

IN MEMORIAM – MAURY SILVERMAN

1946-2010

At the time of his death, Maury Morton Silverman had been for many years a consultant, researcher, and information specialist focused on natural, nontoxic healthcare and nutrition in Silver Spring, Maryland. But that description of Maury actually does him very little justice. He was first and foremost a dedicated advocate for health freedom. Yet, throughout his many health-freedom battles, he refused to let his unshakeable advocacy create enemies. His oft-repeated by-word was, "I don't have any enemies, only friends I have not met yet."


He was shoveling snow at his home when he had a heart attack. He collapsed unconscious, was taken to a hospital, but never regained consciousness and died in Takoma Park, Maryland on Saturday, January 30th. Maury was 63 years old.

Almost killed in a wreck when he was in his early 20s when a beer truck crashed into and crushed his VW Microbus in the Florida Keys, he thereafter needed dietary supplements to help sustain his health. He also nearly graduated from the University of Maryland Medical School, but was blackballed by a professor whom he had caught breaking the law. That is what really sent him off on his renegade path.

As John Hammell, one of Maury's closest friends, wrote, "He led a very hard life of abject poverty in which he really struggled to pay his bills and to just keep a roof over his head. Yet he was incredibly generous in every way and was always committing random acts of kindness, giving just

the right book to someone who could really use it, clipping news articles and mailing them to people. He never lost his fabulous sense of humor, no matter how bad things got for him and always had a good joke to tell to lighten the mood when it was really needed.

"His death was a shock to all of us. I had a conversation with Maury a couple of days before he died and he was fine then. I had a sinus infection and he recommended I try the herb stinging nettles to alleviate the congestion and that worked great! Maury was truly one of a kind. He will be hugely missed. He was like a brother to me, more so even than my actual brothers. When I moved here from Virginia, it was Maury who helped load and drive the U-Haul truck 3000 miles. He always had a good joke to tell at just the right moments when a joke was needed to lighten the mood. He was like the raft that floats over the waves, rather than like the rock that gets beaten by the waves. The World knows nothing of its greatest men. He left a huge gift to mankind via his Library. The example he set with how he interacted with people was also huge."

Maury's huge and beloved library of books on health and healing has been entrusted to the care of his good friend Dr. George Freibott, a Naturopath from Idaho, who is in the process of starting an internet school that he hopes will someday compete with Bastyr University, but teaching Naturopathy the old-school way, not an allopathic, bastardized version. 

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One of the most powerful ways to preserve and protect a Health Freedom Heritage for the next generation is by remembering the NHF in your will.

Over the last five decades, periodic bequests from our dedicated members have served as a valuable financial boost to enable us to better fight for your health freedom. Many of the major victories we have achieved through the decades would not have been possible without someone caring enough to remember the NHF in their will.

Please, act today to preserve and protect a HEALTH FREEDOM HERITAGE for the next generation by taking the time to remember the NHF in your will.

Your passionate advocate for Health Freedom,
MAUREEN KENNEDY SALAMAN



**Perpetuate Our Health Freedom
by Remembering the
National Health Federation in Your Will.**