teeth and that is why you can find it so ubiquitously in toothpaste, mouth washes, and every other dental product you could name. For just this reason, it has also been added into Ireland's water supplies for the last 45 years – against the will of its own people. *But is it safe?*

Amazingly enough, there are **no** safety studies proving it safe. **Why?** Every drug requires safety testing, so why has the government not tested this drug before it started force feeding it to the population? Because the government has declared it a cosmetic and therefore no safety testing is required. Does this make sense? **No**, of course not, because the Irish government has claimed it cures dental decay, which is a medical claim. And now the European Union (EU) has declared that fluoride added to water is a medicine, not a cosmetic!

Fluoride toxicity has been linked to cancer, osteoporosis, arthritis, irritable bowel syndrome, thyroid dysfunction, dental fluorosis (white flecks and brown stains on developing teeth), neurological problems, depression, and lowered IQs in children.



The NHF thinks it is time to stop this unhealthy practice *now*! After an EU Court of Justice ruling in 2005 found that water that has fluoride added is a medicine and as such must be tested as a medicine for safety. As the Court also said, "Legally, any company making a consumable product using fluoridated water in its preparation or as an ingredient cannot now export that product to any other state in the EC, even if their product is permitted in their home state." (*See* Warenvertriebs-Orthica v. Germany, European Court Justice Ruling (HLH Warenvertriebs and Orthica Cases C-211/03, C-299/03, C-316/03 and C318/03, 9 June 2005).)

Given the intransigence of the Irish authorities in refraining from adding this toxin to public water supplies, Scott Tips, president of the NHF, has stated: "This landmark ruling makes it clear that we

must ban all food and drink from the Republic of Ireland, to protect the population from being secretly drugged. Since their government have disregarded the growing body of evidence proving harm from fluoride, we are calling for a European wide ban of their contaminated food products. Obviously, if Europe doesn't want medically untested fluoridated food and drink exported to EU countries, why should the Irish be eating and drinking them?"

This is not the first time a court has ruled that fluoride added to water is a medicine. In 1983, a Scottish Court came to the same conclusion when Lord Jauncey ruled that fluoride, in whatever form it is ultimately purchased by the public, is a medicine under the terms of the Medicines Act 1968.

How many more rulings do we need before we take action to protect health? Fluoride should never have been put into water without being tested for safety or effectiveness. The Health Boards have been making medical claims for years about fluoride without any medical testing. We must err on the side of safety and avoid Irish fluoridated food stuffs without any further delay.

This ruling will have far reaching implications for the farming community in Ireland. It could mean the loss of sales across the EU, as more countries realize that the Irish have cut themselves out of the market in cheese, milk, beer, soft drinks, bread, cakes, feeds, and meats produced with fluoridated water. Remember when Europe banned steroids from beef and Britain still refused to take them out? The EU promptly banned all beef products until the British complied. If the Irish government does not act quickly to stop fluoridation, it could exact a very heavy price on Irish farming as well as the entire food industry.

98% of Europe Rejects Fluoridation of Water

Europe has long viewed fluoridation of its public water supply with much suspicion. In fact, the citizens of the Netherlands rewrote their Constitution so as to never to have fluoride added to their water ever again! The only countries adding fluoride to their water supply are the United Kingdom (10% of the country) and Ireland (80% of the country). Why isn't the rest of Europe racing to follow their example? The reasons are both obvious and profound. Water fluoridation has been rejected across the breadth of the European Union because of major health concerns, its negative environmental impact, and, as we now can see, it is mass-medication in direct contravention of the Human Rights Directives.

The most recent country in Europe to halt fluoridation was Switzerland. After fluoridating one city for years, it was discovered that it had the highest dental decay rate in the country along with a very high cancer rate. Six months earlier Belgium banned all fluoride drops, tablets, and chewing gum because their Health Minister announced that fluoride could cause cancer, osteoporosis/arthritis, and other ill health conditions.

Strangely enough, children still brush regularly with great quantities of fluoride, even though there are poison warnings on all fluoride toothpastes sold in the U.S. as required by Federal law. Believe it or not, there is enough fluoride in a tube of paste to kill a child!

Dental Fluorosis

The Irish Government has admitted to only one side-effect from its fluoridation of the public water supply – dental fluorosis, from which the Government claims fifty percent of the population suffer. Yet, what percentage of the population has the really bad teeth we are supposedly trying to cure? Approximately three percent. So, we've traded off a few cavities in three percent of the population for fifty percent with a new dental disease that never existed before? Clearly, this makes no sense at all. Just consider the following images of dental fluorosis and draw your own conclusions.

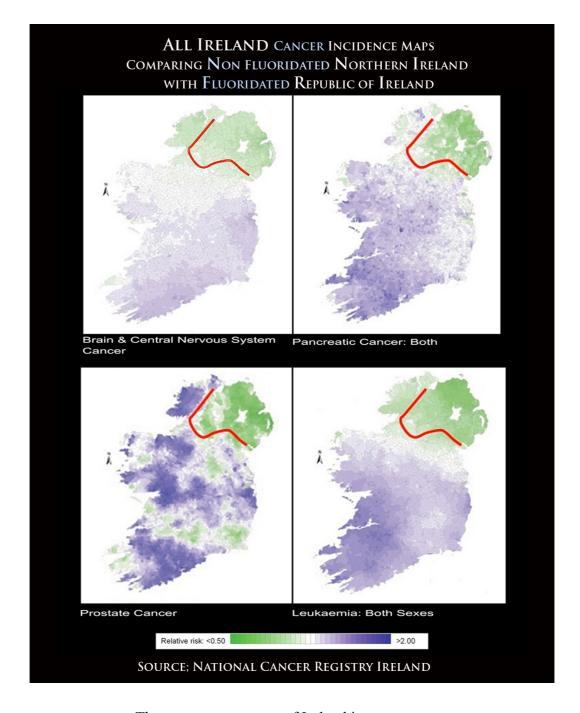




As anyone can see from these photographs, this disease is not simply cosmetic but is very structural in nature. It is absolutely unethical to force feed any individual a drug that can damage teeth such as this one does.

If fluoride can make hard teeth as the dentists and government claim, then it could make hard bones as well, since the teeth are the only visible part of the skeleton. There are a growing number of studies, however, proving a higher hip-fracture rate in fluoridated areas compared to non-fluoridated ones and showing fluoridation to be a cause of osteoporosis and arthritis.

There is a new scientific fluoride risk assessment study recently released in the Republic by an award-winning scientist, Declan Waugh, which demonstrates the dangers of water fluoridation on human health, the environment, and animals. It can be downloaded at: www.enviro.ie. I would advise all concerned people to take a look at this document. It is a 300-page report with 1,200 peer reviewed studies. The maps from this site have been reproduced here and show the comparative cancer rates between Northern Ireland and the Republic of Ireland. Northern Ireland has no fluoride added to its water, while the Republic does.

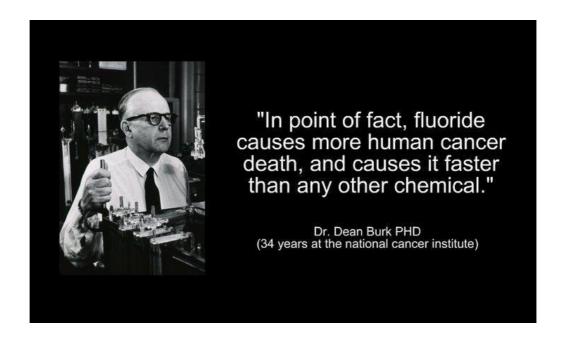


The green, green grass of Ireland is not so green.

As can be seen, the Republic has a higher incidence of cancer than the North; and what is most disturbing is the fact that the cancers follow the border between the two regions so closely. *Why?* The map for prostate cancer is the most shocking of them all as that cancer most exactly runs along the border. This report highlights government maps of eighteen cancers in which Southern Ireland has greater rates of cancer than the North. They live on the same piece of land, they breath the same oxygen, and they are the same genetic make-up, so why do the people in the South get so much more cancer and illness? What is the Republic doing on a massive scale that is so different from the North? *Fluoridation!*

Declan Waugh's report states that there is twice the level of osteoporosis in the Republic compared to the North and that the South has 40% more neurological disorders than anywhere else on the Globe. *Again*, *why?*

The NHF believes that fluoride plays a large part in all of these cancers and since the Irish government has refused to do any testing, a ban is urgently needed now.



Toxic Waste of Money

Economically, fluoridation of the public water supply makes no sense. The Water Department itself admits to losing 40% of its water in underground leak – that is 40% of our tax money wasted! Out of the 60% that's left, industry and farms use 7/8ths of the water – more tax money wasted! Out of the 1/8th that comes into your house, you drink 1%. The rest is used to flush the toilet, wash clothes, water the garden, and the like.

The small target audience of those children with really bad teeth make up about three percent of the population. So the massive infusion of fluoride into our water supply is a gigantic waste of money. For every million pounds spent on fluoridation only about £22 makes it to its target audience, who often do not even drink the water in the first place as they are busy drinking sugary, fizzy drinks all the time – and that's why they have tooth problems.

What do a small group of children, who don't brush their teeth and eat too many sweets while drinking sugary, fizzy drinks, have to do with the rest of us? *Nothing!* Since nothing about fluoridation makes sense, the unhealthy practice should be stopped immediately.

NHF Call for Ban

The Federation is advising its members to avoid all Irish food products that are made with fluoridated tap water. NHF members in each country should also pass on this information at government levels and ask their country's health boards in the EU to ban these products and actually enforce this EU ruling against fluoridation.

Safety testing must be undertaken of the fluoride acid used. People are being misled. They believe fluoride is being added, when in fact it is *hydrofluorosilicic acid*, the toxic waste of the phosphate fertiliser and aluminium industry. *This acid is more corrosive than sulphuric acid* and can eat through stainless steel, concrete, and fibreglass! It has been found to contain mercury, arsenic, lead, aluminium, uranium, and 25 other cancer-causing contaminants.

"This has more to do with getting rid of toxic waste for industry and environmental pollution on a grand scale than protecting children's teeth," NHF president Scott Tips added. "Hundreds of thousands of gallons of this corrosive acid go out into the environment each and every year without even an

environmental impact study, which is a breach of EU legislation. This is yet one more reason to stop this."

Call to Action

As you take this issue to your local governments, also get your friends and family involved. Take this issue to your local papers and media. And if you belong to an organization or club, ask them to warn their members to avoid all Irish fluoridated products, such as dairy products, beer, and drinks, along with meats raised with fluoridated water and feeds. Make and pass out copies of this article.

Summary

- Fluoride acid added to water is a medicine
- Fluoride Acid has never been tested for safety or effectiveness.
- Fluoride Acid is contaminated with mercury, lead, uranium, arsenic, and 25 other chemicals.
- 98% of the EU has rejected water fluoridation.
- It is a breach of EU Human Rights to drug people against their will.
- Fluoridation is environmental pollution on a grand scale.
- Fluoride displaces necessary and beneficial selenium in the human body.
- There is enough fluoride in a tube of toothpaste to kill a child.