

## WHAT'S NEW AND WHAT'S NOT

By Scott C. Tips

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*"It is the responsibility of the patriot to protect his country from its government."*

— Thomas Paine

As the year 2010 winds down we can look back and get a better overview of what has happened. What has gone right and what has not. What is new and what has been around for longer than we care to say.

What is clear is that 2010 has been a year of mixed results. Government has grown ever larger and, of course, that always means that our individual liberties have correspondingly shrunk with that growth. I do not care what country you live in, your government has grown and your liberties have shriveled.

At the same time, our governments have not grown without getting a few black eyes and setbacks along the way. People are waking up. At the National Health Federation, we have continually publicized government's excesses and fought their counter-productive programs and practices.

In the United States, we fought the misguided Health-Care Insurance "Reform" law, which was fraudulently sold to the American public as a way out of the health-care mess that the government first began creating forty-five years ago. When its mask is peeled away, this law reveals itself as nothing more than grab-bag, pork-barrel politics and a final enshrinement of the orthodox medical, drug-company, and drug-insurance complex that has monopolized American health care for far too long. As NHF fought this monopoly law for the fat cats, we received more than our fair share of hate mail from those voters completely fooled by the thin, dishonest veneer of claims that health-care "reform" would benefit the masses. Right, as if distant, faceless bureaucrats enforcing money- and time-draining rules and regulations protecting the existing medical monopoly could ever "give" us real health! We lost that legislative battle, but the fight to de-fund, de-fang, and even eradicate that unjust law is not yet over. We will yet prevail.

On the plus side, in early 2010, we were the first out of the gate to fight Senator John McCain's misguided attempt to suppress supplements with his Senate Bill 3002. Four short weeks later, he withdrew his support and that bill went nowhere but into a dustbin. We could all rejoice.

Then, on the minus side, after a year-long fight by NHF and many others against the misnamed Food "Safety" Modernization Act (S.510/H.R.2749), which would unconstitutionally centralize top-to-bottom food control in the hands of a bloated Federal bureaucracy and make America's food supply less safe, we saw this bill passed in December through Speaker of the House Nancy Pelosi's heavy-handed, amoral

tactics. Although the NHF and others had earlier succeeded in excluding dietary supplements from this law's purview, the bill's overall bad effects were and are still present – the fact that it would unleash a large army of Federal bureaucrats and smother farms and ranches in paperwork, raise food costs, reduce availability of locally grown foods, and increase centralization of power in Washington, D.C. Worst of all, though, this law dove-tails all too neatly with Canada's own so-called consumer products safety Bill C-36 in a clever harmonization scheme that will see an increased web of anti-health-freedom globalization tighten around us.

Yet on the Codex Alimentarius front, NHF has seen victories and defeats as well. Last year, at the Codex Committee for Nutrition and Foods for Special Dietary Uses meeting, we started an opposition to ridiculously lowered Nutrient Reference Values (essentially RDAs) for vitamins and minerals that snowballed from virtually lone opposition by us in 2009 to significant, multi-delegate opposition at this year's meeting in Santiago, Chile. In both instances, the result was non-approval and non-advancement of the NRV guidelines setting those lower levels. (See our report at [http://www.thenhf.com/old/articles/articles\\_1155/articles\\_1155.htm](http://www.thenhf.com/old/articles/articles_1155/articles_1155.htm).)

At this year's July meeting in Geneva, Switzerland of the Codex Alimentarius Commission, the NHF argued so vociferously against the allowance of ractopamine (a drug used to produce lean meat) in animal feed that other delegates were emboldened in their own opposition and the ractopamine guideline was not advanced. (See the Counsel's Report in this issue.)

On the other hand, NHF's lone effort to thwart the advancement of the Melamine standard at this year's meeting of the Codex Committee on Contaminants in Food, held in Izmir, Turkey, came to nothing as the European Union rammed through its own commercial agenda to allow large amounts of this man-made contaminant to remain in our food supply, thereby giving the lie to the claim that Codex is about protecting consumers. (See Editor's Note, "Codex Serves Up A Hearty Helping of Melamine," *HFN* Vol. 28, No. 2.)

Still, we did see the crumbling of the Canadian-American-Mexican-Argentine pro-GM foods front at last May's meeting of the Codex Committee on Food Labelling in Quebec. Those of us who want consumers to actually know whether or not they are buying genetically-modified foods, by having them labeled as such, advanced towards that goal of adopting a GM-labeling

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standard. Australia and New Zealand, former card-carrying members of the pro-GM foods front, were conspicuously silent at this year's meeting. As usual, NHF argued persistently for the consumer's right to know. (See Counsel's Report, "The Codex Committee on Food Labelling Meets in Quebec," *HFV* Vol. 28, No. 2.)

Now, with last year's release of the official Codex Alimentarius video (see <http://www.youtube.com/CodexAlim>), NHF came up with its own counter-version of what is happening at Codex meetings. Kevin P. Miller – an international award-winning film-maker who is known for *We Become Silent* and other documentaries – consented to produce the NHF Codex documentary, which he titled *Shadows of the Future* and was released last October. The short NHF film can be viewed at <http://www.thenhf.com/article.php?id=2576>.

Along with the NHF video, our new look for the NHF website ([www.thenhf.com](http://www.thenhf.com)) came online as well this Fall. Because the NHF site has become so large, this change-over was not an easy task. It took many months of work and testing. But the results have been well worth the time and costs. So far, the comments have been extremely favorable and the website's new International pages, for example, allow for better exposure of information about our international branches of NHF and their activities.

These branches have not been idle. NHF-Canada – newly established this Summer – hit the ground running under the very-experienced leadership of Canadians Dee Nicholson, Marilyn Nelson, and Candace Hill. With their strategic vision and experience, we will soon see some startling and radical pro-freedom moves made in that country. For too long, Canadians – as with citizens in other countries – have been pushed around by their government. NHF-Canada plans on changing that in a significant way.

So, too, in Ireland, where NHF-Ireland – headed by Dave Massey and Sarah Carey – is ramping up for a country-wide, anti-water-fluoridation campaign. Dave Derby, Ian Crane, and I, amongst others, will be speaking at kick-off events being held in Dublin and Cork, Ireland in January 2011. Dave, Sarah, and many others there have already proven themselves very capable of organizing mass events and this will prove to be no exception. Our goal is nothing less than to eliminate water fluoridation in Ireland by bringing international and domestic pressure to bear. From there, the campaign will be replicated in other countries. NHF Board Member Dr. Richard Kunin is an expert on the ill-effects of water fluoridation and will be aiding this campaign.

These are among the many new things that have happened this year. What is not new – unfortunately – is the continued growth of government and erosion of our individual liberties. Until the human race understands that government is not God on Earth and cannot "give" to its citizenry what it has not first taken away from them (with an unhealthy percentage kept for itself as payment), tyranny will be a growth industry. It's been our job for nearly 56 years now to put this industry into a major slump. 

### Government-Run Failures

- The U.S. Post Service (established in 1775) and 234 years later is broke.
- Social Security (established in 1935) and 74 years later is broke.
- Fannie Mae (established in 1938) and 71 years later is broke.
- Freddie Mac (established in 1970) and 39 years later is broke.
- Medicare and Medicaid (established in 1965) and 44 years later are broke.
- The War on Poverty (established in 1964) and 44 years later with \$1 trillion in U.S. taxes yearly, it still needs more money and poverty levels are even higher than before.
- The Department of Energy (established in 1977 to lessen U.S. dependence on foreign oil) and 32 years later the United States imports more oil than ever before and is an abysmal failure.

**Good luck on Government-run health care!**

(author unknown)

# Avoid Gum Surgery

## New Technique Fights Harmful Gum Disease

by Vas Gardiakos

**I**f you suffer from periodontitis you now have a proven home-care breakthrough to help you avoid gum surgery, root planing and dentures.

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