

Join us in the fight to preserve health freedom for you and your loved ones. Each membership includes a quarterly copy of *Health Freedom News*,® plus an option to receive email updates and newsletter.

- ☐ \$45 Regular Membership (annual) for USA, Canada & Mexico)
- ☐ \$45 International Membership (online magazine only)
- ☐ \$81 International Membership (all other countries) (printed magazine sent by air)
- ☐ \$100 Sustaining Membership (annual) Sustaining Memberships are for those who would like to contribute more than just the cost of their membership.
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- ☐ \$1,000 Full payment or option to bill \$85 per month
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Join the NATIONAL HEALTH FEDERATION Your Voice For Health Freedom®



*The National Health Federation
is an international not-for-profit consumer
education and health-protection organization
founded in 1955 by a family of
like-minded individuals.*

www.thenhf.com

SINCE 1955



National Health Federation

Your Voice for Health Freedom®

Dear Friend of Freedom,

For over 65 years, the NHF has been there for you defending your health freedoms and your medical and moral right to control what goes into your own body.

Just imagine the day when the supplements and alternative health practices that you depend on to maintain your good health, energy, digestion, and peace of mind either skyrocket in price or are taken away from you entirely – all to benefit those persons pushing orthodox medicine and prescription drugs such as statins, pain relievers, and antidepressants.

Take positive action now to safeguard and advance your rights to consume healthy food and supplements, use alternative life-saving therapies, and practitioners of your own choosing, and even to be more fully informed on those medical and nutritional alternatives that exist out there. If you truly believe in freedom, particularly health freedom, then join with our other dedicated members in maintaining your basic inherent right to stay healthy as you choose.

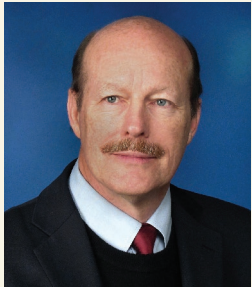
Our collective united voices are being heard through our powerful global community, the National Health Federation. We need Your support and membership are vital to helping us eliminate restrictive health laws and to further advance what the health freedoms we now have.

It's easy to join – take action. Go to www.thenhf.com and join there, telephone our office, or else and send in your completed membership form today. Give the gift of health freedom by sharing with friends, family, and donating to NHF's health-freedom work.

Scott C. Tips

Yours in health freedom,

Scott Tips, President, National Health Federation



P.O. Box 688, Monrovia, California 91017, USA 1-626-357-2181 • Fax: 1-626-303-0642 www.thenhf.com

When You Join the National Health Federation, You unleash Your Inner Activist –

1 Supporting the World's oldest health-freedom organization – *Your Voice for Health Freedom®* – and become part of a winning team that is protecting your health rights around the World.



2 Protecting the rights of alternative doctors, chiropractors, health practitioners, and health-food stores and companies.



3 Receiving the Federation's *Health Freedom News®* quarterly magazine, the only one of its kind, covering topics such as Codex Alimentarius, the latest health threats and solutions, mandatory vaccinations, mercury, aspartame dangers, legislative updates, fluoridation, nutritional health products, and much more.



4 Staying up-to-date on current issues on the NHF website, our e-newsletters, and news releases from NHF's unique global perspective unlike any other health-freedom organization



5 Accessing our National Health Federation Memorial Library, one of the largest alternative-health libraries in the World.



6 Receiving solid, pro-health-freedom representation at international Codex Alimentarius meetings that set standards and guidelines for the Planet for your food, beverages, and nutritional supplements and their availability.



7 Gain insight from our new website: www.thenhf.com, updated regularly with numerous current articles and alerts that affect your health and health freedom.



8 We give you a personal pledge to support and work for our members worldwide.

Your membership empowers NHF to carry out its important mission: to protect you and your family and educate you about your health rights. *Join us today.*
No Health, No Life.



NHF fought and won the battle for mandatory inspection of poultry.



NHF waged very successful campaigns against fluoridation.



NHF lobbied to pass the Dietary Supplement Health and Education Act of 1994, fought malathion spraying, promoted public education on the dangers of vaccinations, and continued fighting the fluoridation battle.



We are working to defeat all current legislation that would restrict our freedom to take dietary supplements by gutting the protections afforded by the Dietary Supplement Health and Education Act of 1994.



We are also supporting health-promoting legislation such as the Access To Medical Treatment Act and a repeal of the Kefauver Amendment of 1962 that gave the FDA expanded authority over drug "efficacy" and thus the ability to play favorites with drug companies.

Then...

1950s



1960s

NHF coordinated a major drive to help chiropractors become legally licensed in over 40 states.

1970s



1980s

NHF pushed through legislative recognition of acupuncture.

1990s



We are fighting restrictive Codex Alimentarius standards and risk-assessment standards based upon junk science, which together would limit your access to effective and beneficial vitamins and minerals and allow high levels of toxins and contaminants in food.

2000s

Now...

2010s



To that end, the NHF is strongly opposing all anti-consumer bills to restrict our health freedoms as well as campaigning against xenoestrogens and other contaminants in our foods, aspartame, water fluoridation, GMOs, and mandatory vaccinations globally.