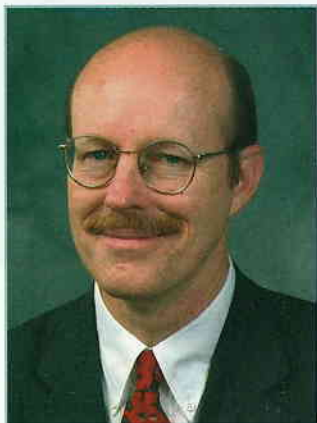


## President & Editor's Note



# A TIME TO REFLECT AS LIFE MOVES ON

By Scott C. Tips  
Editor, Health Freedom News®

There has been so much happening lately around the World that it is difficult to know where to begin. And not only has a lot been happening, but it has been happening so quickly too. It is almost as if events are accelerating at an increasing pace, some for the better and others for the worse.

### Hoaxed into Safety?

On the world-health stage, we have witnessed the Great Flu Hoax of 2009 as governments and their big corporate lovmates try to stampede their citizens into being injected with untested and highly-dangerous flu vaccines that are responsible for more deaths than the swine flu itself. News of deliberately-contaminated flu vaccines manufactured by Baxter Laboratories, just barely kept off the market by an alert Czech lab tech, has also made the rounds of the Internet and even appeared in mainstream media. As tragic and near-tragic as these events are, they have served a very useful purpose: to open the eyes of many individuals to the constant stream of lies being fed to them by their governments and the mainstream media, all supported of course by their big corporate allies.

This is not to say that at some time in the near future we might not face a real viral threat, influenza or otherwise. I think we will. But the questions that we should remember to keep in mind are, will we be the victims of viral agents engineered by our own government, and will we still have the legal means to protect our health through effective and safe natural remedies? Is the government's intent simply to use a false or real threat of epidemic to engender fear and drive the citizenry crying and screaming into its welcoming, tyrannical arms to supposed safety?

### Slowing Down the Juggernaut


Fortunately, there is good news from various fronts. At the November meeting of the Codex Committee on


Nutrition and Foods for Special Dietary Uses (CCNFSDU) in Dusseldorf, Germany, the National Health Federation was directly responsible for stopping an extremely anti-health and anti-supplement guideline on Nutrient Reference Values from advancing. (See my article "Museum of Horrors" in this issue for more details.) Also, NHF Board Members Sherokee Ilse and Pamela Gerry deserve significant credit for taking steps to combat, respectively, the passage of the coercive, so-called Health-Care "Reform" bills currently before the U.S. Senate and mandatory vaccinations. They have been aided by the Washington Beltway-savvy knowledge of our lobbyist, Lee Bechtel.

The Federation has taken a strong stand against the passage of what the press has been calling ObamaCare (although Senator Harry Reid and Speaker of the House of Representatives Nancy Pelosi actually have more to do with it than Mr. Obama). Many other health-freedom organizations have been afraid to adopt such a stand, preferring to couch their appeals to tweaking the reform rather than stopping it altogether, or else have been completely silent. Admittedly, our strong stand has led to the loss of a dozen or so e-list participants but no members. The few who have opted out of our e-list invariably take the same position – most Americans want this "reform" and how could we possibly be against something that would help so many uninsured people?

What they fail to realize is that just because new legislation is called "Health Care reform" does not necessarily mean that it is so, that extending "health care" coverage to some by forcibly extracting "donations" from others is in itself immoral ("do-gooders" doing "good" by committing immoral acts), and that they are just saps being used to help implement a "Disease Care" system that will extend and enshrine the medical monopoly of conventional medicine! Wrap it up in whatever pretty packaging they may want, the ugly truth is that they and we will end up getting the opposite of the real health that we all really want – instead, there will be less freedom of choice and,

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So, regardless of what they may say, the Surface Feeders clearly think the end justifies the means. Taken to its logical conclusion, then, if someone protests and resists being forced into this new “disease care” insurance program, he or she could be jailed, even shot, if they resist. But that’s okay, because some “poor” person somewhere will have been given the drugs bought from the wealthy pharmaceutical company with the money stolen from the imprisoned or shot person. The sad thing about all of this, though, is that it will not result in a healthier, happier population; instead, it will just mean more arbitrary power to the bureaucrats and more monopoly profits for the medical companies. Sadder still are those saps who think that they are the moral ones. 



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### **A Time to Reflect as Life Moves On** **Continued from Page 2**

with it, less health as we are all channeled down a narrow, limited path of being told what health choices we have. Genuine health-care reform would mean eliminating the conventional-medical monopoly and getting government out of the health-care business, where it no more belongs than it does baking bread or selling shoes.

### **Spreading the Federation and Our Message**

At the same time as we have been fighting for our health freedoms, the Federation has been extending its organizational structure into other countries. We have long had members in many different countries throughout the World (23 different countries at last count), but we are now establishing country-specific branches to help support our efforts in them. NHF-UK was launched last March, and is being followed by NHF-Ireland, NHF-Finland, NHF-Germany, NHF-Sweden, and, soon, NHF-France/Monaco.

After the CCNFSU meeting the first week of November, I flew to Helsinki, Finland, where I gave a speech on Codex and Health Freedom to a crowd of more than 200 highly-interested persons. Organized by NHF-Finland Executive Director Alexander Hogstrom, it was professional and well-organized. At the end I received a standing ovation from Finns grateful to receive the good news of our having stopped the anti-health NRV document from proceeding.

There were other speeches and interviews in Finland, but my next stop was in Sweden, where I gave three speeches, the first in Stockholm, then in Örebro and Gothenburg. These events were also well-organized by NHF-Sweden Co-Executive Directors Per and Lisa Hellman and, in the case of Stockholm, Mikael Cromsjö. Per, Lisa, and I were also joined in Gothenburg by NHF-Ireland Co-Executive Directors David Massey and Sarah Carney. The number

of wonderful and very-intelligent attendees whom I met at these events cannot even be counted. In fact, the Federation’s sister organization, the Foundation for Health Research, is in the process of translating its book, *Codex Alimentarius – Global Food Imperialism*, into Swedish, which will be able to be read in all the Scandinavian countries.

While this was taking place, NHF Secretary and Board Member Dan Kenner was attending the Codex Committee on Food Hygiene (CCFH) meeting taking place in San Diego, California. Representing our NHF members and others interested in health freedom, Dan followed the meeting as it debated standards for avoiding viral contaminants in foods.

Soon after the Federation’s Swedish tour and Dan’s CCFH meeting, I then spoke along with Ian Crane in Ghent, Belgium before a crowd of at least 250 persons, also highly-interested, at an event put on by the newly-created Belfort Group led by Peter Vereecke and others. Numerous contacts were made as a result, and follow-up events are currently being scheduled. It was just as inspiring to me to have been there as it was to the many participants.

### **Season’s Greetings**

Even though the inevitable “bad” events have darkened our doorsteps, they too play an integral part in our advance towards greater health and freedom. Without such darkness, we could not fully appreciate the light. Without our opponents, we could not really appreciate our allies and supporters. So, on behalf of the Federation, I give to you, all our wonderful and loyal members, supporters, and allies, our heartfelt and deepest thanks for all that you have done, financially and otherwise, to keep us out there working to advance our health freedoms. It is to you that all of the credit belongs for our victories. It is also to all of you whom we at the Federation extend our sincerest wishes for a healthy and happy New Year. Enjoy your friends, family, and loved ones during these times. 