

Book Review

By Cheri Tips

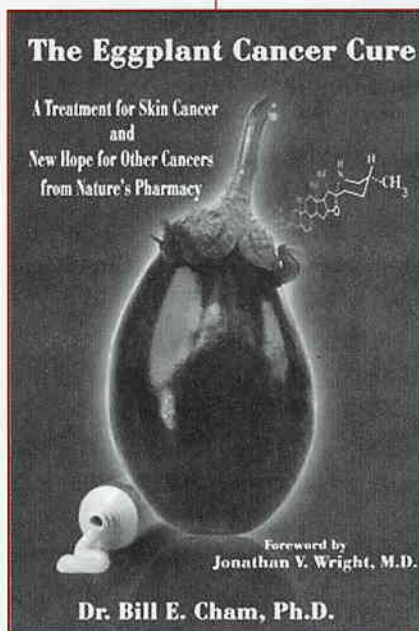
The Eggplant Cancer Cure by Bill E. Cham, Ph.D. (ISBN: 1-890572-21-7 Smart Publications, Petaluma, CA 94955, 1 800-976-2783 www.smart-publications.com, Hardcover, 122 pages; \$24.95).

First, let me explain why I am so delighted to have recently discovered this gem of a book besides the fact that it is short, data filled, and answered all my questions on the topic. I grew up in a Texas beach town, loved the sun, nature, and all sports. I ate correctly and considered myself very fortunate to have good family genes. For many of us like me, now in our sixties, a good portion of our daily life is focused on the preventative efforts to maintain our good health, which most of us in our younger years never considered as a high priority.

Six months ago, my past came back to haunt me, after decades of exposure to the Texas sun; a dermatologist informed me that the benign looking spot on my face had been diagnosed as squamous cell carcinoma. I also had many actinic (solar) keratoses (pre-cancerous) lesions on my face, arms, and legs due to excessive sun many years ago and was a poster-child candidate for this diagnosis due to being Caucasian, light-eyed, and of Northern European descent. I immediately researched the internet for my options and chose Mohs surgery (highly effective with a 97-99% cure rate, a micrographically-controlled surgery for basal cell and squamous cell carcinoma, where there is precise removal of the cancerous tissue, while healthy tissue is spared.) In South Texas, there is so much skin cancer that when I made my decision for the Mohs surgery, the earliest opening was in three months. The surgery was successful but I now have a one inch scar on my cheek even though I consider myself lucky as the cancer was caught early.


Several months later, my brother sent me *The Eggplant Cancer Cure*, a concise and informative book explaining skin cancers and of a natural remedy (eggplant derived) specifically for actinic keratoses, basal and squamous cell carcinomas, with the absence of any scarring after treatment. The book stresses that it is **not** a curative for any type of mole or melanoma. I lament that I had not discovered this book during my pre-surgery research.

Dr. Jonathan V. Wright, M.D. wrote the book's Foreword and states, "Dr. Cham has found substances which can penetrate and kill skin cancer cells but can't penetrate normal skin cells, so normal skin cells are untouched and unhurt while the skin cancer cells die!" The author's research, book, and product were inspired from a meeting with a man dubbed the "Mutilated Man," a victim of multiple conventional surgeries for skin cancer (losing his nose, ears, and part of his chin) and someone who greatly encouraged Dr. Cham's research to continue.



As stated on the Curaderm-BEC5 website (www.eggplantcancercure.com), the product works because it contains a plant sugar called rhamnose (which is not usually found in mammalian species). Specific endogenous lectins, (which are receptors for the sugar part of the glycoalkaloids) are present in the plasma membranes of susceptible cancer cells, but they are not present in normal cells. BEC5 recognizes and binds the sugar rhamnose of the glycoalkaloid (extracted from the common eggplant) to the cancer cell. Subsequently, this enters the cancer cell and causes cell death by destroying the lysosome.

Does the natural Curaderm treatment work? I have no idea, but due to the excellent research I found in this book, and foreseeing myself as having further skin-cancer issues in the future, I will probably try it on the pre-cancerous actinic keratoses spots that I have now, in hopes of staving off basal or squamous cell carcinomas in the future. It is a natural alternative, inexpensive, extremely well-researched in the book (before and after photos and long-term effect studies), no scarring, short treatment duration, and it even survived the wrath of the Australian TGA (Therapeutic Goods Administration.)

If you are a candidate for these two most common forms of skin cancer and have begun developing the "age spots" (as they are commonly known, but are actually the topical appearance of free radical damage), I believe that you will not be disappointed by the copious amounts of researched information found in this one-hundred page, easily-read book. 

Cheri Tips has held the Executive Director position at the National Health Federation for the past five years.