



# LIFE'S BOTTOM LINE: "WHOM DO YOU TRUST?"

*"For we do not wrestle against flesh and blood,  
but against principalities, against powers, against the  
rulers of the darkness of this age, against spiritual hosts  
of wickedness in the heavenly places."*

— EPHESIANS 6:12

**T**here is no way to do the PC waltz around this topic: Do you possess faith that leads to surrendered trust in God or don't you? Trust that knows all will be well and you can remain unmoved in complete peace despite circumstances and the palpable despair that envelop the World now? Enduring peace and hope despite COVID-19, biological warfare, 5G and mandatory vaccination concerns, homelessness, increasing fear and desperation, growing uncertainty, lockdown isolation, loss of connection with loved ones and Nature, the Greater Depression, rising despair and suicide rates, alcohol and drug abuse, and fear for our children's lives on multiple levels or any other external problem? **Many are in crisis not because of the virus but because of a loss of spiritual mooring, not recognizing their triune nature and honoring each part .... "Spiritual dis-ease" is far more profound in its implications than mere COVID-19.** With stress causing inflammation as the root of disease, handling stress properly

is the foundation of health.

Cast adrift by self-sufficiency, by spiritual leaders' failures, political leaders' deceptions, sacrificing us to Deep State's demands, with accelerating global tension and domestic turmoil, earthquakes, floods, and fires, water and food shortages, soil destruction, air so polluted we are sickened to breathe it, many feel alone navigating the "fog of war" that is this New World. **But we can create our own New World: Global 2.0 version, the way we have always known it could be and should be. Nothing is impossible if you believe.**

But doing the best one can do just to survive, **Life's bottom-line question remains unanswered by far too many: "Whom do you trust?"** Yourself? The government? Your doctor? Your Creator? Until this question is answered, our resilience and fortitude to weather attacks and snowballing uncertainties mean it is up to our own cleverness to carry on without any supernatural intervention at all – or let's say the right kind.

We can be adaptable, nimble, and navigate so much change for only so long. We come to the "end" of ourselves, our wit, our street smarts, savvy, ingenuity, and finances eventually. Maybe our body fails us, maybe our mind, maybe our life savings are depleted. It just takes one more thing added to the already monumental weight we carry to break us. When that time comes, Life's question had best be fully secured. While waxing philosophical in his *Pensées* (1657-58), the renowned mathematician Blaise Pascal gave a practical argument for belief in God. In answer to Life's great question, **Pascal posits one has everything to gain and nothing to lose by putting faith and trust in God.**

When the vise grip tightens, when we are distilled to our essence through a multitude of personal daily trials compounding onto global trials, are we at peace? Are we resilient? Is our spiritual fortitude evident or is stress eating us alive? Are we holding to our mission, forging ahead despite the battles surging around us, or are we incapacitated? Mystical teacher Rumi penned precious words of wisdom when he said, "World power means nothing. Only the unsayable jeweled inner life matters."

**COVID-19, on top of the crushing problems and challenges already in motion, has revealed to many their imbalances and disintegration in vital ways: primarily, in acknowledging that we are a Spirit-body-mind complex and that each integral part of our triune being needs nurture, care, and feeding to live in health, fully integrated with health, peace, and power now.**

The current global uncertainty is teaching us valuable lessons on many levels, penetrating the heart to find it either flourishing or withered. Even Viktor Frankl's famous quote from his 1946 book *Man's Search for Meaning*, writing of his time as a WWII prisoner in a Nazi concentration camp enduring unfathomable trials, comes up short in the final

analysis, “Everything can be taken from a man but one thing: the last of human freedoms – the ability to choose one’s attitude in any given set of circumstances, to choose one’s own way.” **These wise words refer solely to mental strength and sheer will.** Man’s true search for meaning must originate outside space and time, outside of Creation, discovering its foundation in the Creator for any real lasting peace or trust.

Rumi wrote of riding his camel through the scorching heat of the desert yet all the while residing in a soul-heart-and-spirit garden of his own making. This is also experienced as the ultimate reality of “being seated in the heavens,” a place of true power, immune to variable circumstances. Within this sacred space we can address our Life’s question, find the answers, and reap peace, meaning, and fulfilment during these dark days in Earth’s history. We can have faith, hope, and lovingly rebuild our lives and the World into its next 2.0 iteration. We can be conquerors living with a noble destiny of leaving a powerful, lasting legacy.

When life is unpredictably exploding all around us, with the familiar giving way to perpetual uncertainty, we need complete surrender evidenced by a profound transformational trust in our Creator emanating from the heart to create peace that truly surpasses all understanding. The foundation lies in the simple question, “Whom do you trust?” We need not only strong physical immunity but also a **spiritual immunity** that allows our peace, our purpose, our focus, and drive to remain unmoved despite the assaults advancing all around us. This is the place of our real power.

Wendell Berry sought the answer outside himself in his beautiful but ultimately spiritually bereft poem, *The Peace of Wild Things*. Nature can soothe but it can neither save nor give any lasting peace. Despite the serenity and haunting beauty of Nature, it is not the answer but merely a setting to allow

us the intimacy and connection we desire in our search for true meaning and profound transformation.

## **The Peace of Wild Things**

BY WENDELL BERRY

*When despair grows in me  
and I wake in the night at the least sound  
in fear of what my life and my children's  
lives may be,  
I go and lie down where the wood drake  
rests in his beauty on the water, and  
the great heron feeds.  
I come into the peace of wild things  
who do not tax their lives with forethought  
of grief. I come into the presence of still  
water.  
And I feel above me the day-blind stars  
waiting for their light. For a time  
I rest in the grace of the world, and am free.*

As beautiful as Wendell’s poem is, we must reach deeper to find and remain in balance as the World wobbles on its axis, for the stakes are dangerously high. Each of us needs not only physical stamina but spiritual and mental reserves to stand firm and then help others. We need to know – will it all have been worth it in five years? Will it have been worth it at the end of our life? Will we experience a conquering and overflowing Spirit now or be miserable during this massive global shift of reality with its multipronged attacks aiming to leave us barely hobbling along?

**We will succeed by working from deep within our Spirit to manage the seen and unseen World with trusting faith and intelligent and effective prayer.** President Trump made calls for National prayer day on several different occasions, but these were largely met on social media either with derision or apathy – a clear loss of intelligence and common sense proven by history, and spiritual mooring. Einstein would echo

the common sentiment, “Insanity is doing the same thing over and over again, but expecting different results.” Thus, a fully integrated approach to taking our triune health in our own hands and allowing our Creator to manage the seemingly unsolvable problems weighing us down is wise. We have nothing to lose and everything to gain; peace and hope being the least of the bounty.

If we choose to focus 100% on what we can control (and remember, we can control through prayer most effectively) and 0% on what we cannot, we can achieve our destiny’s calling and fulfil our mission regardless of the fear and chaos swirling around us. We can control whether we nurture our Spirit, our mind, and our body. We can control our decision to turn over the care and trust our lives to our Creator to handle all of the things that concern us and our loved ones. We can learn to pray effectively. We can experience the oneness with our Creator that religion and church will never give us. We can live and have our inner being at peace and with profound power despite COVID-19 and the global disintegration.

From this position of strength, regardless of what is happening in the warzone that has become our World, we can go from strength to strength and accomplish what we were put here to do at this time in Earth’s history. Our lives can be deeply meaningful, they can be full of peace and operate from a strong, powerful calm. All will be well. It is humbling to know that we are called to surmount all of the challenges and obstacles before us now. It may get worse before it gets better. But all will be well if we remember who we are in all our magnificent fullness: Spirit-body-mind, nurturing each part and trusting God, firmly settling the greatest question we will ever face. 🔥

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