National Health Federation

BULLETIN

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AMERICANS CRUSADING FOR HEALTH LIBERTY

Volume V - Number 9-10

September - October, 1959

You Will Be Happy to Hear

That members of the National Health Federation are beginning to think in terms of the permanency of the National Health Federation.

During the past two months we have received a letter from one of our members who stated that she does not have any near relatives, that she believes in the work of the Federation, and that it was her wish that it be perpetuated. To this end she is making out a will leaving her entire estate to the Federation. We feel sure that many of our members are in a position to leave at least a small bequest or that they know of people who are getting along in years who have no close relatives and who probably, if they knew of the work of the Federation and its importance, would do likewise.

Another letter we received was from a member of the Federation who wrote: "I have just returned from the office of my insurance company and while in the office, I changed my insurance policy to read 'in the event of the death of the beneficiaries of this policy before or at the time of my death the proceeds of this policy shall be paid to the National Health Federation'."

When you give consideration to the needs of this organization and its present accomplishements, we feel sure you will agree with us that what these folks have done is worthwhile and will confer lasting benefits on future generations.

New N.H.F. Departments

Due to the interest of the members of the National Health Federation in pure food and water, it has been decided to set up a pure food and water department in the National Health Federation. This department will cover all matters such as additives and other items relating to the purity of our foods, water and beverages. It has also been decided because of the seriousness of the mental health problem, to set up a mental health department within the structure of the National Health Federation. On another page of this issue you will hear more about the activities of the Federation in connection with items coming under these headings. These departments are being set up at the request of citizens who are vitally interested in these matters and desire that a coordinated program be developed to the end that the efforts of all interested parties may be channeled in the right direction with an incease in power and a decrease in overall expense.

Liberty Stamps

The demand for liberty stamps has been so far beyond expectations that we have had to order another 200,000. These can be had at the cost of \$1.00 per hundred and we trust that those who can afford to do so will use them on their mail in order that the public may become conscious of the name "National Health Federation."

NATIONAL HEALTH FEDERATION BULLETIN

STAMP OUT Opposition to Health Liberty with N.H.F. LIBERTY STAMPS!

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Adventures on Health Frontiers

1959

Published Bi-monthly

We Attend Four Conventions

On August 7 it was our good pleasure to attend the National Convention of the National Dietary Foods Association held at Seattle, Washington. This convention was well attended by both manufacturers of health foods, vitamins and supplements, and owners of health food stores and nutritional centers.

The convention was well planned and managed by Stanley Phillips of Cincinnatti, the able General Secretary of the Association. The keynote speaker was Attorney Bass of Washington, D. C., who told the delegates in no uncertain terms that the medical monopoly, with the cooperation of the government, was out to destroy them. And that they must make a determned and intelligent fight to maintain their position in the health field.

Naturopathic Convention

On August 17 and 18 we were guests at the combined conventions of the National and International Naturopathic Associations meeting in Denver, Colorado. We found a good many of the delegates were members of the National Health Federation. The program was well organized. The speakers were qualified and experienced members of the profession.

Of special interest to us was the intelligent presentation of legal matters which are of vital interest to the naturopathic profession. For their own protection those engaged in the naturopathic approach to health should attend such meetings every year.

National Health Federation Convention

From Denver we flew to Chicago where we attended the second annual eastern convention of the National Health Federation. This convention was under the direction of Alice Schuringa of Chicago. Alice did a remarkable job and all told, the convention was the best we have held to date. Each day was divided into three distinct sessions and each session covered a particllar phase of the health field. The morning of Thursday, August 20, was given over to speakers who discussed the fluoridation problem. The afternoon session was given over primarily to problems relating to the health of children. Films showing natural childbirth were shown and an interesting discussion on the subject of mother's milk versus the bottle was held. Following this Dr. Forrest Shaklee gave a very enlightening talk on the effects of nutrition on the

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growth of the child. The session wound up with a frank discussion of the mental health problem, and what to do about it.

During the remainder of the convention the following subjects were discussed: How posture affects health; nature's way to health; enzymes key to health; subsequent cure of polio poster children by Chiropractors; who gets your charity funds; God is not mocked (importance of body health to soul life); National Health Federation yearly report: who does the law protect; the need for protective legislation; National Health Federation Washington office report (by Harold Edwards); keeping out of trouble (by Charles O. Pratt, N.H.F. General Counsel); Government cooperation (by a representative of the U. S. Post Office): organic gardening (by LeRoy Miller and others); how to store your natural foods; building vibrant health, and scientific evidence concerning the value of normal soils to plant, animal, and human nutrition (by Dr. William A. Albrecht, Chairman of the Soil Department, University of Missouri); the doctor's role in health freedom; the cancer story; independent cancer research; Ivy Research Foundation; Murcohicin; — Oxygen in Atom; natural therapeutics and massage; electronics in medicine.

On Saturday evening the annual banquet was held. The speaker of the evening was Charles O. Pratt our Washington General Counsel. The theme of his discussion was taking the positive approach to our problems. Following the address, round-table discussions were held; the purpose of which was to discover the delegates reaction to the convention program, plus suggestions for future conventions. This feature turned out

to be not only very interesting, but very helpful. From 9 to 10 on Sunday morning religious services were held. At 10:00 o'clock the group in attendance was invited to participate in round-table discussions of different aspects of the health problem. For example, one table covered the subject of the relationship of the part the Colon plays in the development of cancer. Another table discussed the value of colonic irrigations to the general health picture. Another table covered the subject of the fluoridation problems. Still another table covered the subject of the organizational picture of the National Health Federation - how to build chapters, and how to maintain interest. Each table was in charge of an expert in the subject to be discussed. This was an experimental venture and was scheduled for the period of 10:00 to 11:30. The interest was so intense that some of the tables continued their discussions through the lunch hour and until 3:00 in the afternoon. Future conventions will have more of such activity.

The La Salle Hotel was ideal. The management was exceptionally cooperative. The food was excellent and in spite of the extremely hot and humid weather in Chicago, the delegates were comfortable and the attendance was good. The date and place of the next eastern convention will be announced later.

American Association for Medical-Physical Research

On August 24 it was our privilege to be on the program of the American Association for Medical-Physical Research convention in Chicago at the Sherman Hotel. At the morning session we were privileged to bring greetings from the

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Washington News

By HAROLD EDWARDS
Director N.H.F. Washington Office

The Senator Hill International Medical Research Bill, S.J. Res. 41 H.J.Res. 211 in the House) which was written up in the May-June Bulletin, has run into unexpected headwinds.

Health and Safety Committee of the House recently concluded hearings on their version. The usual line-up of big name medics and pharmaceutical spokesmen again spoke glowingly of it's great promise for better health and happiness for all mankind.

The N.H.F. Washington Office sought and was given time to make a statement which followed similar lines of our brief printed in the record of the Senate hearings and reproduced in the May-June Bulletin.

The enormous increases for medical research in the 1960 budget, signed into law by the President a few days ago and earmarked for National Institutes of Health, have made it almost imperative that this 50 million dollar International Research gimmick be pigeon-holed, at least temporarily. It is reported that it has practically no chance of reaching the House floor in the closing weeks of this session. The prospects for revival when congress re-convenes in January are something else, of course.

The Big Scare Technic

The statement of John T. Connor, president of Merck & Co., one of the big five of Salk Vaccine manufacture, throws light on the technique used to sell medical research . . . and armaments to the American taxpayer.

At the hearings on H.J.Res. 211 on August 4, he supplied a news release under his name which stated, "Russia has mounted a medical offensive directed principally at the newly developing areas and is movng into inviting vacuums on the health fronts." He urged "mobilization of America's medical resources to meet this new and infinitely more complex phase of the cold war."

"The proposed program of International Medical Research will help protect United States health against new and strange diseases from other parts of the world," he declared, "and will open up new avenues for research discoveries under conditions not possible in the United States alone."

Connor cites examples of Russia's supposed moves to elbow in: Their effort to take credit for proposing the International Health Year, and propaganda use of live-virus polio vaccine first developed in the United States; health teams in North Africa and South Asia; and Russia's rising production of doctors for export.

Truth is: Merck & Co. have helped support the experiments of Dr. Albert Sabin of the University of Cincinnati, in his work on the oral type of live-virus vaccine. Dr. Sabin has made repeated trips to Russia in order to get large scale human testing done on the product—not possible here.

Merck & Co. is one of the firms ready to jump the gun with oral vaccine once the Salk vaccine bubble begins to burst. They want to include Russia in our big, generous research handouts while complaining that she is cashing in on the procedure.

There may be many of the ingredients of medical deception . . . Meck is obviously trying to force their oral vaccine into a potential number one spot via the timeworn scare method. Who knows better than they that innoculation with Salk vaccine creates untold millions of dangerous carriers of the disease.

In numerous appearances before committees of congress Surgeon General Le-Roy Burney has been observed as a constant pipe smoker. The head of a United State Public Health Service is in position to know the un-varnised facts on cigarettes and lung cancer.

Better Gas Refining Urged

Two bills have been introdeed in the current session of the House which would help to control dangers from motor exhause. H.R. 1346 sponsored by Mr. Schenck, Dayton, Ohio appears to have the better chance for serious consideration. Health and Safety Committee of the House, of which he is a member, has just recently completed hearings on it.

The committee reports show that there are three types of auto exhaust control devices under research and development. This is being done by the auto manufacturers but nobody in that industry seems to be taking the issue too seriously.

The N.H.F. Washington Office is working with members to investigate other promising ideas prominent among them being improved gasoline refining practices which would tend to eliminate need for gadgets.

Plastic Bags

Five bills have been introduced in the

House, in recent weeks, which would supply warnings and restrictions in the use of plastic bags. Four of the bills would prohibit shipment in interstate commerce unless bags are labelled, or manufactured in accordance with standards prescribed by the Secretary of Commerce. Sponsors of the bills are Congressmen Reuss, Bennet of Florida, Stratton, Addonizio and Multer.

Congress Being Used for Evil

Food and Drug's new bill, H.R. 7624, introduced by Congressman Oren Harris who is Chairman of the important Interstate and Foreign Commerce Committee, is designed to permit wider latitude in use of coal tar colors.

Under present regulations, the government must ban use of any coal tar colors if their use, in large quantities, is harmful . . . even though use in small amounts might be harmless. This would be arrived at under Food and Drug standards . . . with no comparison possible with tests from outside laboratories.

Upon introduction of the bill, the Secretary of Health, Education and Welfare, Mr. Flemming, pointed out that the safe-for-use principle regulating the use of colors has already been approved by the present session of congress with passage of citrus red No. 2 Law S.79. (Passage of that law set some kind of record for legislative speed—most bills require several months to several years for passage . . . S. 78 went sailing through in a little over a month.)

S. 79 was passed with reluctance by many in congress in view of the absence of outside testing for comparisons—thought by many to be an urgent need.

Te new bill, H.R. 7624 is lying in committee at the moment with no action

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listed for it on the Interstate and Foreign Commerce calendar this session.

Radiation Council Established

On August 14 the President set up a Federal Radiation Council to provide protection of the public from the possible damaging effects of nuclear radiation. The council is a 4 member affair, made up of the Chairman of Atomic Energy Commission, the Secretary of Defense, the Secretary of Commerce and Secretary of Health, Education and Welfare, agencies most involved in the problem of radiation protection.

The action came just ahead of threatened action in Congress on H.R. 7014 by Congressman Fogarty of Rhode Island. That bill is designed "To provide a place of primary responsibility for the protection of the public health and safety from radiation hazards in the Public Health Service of the Department of Health, Education and Welfare.

The bill undoubtedly provided a prod for long needed action that will convey clearly andunmistakably the extent of the problem . . . or conceivably indicate whether it might prove to be another bear story . . . to justify defense billions . . . or the proposed drive to sell radiation cellars. The American public should get a break on this soon, since it's within the bounds of "permissable disclosure" and it affects everybody alike.

Organized Medicine Opposes Forand Bill

Congressman Forand of Rhode Island recently stated "Voluntary insurance rates are too high, coverage is inadequate and there is too much fine print," in reference to health insurance plans for older

Americans. His Forand Bill is an attempt to lift the health burdens of those past 65, according to spokesmen. If passed it will raise individual social security tax payroll deductions to $3\frac{1}{4}$ per cent instead of the scheduled increase from the present $2\frac{1}{2}$ per cent.

To a man, representatives of organized medicine spoke out again it . . . as they have been doing for several years on this bill . . . and as they have done from the very beginning of the health insurance idea.

Organized Labor favors the idea, since it provides an orderly, guaranteed method of providing hospital care for older dependents.

It was said that, Americans 65 and over, require $2\frac{1}{2}$ times as much general hospital care as the average and have need for long term institutional care. Their incomes are generally lower than those younger . . . they have less opportunity to spread the cost burden than younger, employed persons . . . and a large proportion of aged must turn to public assistance for medical bills or rely on "free" care from hospitals. "Free" care was described as inadequate and of low caliber.

Labor says: "Leaders of the A.M.A. talk glibly of the opportunities for free care open to the "medically indigent." But people should not be forced by high medical bills to use up their savings and thus become medically indigent. Nor should they be forced to undergo a means test which may be applied by public clinics or hospitals where care is theoretically available to them.

The American Dental Association unanimously endorsed the A.M.A. stand . . . with statement that there is no proof that voluntary health plans are inadequate

. . . plus fact that welfare medicine provides efficient coverage.

Secretary Fleming of H.E.W. supplied this: "that since 1952 the number of persons over 65 carrying this type of insurance has increased from 25 to 40 per cent, and would increase to 70 per cent by 1960" he thought. H.E.W. is worried that this "compulsory" medical insurance would bring to a virtual halt the broadening of health insurance plans—reflecting, thereby, the universal attitude of medical spokesmen.

Profits Are First

The five exclusive manufacturers of Salk Vaccine, cited by the government for monopolistic price fixing have produced some interesting sidelights behind the original marketing plans for the product.

In defense of their price policies on vaccine sold to the government, they allege there was, among other things, a threat to their profits from the live virus, oral vaccine being developed by competitors. (At least a few of the five already have an oral vaccine ready). This, they say, necessitated a more rapid return on investment.

Defendants also point out that Salk vaccine has a maximum shelf life limited of three years (at variance with the 6 months figure supplied to the public).

The companies are accused of charging the government prices approximately 70¢ per cc while at same time supplying it to the Polio Foundation for around 30¢ per cc. Criminal action is pending on this charge and is scheduled to go to trial in Trenton, N. J., U.S. District Court on October 13. The government case has been unreasonably delayed by legal ma-

neuverings on the part of the manufacturers for over two years.

Heading the potent array of legal talent for the defense is the name of former governor of New York, Thomas E. Dewey.

Wild Horse Annie Wins

Folks who believe in fair play to all animals have been heartened by the reception congress accorded Wild Horse Annie of Nevada in recent hearings on the Mustang Bill. This fine little lady from out of the golden west captivated the congressional subcommittee who held hearings on the bill H.R. 2725. This was a story of sincere and intense devotion in defense of the badly scattered and decimated wild mustang of the western plains.

Her testimony brought out the remarkable endurance qualities of horses bred from the mustang—a reference that brought to mind similar attributes of that rare, human species — the Hunzas of Northern India.

The bill has excellent chances for passage as a result of Velma B. Johnston's great portrayal of the cruel slaughter of the wild horses for dog and cat food packers.

These Are Bad Bills

Two Congressmen, *Ullman of Oregon* and *Haley of Florida* have introduced identical bills intended to do away with present regulations that require a warn-

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Stamp out opposition to Health Liberty with N.H.F. Liberty Stamps!

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A Visit to Washington

Following the Chicago Convention we flew to Washington to work with Harold Edwards, Director of the N.H.F. Federation Office, on legislation to be introduced at this session of the Legislature or in preparation of legislation to be introduced at the opening of the next session.

It was very gratifyng to us to learn first hand of the wonderful work Mr. Edwards has done as your representative in Washngton. We were pleased with the fine reception accorded to him by members of Congress and the United States Senate. In the short time that Mr. Edwards has been in Washington he has won the confidence of key legislators to the extent that they are now requesting him to furnish information for their use in connection with legislation that has to do with the health of the people. They are also calling on him to ascertain the policy of N.H.F. towards certain legislation.

Committees of Congress are now expressing a willingness and a desire to have Mr. Edwards, as your representative, testify on health bills. The legislators appear to welcome advice from an organization which represents the people from the grass roots up. By and large we found this same attitude of cooperation on the part of most governmental employees.

As the result of the good work done by Mr. Edwards with the cooperation of Congress, a number of bills are in the course of preparation. The following have been introduced this week: House Resolution 9150—by Congressman King of Utah—which would set up a non-partisan commission to make a two year study of food and water additives. This would include the subject of fluoridation. The

purpose of this commission would be to get the truth on every phase of the situation to the end that Congress may have the true facts on which to base legislation to correct existing evils and to prevent further encroachment on the health and freedom of the public. To make this commission as bi-partisan and as neutral as possible, three members would be appointed by the President, three members by the majority and minority leaders of the House, and three members by the majority and minority leaders of the Senate. These commissioners would be on salary and expense accounts and would be instructed to make a complete and unbiased investigation of all angles of the situation.

Another bill, known as H. J. Res. 523, has to do with the subject of fluoridation. This bill is drawn along the lines of the Burdick bill which failed of passage in the last session. This bill was also introduced by Representative King of Utah. We suggest that you immediately write to your Congressman and request a copy of each of these bills in order that you may study them in detail. During the next four months we must acquaint the public with this legislation to the end they will be ready to support it with letters and telegrams at the proper time.

While in Washington, we also had conferences with Congressman Hiestand who has introduced House Concurrent Resolution 145 which calls that the Congress immediately make a thorough investigation into all phases of mental health programs now being promoted in the United States. We suggest you write to your Congressman for a copy of this

bill and durng the next four months acquaint your friends and neighbors with the necessity of the passage of this bill. We have pledged to Congressman Hiestand the full cooperation of the National Health Federation and its affiliated organizations.

During the week spent in Washington we also visited with a Congressman whose name I will withold for the present. The Congressman is drawing up a bill which will provide that all health fund raising organizations shall lose all tax privileges unless they file each year before making a drive for funds a complete detailed financial statement of what they have done with the funds raised in the previous drive and further, that their books be subject to audit by the Treasury Department if the Treasury officials deem such to be necessary. This bill is now in coure of preparation and will be ready for introduction at the next session of Congress. We are expecting that it will be given a number for identification very shortly. As soon as we receive that identifying number and a copy of the proposed bill we will pass the information along to you as members in order that you may be able to secure widespread support for the measure. We would have urged introduction at this session but we felt that for strategic purposes it would be better to delay the introduction until the opening day of the next session of Congress.

"Faith" is a hidden seed Implanted in the heart; "Works," is the precious flower That from that root must start.

It Pays to Belong to N.H.F.

Recently we received the following from a member: "I shall be eternally grateful to you for your advice that I contact N.H.F. General Counsel, Charles O. Pratt, of Washington, D. C. Through his and Mr. Dick Addison's work I have been able to get an unofficial okay to a label for my product. It seemed a tremendous task and one lawyer here told me it would cost thousands of dollars to have the product cleared but now I shall be able to sell the product nationwide. May God Bless you all in your good work. Incidentally, Mr. Pratt was very reasonable in his price for the work done. Gratefully yours. S.D."

Special Polio Bulletin

The July-August issue of the Federation's Bulletin was a polio special. The demand for copies was so great that we were compelled to have a rerun.

Before the rerun we added several articles containing last minute news on the polio situation. We believe that this rerun issue brings the situation up to date and will be valuable as a medium through which our members can acquaint those in authority and other influential people as to just what the actual situation is. For example, if a member would secure one of these copies and send it first class with a personal note attached to his Congressman or Senator, State Legislator, County Supervisor, or City Councilman, the recipient would be very apt to read it and for the first time would be confronted with the truth about the situation. Prices for additional copies of this issue are 25¢ each; \$1.00 for 8; \$5.00 for 40, and \$10.00 for 100.

U. S. Post Office Cannot Impound Mail Until After a Fraud Order Has Been Issued by Postmaster General

By CHARLES O. PRATT

N.H.F. Washington General Counsel, 1012 - 14th Street, N. W., Washington, D.C.

Postmaster, mentioned by your general counsel in the July-August National Health Bulletin, the question involved was, in effect, "Did the statute authorize the impounding of mail containing payments for merchandise alleged to have been obtained through fraud, prior to hearing and determination of fraud?"

The Judge of the United States District Court in New Jersey, after hearing arguments on both sides, wrote an opinion constituting his findings of fact and conclusion of law on the plaintiff's application for a preliminary injunction in this case.

The Judge found that "Congress did not see fit to extend this extraordinary aud summary power to mail used for schemes to defraud and it is not for this Court to so extend the law."

The Court further said:

"The defendant (Pastmaster) is directed to release to Tigron the mail addressed to 'Tigron Distributors,' which the defendant has and may hereafter withhold until a fraud order shall have been issued by the Postmaster General, after hearing upon the administrative complaint in accordance with the provisions of the Administrative Procedure Act.

This is another important case in which our federal courts again protected the rights of our citizens in construing acts of Congress.

It is reassuring to know that our gov-SEPTEMBER - OCTOBER, 1959

In the case of Tigron Distributors v. ernment and especially our courts have not "posed a life and death threat to American business. The Court opinion bears out our confidence that the individual's rights will be protected when the laws are understood and explained in Court.

> Further reports on this case will be made as the case progresses in Court.

> The National Health Federation can have, and justifiably should have faith and confidence that our federal government is charged with the responsibility of protecting the individual's liberty. The crusade for health liberty requires an undertanding, not only of our personal rights but also the rights of all to protection from fraud and misrepresentations.

Person's Rights Regarding Vaccination

Your general counsel knows of no State public health which can force an adult person to be vaccinated for the prevention of any disease.

The state laws do often provide for voluntary vaccination of adults, and sometimes provide all or part of the costs.

Treatment of venereal disease under public health laws in some states is the exception.

A State Board of Health cannot force vaccination on a person against his will unless specifically authorized by State law; and even then, one's personal rights must be protected by the courts.

Always ask to see a copy of the law

and, if necessary, see your lawyer or write to the National Health Federation for advice before you submit to any vaccination against your will, if you are an adult.

The school children can be required to be vaccinated under specific laws to prevent spread of contagious diseases. Even here the courts will protect an individual's rights for good cause shown.

Your Washington Counsel has just returned from the successful convention held at the LaSalle Hotel in Chicago on August 20 through August 23, 1959.

Positive vs. Negative Action

The keynote of the convention was equal professional and lay privileges in the healing arts field. As your Washington Counsel, it has been my experience that the most successful approach in working for and obtaining such desired equal rights is to promote a positive legislative program rather than a negative legislative program. By this is meant to work for the legislation which the members of the National Health Federation want, in order to protect their individual and professional rights and privileges to carry on their useful work in the healing arts field rather than to work solely against legislation which is not desired because it is believed that it would restrict their rights. As an illustration, it would appear that to work for the right of every citizen in a community to have and use fresh water might be more effectively understood by legislators than to work, for instance, against fluoridation. To work for appropriations for research in the several fields of healing arts rather than against appropriations for favored schools of thought in the medical field.

Know Your Legal and Professional Rights and Limitations

It was evident to your Washington counsel that many members attending the convention held unfounded and unwarranted fears in connection with their professional and individual rights. The fears apparently were based on a lack of understanding of the federal and state laws applicable to health and the methods that could be employed legally to attain and maintain health.

Have Faith In Your Courts

It is always advisable to retain the professional services of the most reputable and respectable lawyers and law firms, if your rights are questioned by state or federal administrative authorities who are charged with the responsibility of administering health laws. It usually has been proven unwise to retain the legal services of so-called criminal law-

Your Washington Counsel knows of no state or federal law, or court decision that prohibits one's right to sell or use good nutritional food supplements to balance one's diet, provided therapeutic claims are not made that the product will cure, prevent, mitigate or diagnose a disease which therapeutic claims would make the product a drug product under state and federal food and drug laws.

Legal Effect On Rights In the Absence of License Laws

Members of N.H.F. have asked your Washington Counsel what is the effect on their rights in the healing arts field when there is no state law which provides for a license to practice or to do certain things in the health field.

When the State Legislature has not (Continued on Page 23)

NATIONAL HEALTH FEDERATION BULLETIN

National Health Federation Finances

At the Board of Governor's meeting held in connection with the N.H.F. Convention in Chicago, it was decided because of the importance of the Washington office we must maintain it during 1960 at its present level of operation and, if possible, raise sufficient additional funds to employ a full-time bio-chemist. The reason for this latter addition is that the Food and Drug Administration, during this coming year, will receive applications for the approval of many additives to our food supply. These additives all deal with chemistry and in order to intelligently oppose the harmful ones, it is necessary that a chemist interested in the welfare of the public be on the job continually. His work would not only be that of attending hearings on such matters and supporting the Food and Drug officials in their opposition to harmful additives, but also his services are needed by Congressmen and Senators who desire to know the truth, from the peoples standpoint, about such matters when presented to them for legislative consideration.

The Board also felt that something should be done to raise sufficient funds to provide for the hiring of an understudy and assistant to our President. The workload has become too heavy for one person to bear and still maintain a degree of health sufficient to direct and carry on the activities of the Federation.

With the approval of the Board of Governors present at Chicago we launched a program to secure the following pledges:

1,000 at \$1.00 per month per year=\$12,	000
200 at 2.00 per month per year = 4,	800
100 at 5.00 per month per year = 6,	000
	000
10 at 40.00 per month per year = 4,	800
5 at 50.00 per month per year = 3,	000
	HAA.

Total.....\$36,600

In addition, the Board voted to ask as many regular members as can possibly afford it to add the sum of \$2.00 for the Washington office in addition to their

regular \$3.00 dues.

At the President's breakfast which was held in connection with the Chicago convention, this program was outlined and while there were only 60 folks present, the total amount subscribed in pledges was approximately \$5,000. In addition to these pledges, we have on our roles a number of people who have been, since 1957, giving from \$1.00 to \$10.00 per month and we have six persons who have averaged giving \$40.00 per month, and some who have given \$25.00 quarterly. In this program pledges may be paid monthly, quarterly or for the entire year. The Federation office will, each month, forward to each person making a pledge a self-addressed postage-paid envelope. This is not to be considered a bill but only as a reminder and a convenience to the one who has made a pledge. It is also to be understood that if one makes a pledge and then circumstances arise which makes it impossible to fulfill the pledge, the pledge may be cancelled at any time by the one who has made the pledge and there will be no furtehr obligation.

We are sure this will call for sacrifice;

STAMP OUT Opposition to Health Liberty with N.H.F. LIBERTY STAMPS! SEPTEMBER - OCTOBER, 1959

certainly this crusade for our liberty is worth every sacrifice. This coming year is crucial. The time is ripe for action. The Federation's program is sound and essential to the well-being of American people. Will you please give this careful consideration and make as liberal a pledge or donation as you feel you can afford.

We hope the day will speedily come when we have sufficient members to finance the entire program with membership dues.

N.H.F. Demands Justice For Chiropractic Patients

There has been introduced into Congress bills designed to give Chiropractic patients the right to have the Doctor of their choice under Veterans and other Governmental Insurance policies.

The National Health Federation is working with Congress to secure for these bills fair treatment at the next session of Congress. We have also filed a request to be allowed to present evidence in support of the bills when they are heard by Congressional Committees.

Washington Office Supports Other Bills

There are at least ten bills before Congress which, in whole or in part, will be favorable to the well being of the sick folks of America, if and when they are passed. Our Washington representative will appear before the proper committees when these bills are up for hearing and will also oppose any amendments to the bills which would either be detrimental to the people or which would make the good parts of the bills of no affect.

Color Additive Issue

In a sneak move the Senate introduced a bill on color additives which would ham string the enforcement of that section of the Food Additive Bill (passed by the last Congress) which relates to coloring materials which in large doses, and maybe in small doses, are injurious to animals and humans. The bill was introduced on Saturday, was not heard before a committee and on the following Monday was passed without debate.

Congressman Delaney and the N.H.F. Washington Office were on the job, and were able after much activity to get the House to refuse to consider the bill at this session. N.H.F. will present witnesses at the hearing which will be held when Congress reconvenes in January of next year. This is but another demonstration of the value of the people having some one representing them on the job at Washington every day of the year. If you feel that way too, please do what you can to help finance the Washington Project. At present we have funds enough in sight to pay the bills to November 15. It will take an additional \$2,100.00 to pay the bills to January first when our New Year starts.

Does your organization have a set of by-laws? If so, we would appreciate receiving a copy in the National Health Federation office so that we may use it as a guide in working out a uniform set of by-laws to assist in the formation of new chapters throughout the country.

YOU CAN HELP BY ...

- 1. Paying Your DUES
- 2. Making a DONATION.
- 3. Getting a NEW MEMBER.

NATIONAL HEALTH FEDERATION BULLETIN

Congressman Harris Should Take a Look at Record

Many of our members are receiving letters from Congressman Oren Harris, Congressman from Arkansas and Chairman of the House Committee, on Interstate and Foreign Commerce. These letters close with this paragraph: "The Committee has no plan for an investigation of the Food and Drug Administration as such and do not know to what investigation you are referring." To refresh Congressman Harris' mind we wish to remind him that very early in 1957, approximately during the month of February, he issued a news release announcing the appointment of a special subcommittee to review, study, and examine the execution of the laws by the administrative and independent agencies of the government within the jurisdiction of the committee. This entire news release was published in the May-June issue 1957 Bulletin. Further, in the news release Mr. Harris announced the appointment of a subcommittee under the heading of Health and Science, the chairman of which was John Bell Williams of Mississippi. Under the title jurisdiction a list of organizations to be investigated followed: A-Public Health and Quarantine; B-Food and Drugs; other departments followed. In this release Representative Morgan M. Moulder announced with the approval of Oren Harris, the purpose of the committee investigation was to examine the execution of the laws by the administrative agencies, administering laws within the legislative jurisdiction of the Committee, to see whether or not the law as the Congress intended in its enactment has been and

is being carried out or whether it has been and is being repealed or revamped by those who administer it.

Dual Approach

(1) Whether the law has been and is being faithfully executed by the agency in the public interest; (2) Whether the law and the statutory standards it contains have been and are being interpreted by rule, or internal procedures, to enlarge the area of regulation beyond that intended, and to administer it through procedures not intended by the Congress. Under the heading "Agencies to be examined for the above" we find the Federal Trades Commission and the Food and Drug Administration, and the Public Health Service.

At the request of Sam Rayburn, Speaker of the House, \$300,000 was appropriated to cover the expense. So far as we can ascertain, only the Federal Communications Commission has been examined or investigated to date. What became of the \$300,000?

A Failure's Life

He failed in business in '31 . . . was defeated for legislature in '32 . . . again failed in business '33 . . . elected to legislature '34 . . . sweetheart died '35 . . . had nervous breakdown '36 . . . defeated for Speaker '38 . . . defeated for Elector '40 . . . defeated for Congress '43 . . . defeated for Congress '48 . . . defeated for Senate '55 . . . defeated for Vice President '55 . . . defeated for Senate '58.

He didn't give up, and became President in '60—1860, that is, and this is the chronology of Abraham Lincoln.

Late News on Gamble Case

The trial of Mr. Gamble has been held and the court has fined him \$50.00 for refusing to have his children vaccinated with the Salk vaccine.

Due to the wonderful response of our members to the 25ϕ shower appeal, Mr. Gamble intends to fight the case through to the higher courts provided sufficient funds continue to be available. In the light of the present Salk vaccine muddle this case is truly a crime against humanity. If you have not yet sent in your contribution of 25ϕ please do so. Address Ben Gamble, Edenwold Road, Madison, Tennessee.

Fluoridation Test Case

In the last issue we told you of Mrs. Birnell of Fircrest, Washington, who is fighting fluoridation on the grounds that fluoridation in water deprives her of liberty without due process of law in violation of the 10th amendment of the Constitution. This case is now on its way to the United States Supreme Court. If you care to help in financing this case, send your contribution to the Washington Health Federation, 3510 South Seventh Street, Tacoma, Washington. Mark it "Fircrest". All funds received will be used as needed in helping Mrs. Birnell pay the bills.

A Practical Idea

Mrs. Al Rainey, an extraordinary active member of the National Health Federation, has suggested as a means of raising funds for the Federation's work, that we hold a bazaar in connection with the National Health Federation annual meeting and convention which will be held in Los Angeles at the Embassy Auditorium January 1 and 2, 1960. It is Mrs. Rainey's suggestion that the women members of the National Health Federation who do needlework donate an article to the Federation to be displayed and sold during the meeting. The proceeds would be used to help finance the work of the Federation. We think it is a good idea and if your president can find the time he will try to make a contribution too (45 years ago he tatted a handkerchief for his mother-in-law!). What do you women members think of the idea? Please let us know if you will participate.

Escondido Does It Again

Some time ago the folks at Escondido put on a rummage sale and raised over \$200 for the National Health Federation. In July of this year they held a picnic. The organic growers in and around Escondido very generously contributed of their produce which was auctioned. The crowd was most enthusiastic and generous in their response when they learned the proceeds of the sale were to go to the National Health Federation for the furtherance of its program. Mrs. Ruth Cook of La Jolla briefly outlined the program and aims of the Federation and spoke very effectively about the wonderful achievements obtained thus far. Federation literature was distributed to those in attendance. Phil Arena was the dynamic and successful auctioneer and Sylvia, his wife, graciously handled the funds. The total net profit of the auction was \$55.31. This amount was forwarded to the Federation office. We are very proud of our members in the Escondido, California area.

NATIONAL HEALTH FEDERATION BULLETIN

November-December Issue

The November-December issue of the Bulletin will be largely devoted to news of the activities of the Federation's state. county and local chapters provided such information is sent to this office during the month of October. We realize we have given too little space to the activities of the different branches of the Federation. Please help us get out a worthwhile issue in November. We hope the state Federations will send us information relating to their legislative activities in their respective states; that county organizations will tell of projects and meetings they have held, and that local chapters will tell of their meetings and activities. For example, the following report has just been received:

"The State of Washington Kitsap County Chapter of N.H.F. has put on a successful exhibit at the recent four-day county fair near Bremerton, Washington. On the front counter was an attractive display of free literature such as Take Off That Blindfold, N.H.F.—What It Is, Are We Living in a Fool's Paradise? and anti-Fluoridation literature. Well over 500 copies of "Fool's Paradise" were given out. As part of the display cards giving health statistics arrested attention. Sample copies of N.H.F. Bulletins and Herald of Health magazines were displayed and given free to all who showed real interest. To attract the attention of county residents who might be interested in the work of the chapter, we displayed the following books: Cancer Blackout, National Malnutrition and Become Younger. Notice was given to each visitor that these books, a year's subscription to the Herald of Health, and a year's member-

ship in the National Health Federation would be given as prizes at a drawing to be held on the last night of the fair. Three drawings were held and the winning number could choose the prize desired. The names of well over 200 residents of the county were received in this manner. On a second table we have a miscellaneous assortment of good health literature, such as chemotherapy reprints. which we gave to those who showed a real interest in some particular phase of health or disease. On one wall we had a large chart showing the organwe had a large chart showing the organizational set up of the National Health Federation. This gave us several opportunities to explain in detail the organization and workings of the National Health Federation from bottom to top. Across the back of the booth we had a large streamer-Kitsap County Chapter of the National Health Federation—and many posters "Ask About the National Health Federation" placed in every favorable location. The booth was attended by volunteer workers and on the last day of the fair Dr. and Mrs. Harold Burkhart from Seattle rendered valuable assistance. Dr. Burkhart is Chairman of the Board of Governors of the Washington State Health Federation."

This news item was sent in by Stanley P. Stewart, President of the Kitsap County Health Federation.

When you have read your *Bulletin*, pass it along to someone else, or send and get extra copies and help spread the truth.

Chemotherapy Defense Commission

In the last issue of the Bulletin we announced formation of a Chemotherapy Defense Commission, to be ready to step in and defend any worthwhile Chemotherapy, that may be unjustly attacked. We stated this Commission to be affective would have to have the sum of \$30,000 in its treasury. These funds are not to be given by N.H.F. members, except as they have a real live interest in this method of Cancer treatment.

It was and is our thought the bulk of this money should be given by Cancer patients and their friends who have benefitted by such treatments. There are people with funds to give who could be interested in this project. A campaign to raise these funds is now in the making and will probably be launched in November. Chemotherapy includes Krebiozen and numerous other treatments including the Hoxsey method. Donations may be sent to the National Health Federation at 2454 Van Ness Ave., San Francisco and marked for the C.D.C. fund. This fund is kept separate from National Health Federation funds.

Russian Given World Health Post

The ex-chairman of Russia's medical research council, Dr. Nicolay Ivanovich Grashchenkov, has been named assistant director-general of the World Health Organization (WHO).

The first Russian in a high WHO post, he succeeds Dutch Dr. Willem Timmerman, retired, and will mainly advise Brazilian Director-General Dr. Marcoline G. Candau on political questions.

At Long Last

National Health Federation, Washington Office is extremely happy to announce that months of zealous effort have finally produced definite bills in Congress covering both fluoridation of water and chemical additives to foods.

After years of tragic neglect and inaction, at the top level, the subject of fluoridation will finally be given it's inning in Washington. Two bills are being introduced covering this heartbreaking injustice and invasion of rights for most adult Americans.

The many unanswered questions regarding suspected dangers to public health from chemicals in beverages and foods, will be given full-scale hearings if objectives in the two bills are carried through.

Recently published figures on the deplorable and widespread incidence of degenerative diseases (cancer, heart, mental, etc.) in the United States should shock nearly every American into action. Popular support for the bills is urgently needed and we know N.H.F. members can be counted on to do their part.

However, it is vitally necessary that our members contact all other interested groups and alert them to the need for cooperation via letter writing, wires, phone calls or personal appearances at hearings when scheduled.

Watch columns of this magazine for timing on bills and details on planned actions so the full impact of our campaign be brought to bear in an orderly and impressive outburst of activity at the right moment. (See News Release, next page.)

NATIONAL HEALTH FEDERATION BULLETIN

News Release on H.R. 9150

September 9th, 1959

An exhaustive, four-year study on the treatment and preservation of food and water, aimed at resolving the controversy over fluoridation, was proposed Wednesday by Rep. David S. King (D-Utah).

The condition of the nation's health points up the need for such a study, Mr. King declared. The growing percentage of young Americans rejected as unfit for military service, he said, reflects "a progressive deterioration of the condition of our health."

A bill introduced by Mr. King would establish a non-partisan federal commission of nine scientists—three biochemists, three toxicolgists and three nutritionists—to spearhead the study.

One of their prime responsibilities, Mr. King said, would be a complete study of water fluoridation and the effects fluoridation has had upon both dental health and general personal health.

In a speech to the House urging enactment of the bill, Mr. King cited the testimony of medical experts which shows the incidence of heart disease among men of 45 to 65 is two to three times higher in the United States than in England, Germany, France, Italy or Spain.

He also cited statistics which show that, while life expectancy for American men has jumped since 1900 from 47 to 65 years, the chances of a man's life being prolonged beyond age 63 are no better now than they were 50 years ago. His chances of dying of one of the well-known chronic degenerative diseases have risen substantially in 50 years, Mr. King said.

"Today one person out of every three in this country will probably develop cancer in some form before he dies," he said. "In 1923 cancer among children was a rarity. Today cancer in children and babies, at birth, is a frequent occurrence."

Steadily mounting evidence indicates, he observed, that the "concurrence of disease and body contamination by the consumption of toxic chemicals is more than coincidental."

The commission Mr. King proposes would be patterned after the Hoover Commission. Three members would be appointed by the President, three by the majority and minority leaders of the Senate and three by the Speaker and minority leader of the House.

EDITOR'S NOTE: The Washington Office of N.H.F. has been working with Congressman King on this bill for the last two months. Mr. King's speech, introducing the bill, will be published in the November-December issue of the Bulletin. We will also have available for distribution 20,000 copies of the speech. The speech explains the bill.

How Important Is Food Healthwise?

(In "Consumers Bulletin," September, 1957 issue, an article entitled "The Food You Eat" quotes from statements made by Dr. Tom Douglas Spies at the 1957 Annual Meeting of the American Medical Association as follows:)

"All diseases are caused by chemicals, and all diseases can be cured by chemi-

cals. All the chemicals used by the body —except for the oxygen which we breath and the water which we drink—are taken in through food. If we only knew enough, all diseases could be prevented, and could be cured, through proper nutrition . . .

"As tissues become damaged, they lack the chemicals of good nutrition, they tend to become old. They lack what I call 'tissue integrity.' There are people of 40 whose brains and arteries are senile. If we can help the tissues repair themselves by correcting nutritional deficiencies, we can make old age wait."

Thank You Dr. G. A. Wilson

Thanks to the generosity of Dr. George A. Wilson your Federation has on hand 60 books - "Things You Should Know About Cancer." The booklet contains 64 pages and nine chapters. The subject matter covered in each chapter is as follows:

Chapter I-Orthodox Cancer Treatment

Chapter II—The Taft Story

Chapter III—The Control of News Channels

Chapter IV—M-G Doctors Seek Legal Control Over Treatment of Cancer

Chapter V—Doctors of the Independent Group

Chapter VI - Nature and Cause of Cancer

Chapter VII—Diagnosing Cancer Chapter VIII—Cancer Treatment Chapter IX—Addenda

Dr. Wilson is Research Director for the International Chiropractic Bio-Physical Research Society. He is an authority on the subject matter of the book. The book is well-documented and written in easily understandable language. To any-

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one interested in the general subject of Cancer we heartily recommend this book. The book sells for \$1.00 and through the generosity of Dr. Wilson, each \$1.00 received will go toward the support of the Federation's Washington Office. All orlers should be sent direct to the National Health Federation, 2454 Van Ness Avene, San Francisco 9, California.

Health Books

Thanks to the continued generosity of William Kulgren and his wife, N.H.F. still has a good supply of the following books:

The Food You Eat - 100 pages containing 35 articles by men qualified to speak on the subject matter. These books will sell for \$1.00 each and the entire amount will go to the support of the Washington Office of N.H.F.

Thanks also to Bill Kulgren we have a good supply of a book "Is Cancer Curable"—96 pages containing 17 articles including the famous Fitzgerald report. These also sell for \$1.00 and the entire amount will go to the support of the Washington Office of the Federation, All orders should be sent direct to the National Health Federation office in San Francisco. These books will make excellent gifts to those whom you would like to help to attain a fuller and more abundant life.

DID YOU KNOW?

That our federal government spent \$13 million per hour in 1956 and our spending is going higher every day. When you buy a dozen eggs you pay at least 100 tiny taxes that do not appear on the bill.

NATIONAL HEALTH FEDERATION BULLETIN

Washington Office

(Continued from Page 8)

ing label to be displayed with fresh fruits and produce. Bills are numbered H.R. 7480 and H.R. 7430.

Sponsors claim the old law is inadequate because it doesn't cover warnings against chemicals applied by growers shortly before shipment to packing plants ... residues of which are sometimes present when sold to consumers.

Efforts behind these bills are being watched closely. Members in home districts of the bill sponsors should write them and request they withdraw the bills . . . others should write to Hon. Oren Harris, Chmn. Interstate and Foreign Commerce Committee, House Office Bldg., Washington 25, D. C.

A Step in the Right Direction

Recently conducted hearings on the new Metcalf Bill, H.R. 5813, indicate good chances for it's passage. This is the bill that replaces one passed in the last congress S. 2447 which appropriated \$280,000 for studies on the effects of insecticides, herbicides, fungicides and pesticides upon fish and wildlife.

The new version would go much further in providing \$2,565,000 for the same purpose. It would try to discover the amounts, percentages, mixtures or formulations that can be used safely and prevent losses of fish and wildlife from spraying, dusting or other treatment.

This is Congressman Metcalf's effort to curb such abuses as the Fire Ant Control and is aimed directly at the Department of Agriculture. It isn't the com-

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plete answer to the problem by a long shot, from the human standpoint, but it may provide the beginnings for a shift n the right direction. It bears watching and acive interest by all members.

Well Planned

A recent incident published in Life magazine points up to the smoothness of relationships between key members of the Senate on health matters and the private interests. Senator Humphrey on July 21. introduced a concurrent Resolution— S. Con. Res. 66—regarding establishment of a "White Fleet" designed and equipped to render aid and assistance to people of other nations.

The ships would come from the Navy's mothballed fleet and the United States would bear the expense of reconditioning the vessels and stocking them with medi-

cal and other supplies.

Interesting fact is the timing on the legislation which was introduced on about the same day that the Life issue hit the newsstands.

No Relief for Taxpayer

Most taxpayers will be interested to discover how the current thinking of some Senators is turning to cutting down on armament spending. A Senate concurrent resolution not only attempts to do that but contains apparent opportunities for other use of the savings than return to the taxpayer.

Senators Hill and Humphrey have recently spoken up on the Senate floor in behalf of putting the savings to work in the international field by: using it to provide for hunger and disease, exchange

STAMP OUT Opposition to Health Liberty with N.H.F. LIBERTY STAMPS!

programs, atomic energy, schools, universities, hospitals and other facilities.

M.D. Raps Washington 'Red Tape'

Development of a new device to detect early growth of cancer is being stifled by "rigid and sometimes unjustified" U.S. military classification red tape, says a Montreal doctor.

The device, a thermal radiation detector better known as a heat camera, can measure small acounts of heat—such as the infinitesimally tiny amounts of extra heat given off in the body when a cancer begins to grow.

Dr. Ray Lawson, of the department of surgery of Royal Victoria Hospital and department of experimental surgery of McGill, says further development of the heat comera shows great promise in the fight against cancer.

Missile Control

The principle of the camera, he says in an article in the current issue of the Canadian Medical Association Journal, is similar to principles used by military scientists to control guided missiles.

The missiles, including the U.S. Navy's air-to-aid Sidewinder, depend on a heat detection mechanism for their guidance, he said.

Knowledge gained from experiments in missile development and with infrared photography could be very useful to medical research, Dr. Lawson says.

Ottawa Aid

Enough information was made available in the United States and from Canada's National Research Council to build the heat camero now in operation at Royal Victoria. It is the first used for medical purposes.

He said the machine may make it possible for doctors to determine at an early stage whether they are dealing with a cancer tumor or one that is not malignant. It could also be useful in testing anti-cancer drugs by measuring whether the drug has arrested the growth of a malignant

Because the machine is still in the experimental stage, more information, much of it classified in the United States, is needed.

"The rigid and sometimes unjustified degree of military classification in some instances stifles development," he says.— Montreal Star, Sept. 10, 1959.

Mental Health Bill

The new mental health bill known as H.Con.Res. 145, introduced by Congressman Hiestand of California on April 20, 1959 and referred to the Rules Committee of the House, is proving to be a very promising piece of badly needed legislation. Backers can be justly proud and hopeful, over the promise bill is showing so early in it's brief history.

There is good reason to believe this promising measure can supply the impetus for a long overdue investigation by Congress into our tragic mental health problems.

Readers of Dr. John M. Grimes startling book 'When Minds Go Wrong,' by Devin-Adair Co., New York, can also gain encouragement. Conditions in State Mental Hospitals, as so graphically revealed by the author, call to high heaven for genuine relief.

Hearings before the Health and Safety Subcommittee of the House are prom-

NATIONAL HEALTH FEDERATION BULLETIN

We Attend Conventions

(Continued from Page 3)

National Health Federation to the convention and to give a short report of the Federation's activities. At the afternoon session we were privileged to give a lecture on the theme of electronics and its relation to health. We are sure it will be interesting to our readers to know that the National Health Federation was born as the result of a resolution passed by the American Association for Medical-Physical Research at a convention held six years ago in the Sherman Hotel. Space does not permit us to bring to you details concerning the well-balanced program of this convention.

Due to legislative matters pending in Washington, D. C., we were unable to remain over in Chicago to attend the annual meeting of the American Naturopathic Association which immediately followed the above convention.

CONFIDENCE . . .

Trust in yourself and you are doomed to disappointment; trust in your friends and they will die and leave you; trust in money and you may have it taken away from you; trust in reputation, and some slanderous tongue will blast it; but trust in God, and you are never to be confounded in time or in eternity.-D. L. Moody.

ised when Congress re-convenes in early 1960. Our readers will be kept informed in advance of developments. The Bulletin will feature the story up-to-date on H.Con. Res. 145, by Congressman Hiestand in an early issue. Don't miss this important message.

Post Office and Mail

(Continued from Page 12) spoken on the subject by passing a law, then there would appear to be no statutory restrictions concerning the subject matter. This means that a license is not required. But, it also means that the practitioner cannot practice medicine within the meaning and purpose of the medical practice act without a medical license. For example, if one is a masseur and performs functions as such and does not diagnose or treat a specific disease, and there is no state law on the subject, he

Whom Does The Law Protect?

would not be required to obtain a license

in some other area or profession.

The health laws protect everyone. The laws are enacted to protect the health of the citizens. The laws are passed by the chosen representatives of the people elected to a State legislature or the Congress. The State and Federal Constitutions probide for the protection of the health and welfare of the people by statutes. The problem is to know your laws, to know your rights and to know your legal limitations and stay within those limitations until you have succeeded in changing the laws to suit you or until you have obtained a court decree setting forth an interpretation of the law in compliance with your ideas. Again, it would appear important to work for laws favorable to your desires rather than to spend money to work only against undesirable bills. Get competent people to explain your views to legislatures. Get competent lawyers to help you—pay out nothing for influence. The Courts are reasonable when the honest facts are presented clearly by respected leaders of the community. There is a bright future.

EXTENSION OF REMARKS

OF

HON. LEONOR K. SULLIVAN of Missouri

In the House of Representatives, Thursday, August 27, 1959

Can We Set "Safe" Tolerances for Cancer-Inducing Agents?—Comments by Dr. Harold F. Blum of National Cancer Institute

Mrs. Sullivan. Mr. Speaker, a few days ago the Senate, on a routine call of the calendar, and without a record vote, passed a far-reaching bill on the use of coal-tar colors and other coloring subtances in and on food. It is S. 2197, the proposed Color Additives Amendments of 1959, to authorize the establishment by the Food and Drug Administration of safe tolerances for coal-tar or other coloring substances which are not harmless under the terms of the Food, Drug, and Cosmetic Act of 1938.

Demands for such legislation have been increasing among food manufacturers as a result of a combination of court decisions on the one hand and of new testing techniques which now disclose that a number of coal-tar colors used for years under the impression they were harmless no longer can meet that requirement.

The Department of Health Education. and Welfare has urged enactment of legislation such as contaned in S. 2197, and experts from the Food and Drug Administration, the Senate Committee on Labor and Public Welfare, and representatives sat down to draft mutually acceptable amendments to the bill as originally introduced. I am informed no hearings were held on this legislation, however. Now that it has passed the Senate, I understand efforts are being made in behalf of the food and chemical industries to have it scheduled for early action by the House Committee on Interstate and Foreign Commerce.

Congress Needs to be Informed on Technical Matters Involved

Under the circumstances, Mr. Speaker, I think it is important that all of us who are interested in the issue this legislation presents should inform ourselves on the details of this legislation. I am reminded that only last March we had a prolonged debate and rollcall vote on special legislation on the use of an otherthan-"harmless" coal-tar color. Citrus Red No. 2, on the skin of oranges. Many of us had strong misgivings about the authorized use on a food product of a coloring substance which is not harmless, even though we were assured it is safe in the manner and in the volume used on oranges.

Mr. Speaker, although I took an active role in the legislative drive which led to the Food Additives Act in the last Congress, and although I spoke on and voted against the Citrus Red No. 2 bill we passed in March, I am the first to acknowledge that I am not a scientist, a chemist, not a psysiologist—and that on these complex technical issues we who are not scientists must weigh and balance the conflicting views and statements of people who do have technical competence.

I am always trying to find reliable scientific information in this field of food chemistry but the difficulty is to be able to understand it when it is available. In this connection, a good friend of mine from St. Louis recently suggested that I look into the studies of a physiologist of the National Cancer Institute who had, she said, published an outstanding paper on the cumulative effects of certain carcinogens.

For the information of the Members, Mr. Speaker, I now include as part of

my remarks in the Appendix of the Congressional Record the letter which I wrote to Dr. Harold F. Blum of the United States Public Health Service's National Cancer Institute and his reply, both of which are self-explanatory and, in the case of Dr. Blum's letter, well worth reading, I beieve:

CONGRESS OF THE UNITED STATES HOUSE OF REPRESENTATIVES

Washington, D.C., August 17, 1959

Dr. Harold F. Blum, National Cancer Institute, National Institute of Health, Bethesda, Md. Dear Mr. Blum:

A friend of mine in St. Louis, who is a very active member of the St. Louis Consumer Federation, has written me that she thinks your article in the June issue of American Scientist is the best answer to the question of whether tolerances should be set for coal tar colors in foodstuffs. She warned me, however, that the article is very technical.

Could I have a brief statement in as non-technical language as possible on the dangers of allowing continued use in or on food—even in very low amounts—of coal tar colors found not in fact to be "harmless." I am interested in this from the standpoint of overall color legislation and such special bills as the one to permit continued use of Yellow 3 and 4 in butter etc.

With best wishes, I am,
Sincerely yours,
LEONOR K. (Mrs. John B.) SULLIVAN,
Member of Congress, Third District of Missouri.

DEPARTMENT OF HEALTH, EDUCATION AND WELFARE, PUBLIC HEALTH SERVICE,

Bethesda, Md., August 25, 1959. Hon. Leonor K. Sullivan, House of Representatives, Washington, D. C.

Dear Mrs. Sullivan: This is in answer to your letter of August 17, in which you refer to my article in the June issue of American Scientist, and its bearing on the question of tolerance for coal tar colors in foodstuffs with regard to cancer.

The article (Quantitative aspects of cancer induction and growth; as illustrated in carcinogenesis by ultraviolet light) is based on experimental studies of cancer caused in mice by repeated doses of ultraviolet light. It permits certain conclusions to be drawn regarding the origin and growth of cancers induced in this way. Since comparable studies have not been made using coal tar derivatives or other substances, as cancer inducing agents, I cannot say with com-

plete certainty that the same conclusions apply. But what evidence exists, suggests that continued dosage with such agents produce similar results, and I think that until further evidence is forthcoming we are justified in assuming cases to be parallel.

If this point of view is adopted, cancer induction is to be regarded as a cumulative process which begins with the first dose of the cancer-inducing agent. Whether the cancer will reach detectable size within the lifetime of the animal in which it is induced, must depend upon how fast the cancer grows. Thus, a cancer induced by a single or a few doses of the agent may grow so slowly that it will never be dtected, and of course will not seriously affect the animal. If the dosage is continued, however, cancer growth will speed up, and the cancer will reach detectable size before the animal dies. In the case of cancer induced by the more effective chemical agents, a single dose, if large enough, will result in a detectable cancer; but we do not have adequate knowledge of the effect of repeated small doses.

It is probable that there is a "threshold dose" for every cancer inducing agent, that is, a minimum does below which no cancer is produced; but you can see that it would be very difficult to determine such a threshold if its exists. All one could hope to say would be that a given small dose did not produce cancers in a given kind of animal—say the mouse within the lifetime of that animal. But one would be without any basis for assuming that this minimum dose applied to any other kind of animal—say man. Thus I cannot see how we have any sound basis for assigning tolerance doses or tolerance levels for cancer-inducing agents. I think this must be the case, whether or not the agent in question produces results exactly comparable to those produced by ultraviolet light.

Viewed in this way it would seem that the only practical answer would be to keep any substances known to induce, or suspected of inducing cancer at as low levels as feasible. The assigning of tolerance limits—which must necessarily be arbitrary—can only give a false sense of security.

I must point out again that these conclusions are, for the most part, based on studies of an agent other than those to which you refer specifically in your letter, and hence may not be completely justified. But until experimental studies have shown that similar relationships do not hold for chemical substances of the kind in which you are interested, I think one is justified in assuming that they do.

I hope that this brief statement will have made my point of view clear. The details of the argument, summed up only briefly in the article you mention, are too technical to present in short space. What I have said here, follows, I think, the experimental data, without bringing in theoretical points that might be more open to question.

I hope that this brief discussion will have answered your questions satisfactorily, but if there are points which I can help to clarify further, I shall be pleased to in so far as I am able.

Sincerely yours,

HAROLD F. BLUM,

Physiologist, National Cancer Institute.

(Editor's Note): We are very happy to announce, that while in Washington, Congressman Harris of Utah, informed us that he in cooperation with Mr. Edwards of the National Health Federation office in Washington worked out a bill, which would set up an impartial commission to make a two years exhaustive study of the question of food additives. aswell as, the adding to our drinking water of subtances other than such as are required for its purification. Such a study has long been needed, in order that the Congress have true facts on which to base legislation aimed at correcting any present evils, as well as, preventing the addition of chemical additives which may be harmful to animals and humans.

Health Group Buys Rancho Grande Hotel

Rancho Grande Hotel, located on a high hill on Patagonia Road overlooking the City of Nogales, was sold Tuesday to a corporation headed by Dr. Howard Inches of South Miami Beach, Fla., owner of The Tropical House Hotel in Miami Beach, Fla.

Seller was the Associated Federal Hotels of which John B. Mills of Phoenix is president. The new owners will take possession September 1.

Sale price was reported to have been \$240,000. The deal included 264 acres of land surrounding the hotel, which has 70 rooms, including cottages.

Rancho Grande will be converted into a "Million Dollar Spa such as has never been seen in the United States," said a bulletin issued by Dr. Inches in South Miami, Fla., July 8.

Dr. Inches headed the corporation a few months ago that (for a reported \$190,000) purchased Senator Neilson Brown's large Buena Vista Ranch, which is about 12 miles northeast of the hotel. Near both the hotel and the ranch is the vast Yerba Buena Ranch, owned by Stewart Granger and Jean Simmons, movie stars, who make their home there

Our work is solemn;
Therefore we dare not trifle.
Our task is difficult;
Therefore we dare not relax.

Our opportunities are brief;

Therefore we dare not delay. Our path is narrow;

Therefore we dare not wander. Our prize will be glorious;

Therefore we dare not faint.

National HealthFederation

NATIONAL HEALTH FEDERATION BULLETIN

KREBIOZEN REPORT

HON. ROLAND V. LIBONATI

of Illinois

In the House of Representatives Monday, June 9, 1958

Mr. Libonati. Mr. Speaker, on the 29th day of May. A. D. 1958, in the Congressional Record, page A4957, there appeared a pleas by Dr. Andrew Ivy, distinguished professor of physiology at the University of Illinois, "Let's Give Krebiozen a Fair Chance." He based his plea on the results obtained in the treatment of terminal cases for the last 5 years. The AMA, through its officials, has sub rosa opposed any program concerning the scientific evaluation of Krebiozen by a blind type of clinical test and, further, have, through the nefarious practices of one of their number, lied and falsified records of the findings. This evidence was brought out by the testimony in the hearings conducted by a committee and commission appointed by the General Assembly of the State of Illinois, inquiring into the conspiracy to suppress the freedom of research at the University of Illinois, on which commission I served as vice chairman.

The conspiracy still goes on and in front and behind the scenes lurk the malevolent and relentless pursuing power of some of the officials of the American Medical Association. And like all vicious forays staged by organizations against the reputations of honest men, it failed. But they do scare the editors of various medical journals to not publish Dr. Andrew Ivy's report on Krebiozen, after tentatively accepting the same for publication. What a slimy deal for professional men who represent a profession blessed by God and venerated by man. Surely, they must have some feeling for the thousands dying each year suffering excruciating pain and impovershing family upon family to pay for the mounting medical, hospital and nursing costs, that amount to as much as \$10,000 per person, in cases of the malignant, lingering type. It would lead one to think that some of the political doctors in the permanent official family of the AMA do not desire the development of a drug or medical therapy that would arrest or neutralize the development or growth of cancer. Perhaps, in their minds, medicine is no longer a profession, but a business. And may it be further said that a certain agency in Washington has felt the delaying grip of the AMA upon its procedures in issuing permits and patents under the Pure Food and Drugs Act.

(Editor's Note) - With the forgoing, Congressman Libonati of Illinois, introduced his crusade to have Krebiozen given a fair and impartial test. To his credit, it can be said, the Congressman has been able to get a hearing for Krebiozen. The hearing is being held by The Food and Drug Administration. What the outcome will be is anybodys guess. Mr. Libonati is a fighter for the right and he does not intend to let up in this crusade until right has triumphed and the cancer sufferers in America are afforded an opportunity to regain their health. It was your editor's privilege to visit with Congressman Libonati while in Washington this month and we are very happy to announce that in Mr. Lib-onati, the American people have a fearless champion. We shall tell you more about his work in future issues.

POLITICS

Two politicians had spent the night in a hotel. Next morning, one said "Joe, the country's in a mess. Things look bad."

"How come?" replied the second."Last night you told the voters things never looked rosier."

"That's different," snapped the first candidate. "Last night I was talking. This morning I'm thinking."

England Takes a Look at the Polio Situation

EDITOR'S NOTE: The following report has just been received from England and is reproduced, because it is based on official figures, both English and American.

The risk of paralytic polio in England is stated in the Ministry of Health Report for 1957, to be only 3 per 100,000 for adults of 25 years and over, 20 for children up to 14 years, and 31 per 100,000 for those from one to four years old.

The official figures show that the vaccine has repeatedly failed to give protection. In this country, 178 children, who had previously been given two or more injections, developed poliomyelitis in 1958, in spite of their injections, with 92 of the cases in the paralytic form. In 1957, there were 32 cases, with 16 of them paralytic in twice-inoculated children.

Official United States Statistics

In the United States of America in 1956, there were 224 cases of polio in thrice-vaccinated persons, 28 of which were paralytic. In 1957, there were 796 cases in thrice-vaccinated persons, of which 207 were paralytic. In 1958, up to November 28th, there were 882 cases of the disease in thrice-vaccinated persons, 279 of which were paralytic. That is proof enough that the vaccine does not prevent paralytic polio.

The figures are taken from the Poliomyelitis Surveillance Report No. 160 issued by the U. S. Department of Health,

We urge our members to give this issue wide circulation.

Vaccinated Children Take Smallpox in India

The Annual Public Health Report for Bombay State for the year 1954 has a table on pp. 24-5, showing the vaccinal condition of smallpox cases treated in the infectious diseases hospitals.

The table shows that 95 cases were admitted under 1 year of age, of which 16 were classed as vaccinated, as evidenced by the presence of one of more vaccination citcatrices, 9 were stated to have been vaccinated successfully but no vaccination cicatrice was present: 70 were stated to have been vaccinated unsuccessfully or to have been unvaccinated; and 2 had been vaccinated during the incubation of smallpox.

So 16 cases under 1 year of age had one or more scars of successful vaccination.

Of children aged 1 year, out of 78 cases, 16 had marks of successful vaccination. Nine were stated to have been vaccinated successfully but had no vaccination marks.

Of 80 cases aged 2 years, 23 had been attacked in the year following vaccination, and bore marks of vaccination.

Of 60 cases aged 3 years, 14 were attacked two years after vaccination and bore one or more vaccination cicatrices.

Of 49 cases aged 4 years, 15 were attacked three years after vaccination and bore one or more vaccination cicatrices.

Today every citizen of this nation is required to work for the government from Jan. 1 to May 10 . . . taxes take more than one-third of our annual income. This is the beginning of the forced labor system.

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EDITOR: Well-meaning but small minds are, as might be expected, rocking the boat of a valuable health-promoting agency. May I suggest to your critics that they are doing themselves and the cause for which they are such ardent supporters a disservice.

At 73, and having dealt with rich and poor, educated and uneducated, I am convinced that giving of whatever talents and means at my disposal, I owe to myself and children to do whatever I can to correct evils rampant in our country. To do this one must join an honest and intelligently managed crusade.

Crusaders usually fail of purpose because it is so difficult to arouse people out of lethargy concerning matters that have not been glamorized . . . I view and listen to T. V. programs on which nationally and internationally known educators, philosophers and statesmen discuss matters of grave importance. One theme seems to run throughout all these discussions—that for success in a reform endeavor it is necessary to compromise to prevent loss of the project. Any other approach leaves a stigma of fanaticism. Fanatics are notorious as failures. . .

Shame on those whose accuse Mr. Matchan and Mr. Hart of perhaps having taken bribe in any manner. Wish to God this country had more men and women of their high moral standard.

I am having 200 postal cards printed which I shall mail my friends. On these cards I am making a personal appeal for subscriptions to the following magazines: Herald of Health, Preventian, and National Health Federation. I hope many of

our readers follow suit. This should offset many times the effect which might result from thoughtless critics who may have caused subscription cancellations. God willing, I shall not stop at 200 . .

> A. HEINRICHSMEYER 3605 Fee Fee Road Bridgeton, Missouri

Mental Health OR?

Mental Health, indeed! What crimes are committed in the name of improving mental health!

A good case in point is the recent scandal in Montgormery County, Pennsylvania, where an attempt was made to use "energizing" drugs — ritalin and merathron — to bring up the grades of 90 of the county's 35,000 public school children.

The protests were so violent from both doctors and laymen that the county school superintendent telephoned the National Mental Health Institute in Washington and cancelled arrangements for that organization's \$29,000 grant which the county school board had previously voted to accept. After the county board approved the experiment, 14 school boards in the county followed like sheep and also gave their endorsement.

It is this sort of nonsense, that, sad to report, causes many Americans to doubt the motives of even those who are seriously interested in bettering mental health.

—Manchester Union Leader

IT'S ALL A GAMBLE

"Hey, Lulu," came the voice on the phone, "how about a date tonight?"

"Sure, Jim, come on over."

"But I'm not Jim."

"And I'm not Lulu. Come anyway."

Does the Medicine Man Care? He Should!

The Scientific Health Protection League of Chicago attributes the following statement to Dr. Jonas E. Salk, the discoverer of the Polio vaccine which bears his name. "The administration of vaccine or, for that matter, any inoculation, whether it be penicilin or salt solution, in an individual who may be harboring a poliomyelitis infection, will tend to localize that infection in such a way as to produce paralysis in the inoculated limb."

The Medical Profession is aware of these facts. WHY, OH WHY, do they lend themselves to this wholesale inoculation program which operates without regard to the condition of the person to be inoculated, or without regard to the person's susceptibility or sensitivity to different items contained in the vaccine?

It is little wonder people are losing faith in Medical Men.

California State Department of Public Health statement July 1st, 1959:

	Cases repo	rted	this r	nonth
	Jui	ne -	July	
	1	959	1958	1957
Poliomyelitis		15	17	43
Paralytic	*	14	10	21
Non Paralytic		1	7	22

Total Cases for year to date January to July 1st

	1959	1958	1957
Poliomyelitis	74	64	169
Paralytic	*64	37	88
Non Paralytic		27	81

*Note the continued increase in the number of paralytic cases compared to the total number of cases reported. It has always been claimed the Salk vaccine was to prevent the paralytic type. We

wonder why this great increase. The report does not state how many of these cases had taken the shots. It would appear that good judgment would urge caution in forcing people to take these shots until more is known about this vaccination riddle. Where statistics are available the percentage of vaccinated who have the paralytic type is just a fraction over 49% of the total of that type. Approximately 45% of the folks in the polio danger ages have been vaccinated with the Salk preparation. If indeed "The Proof of the Pudding is in the Eating" it would appear the Salk vaccine is not only a failure, but an actual danger.

Leroy E. Burney, Surgeon General of the United States Public Health Department, issued an official release dated March 26th, 1959. This release opened with these words: "This is the time when all communities should be planning drives to reach the more than 90 million Americans who still lack the minimum of three Salk shots required for protection against paralytic polio."

According to government figures there are 167 million people in the United States. Taking 90 million from this we have a sum of 77 million who have had three shots of Salk Vaccine. Percentagewise it means 46% of all Americans have had the minimum required dosage of three shots and 54% of all Americans have had no shots or less than the minimum required.

When you take these percentages into consideration and place them over against the official reports as to the increase in paralytic type polio and the fact that

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about 49% of those having this type of polio have been vaccinated with the Salk preparation, you must come to the conclusion that the polio immunization program has been a failure, and rather than saving the people from the scourge of the paralytic type, has actually increased its incidence in relation to the total number having polio of all types.

When You Write, Do It Right

Keeping in contact with your state Senator and Assemblyman and with your Congressmen can be mighty important to you and your business. Mail is an easy, quick and direct method—but when you write, make your message effective by following some simple rules.

Here Are Eleven Good Tips

- 1. Address him as Representative John Doe, or Senator John Doe and be sure of who is what.
- 2. Be Local; tell him how a question affects your business, your industry, your community.
- 3. Be business-like; brief but not terse.
- 4. Be specific; if you're for something, say so. If not, don't hedge.
- 5. Be polite; elected Representatives deserve dignified treatment.
- 6. Be Reasonable; seek only possible things.
- 7. Be yourself; use your own letter-head if you have one.
- 8. Request action; your man is elected to do something.
- 9. Ask for an answer; you've told him where you stand, now ask him where he stands.
- 10. Be appreciative; thank him for good votes, compliment his better speeches and praise his staff, too.
- 11. Sign your name and give address.

Dr. Paul Dudley White, heart specialist to the President: "As far as heart trouble is concerned, there is too much stress on stress. Man has suffered from stress since Adam left Eden. Diet and exercise . . . have much more to do with heart disease than stress and strain."

Dr. John R. Heller, director of National Cancer Institute: "We are approaching exciting areas in the use of chemicals in the treatment of cancer. I believe that within a few years we will find a compound or compounds, which will not only arrest cancer, but perhaps clinically cure it."

Drs. Saul Rosenberg, K. A. Oster, A. Kallos and W. Burroughs reporting in the A.M.A. Archives of Dermatology: "Forty-three of 50 persons suffering from brittle fingernails showed improvement when they took one tablespoon of gelatine every day for three months. Eight out of eight cases of recurrent brittle nails could again be controlled by gelatin."

"Isn't this a complicated toy for a small child," asked a woman in a toy store?

"Yes," said the salesman, "but it's a perfect toy for teaching a child how to live in today's world. It doesn't make any difference how he puts it together, it's wrong."

The Hoxsey treatment formula, which was printed in full with complete information in the January-February Bulletin can now be had as a reprint for 25ϕ per single copy, 20ϕ per copy in lots of ten and 10ϕ per copy for all over that number. Send orders to N.H.F. San Francisco Office, 2454 Van Ness Ave.

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Mark Your Calendar

The National Health Federation will hold its next annual meeting at the Embassy Audtiorium in Los Angeles. The dates are January First and Second. Take in the Rose Bowl parade in the morning and attend the best convention you have ever attended in the afternoon and evening of New Year's Day. Start the New Year right. On Saturday, the Second attend all day and evening. The speakers will be the best in their field. The Embassy Auditorium will hold 1,800 and we except to fill it.

The year 1960 is to be a banner year for the Federation, so come all of you and let us start the year off with a BANG. The November-December issue will tell you about the program. The morning of the first will be given over to registration and the Federation Board of Governors meeting.

Stamp Out Opposition to Health Liberty with N.H.F. Liberty Stamps!