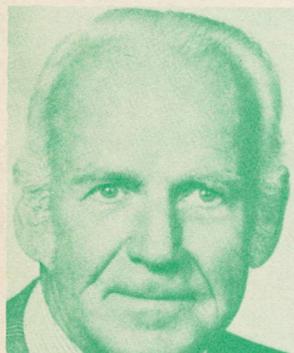


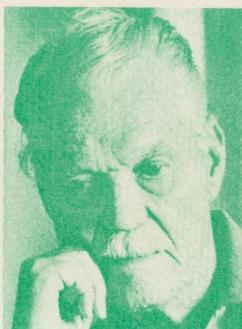
National Health Federation BULLETIN



JUDGE BOHANON

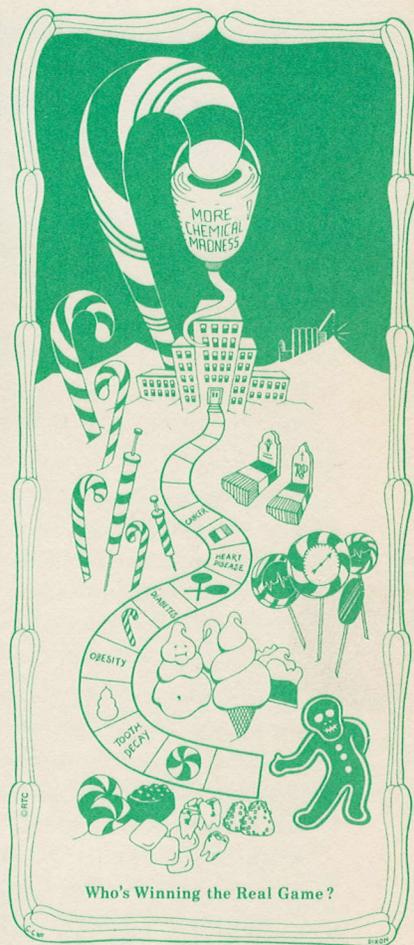
San Diego Court Balks at Denying Dying Cancer Patient Supply of Laetrile

Federal Agencies Can't Rule By Fiat, Says Famous Jurist



CANCER VICTIM CARNOHAN

Chemical Giants Blasted Clampdown on Herbs Convention Tapes Ready! Danes Extend Fluo. Ban



Who's Winning the Real Game?

— John A. Dixon cartoon
Courtesy Honorof RTC

MULTIPLE SCLEROSIS CAN BE LICKED!

Dedicated to the Protection of Health Freedoms

THE NATIONAL HEALTH FEDERATION BULLETIN

Protection of Health Freedoms

Published Monthly

Volume XXIII — Number 4

April 1977

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The Bulletin serves its readers as a forum for the presentation and discussion of important health issues including the presentation of minority or conflicting points of view, rather than by publishing only material on which a consensus has been reached. All articles published in the NHF Bulletin — including news, comments and book reviews — reflect the individual views of the authors and not necessarily official points of view adopted by the Federation.

Permission to reprint articles, with credit, is granted.

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Board of Governors Targets '77 Projects

Free Choice in Health Care, Clean Environment, NHF Goals

National Health Federation attention will continue during 1977 to focus on health-related issues involving freedom of choice and environmental safety.

At the annual meeting of the Board of Governors in Monrovia, Calif., Jan. 26, the Board approved a motion to oppose federal and state funding of recombinant DNA/RNA research "because of its potential for irreparable damage to the human race."

Science Director John A. Yiamouyiannis was authorized to organize a petition drive to place on the Ohio ballot this freedom-of-choice initiative proposal: "Every person shall have the right to freedom of choice in matters of personal health where such choices do not infringe upon the rights of others. This choice shall not be denied by laws other than those necessary to assure that health-related services and products made available to the public are safe. No person shall be subjected to medical or health-care treatment against his or her will; nor shall any substance be added to public water systems for preventive health-care purposes except for the treatment of contamination of drinking water." Dr. Yiamouyiannis said the wording had been approved by "two top constitutional lawyers" — Attorney John R. Graham of St. Paul, and Robert Manley of Cin-

cinnati.

Dr. Yiamouyiannis also was authorized to initiate a study to determine the efficacy of fluoridation in Grand Rapids, Mich., Newburgh, N.Y., and Evanston, Ill. — cities cited by fluoridationists as outstanding examples of the benefits of adding fluoride to drinking water. The science director was further authorized to do a study on infant mortality in fluoridated as compared with nonfluoridated areas.

In his annual report, Dr. Yiamouyiannis noted that his No. 1 priority — completing research on the fluoridation-cancer link — is moving ahead more rapidly than anticipated. Collection of data on age breakdown in the 20 cities was 70% completed at the end of January, he reported.

He told the board that despite the defeat of the initiatives against fluoridation in Oregon and Washington, he considered the effort worthwhile. "For the first time in fluoridation history," he said, "the NHF led an *offensive* to stop fluoridation. In every case where an effort was made to place a fluoridation ban on the ballot, we were successful. The Washington and Oregon initiatives did have an enormous impact on the future of statewide mandatory fluoridation. The American and State Dental As-

(Please turn the page)

1976 Year of 'Action, Promise and Fulfillment'

By CHARLES I. CRECELIUS
President
National Health Federation

1976 was a year of fulfillment. After winning a unanimous vote from both Houses of Congress and being signed April 22 by President Ford, the Proxmire bill became law — bringing to an end a dedicated 14-year food supplement fight led by the National Health Federation. This effort to put down FDA's destructive food supplement regulations more clearly than any other action identified NHF as one of the few organizations with the determination to stay with a top priority project until victory is won.

Proof of the effectiveness of our victory comes from FDA's top officials. They called the law "a disaster." We feel sure their concern was for the vested interests they represent. But for the people it came as a blessing.

A YEAR OF RECOGNITION

For the first time, NHF last year Taylor, and Paul J. Virgin, whose terms expire Dec. 31, 1978.

At the annual meeting in Monrovia, Calif., Jan. 26, the board reelected Dr. Donsbach chairman; Mr. Irons, vice-chairman; Mr. Crecelius, president; Mrs. Hart, vice-president; Betty Lee Morales, secretary; and Lorraine Rosenthal, treasurer.

fluoridation measure, is very concerned with the fluoridation-cancer link and has agreed to send a local option measure to the legislature . . .

General Counsel Kirkpatrick W. Dilling was authorized to "continue to explore" the possibility of mounting a legal challenge to the impoundment of ap-ricot kernels by the Food and Drug Administration.

Continued support of the Symms Bill to remove the efficacy clause from the Pure Food and Drug Act was voted.

The board also approved continued opposition to the Federal Trade Commission proposal to ban the use in advertising of such words as "natural," and "organic."

A motion by David T. Ajay to give "moral support" to the clean air efforts of such organizations as Action Against Smoking (ASH), and Group Against Smoking Pollution (GASP) was unanimously approved.

sociations were forced to come out favoring 'local option' after having vigorously supported statewide mandatory fluoridation in the past . . . These campaigns gave us experience: We found out the importance of wording. In Oregon, due to the wording of the petition, confusion was thrown into the election with claims that if passed, drainage from pig pens would be allowed to contaminate city water supplies. While this never could have happened, the attorney general claimed not only this, but that the bill would affect only towns of population under 1,000. This, I believe was the decisive factor in Oregon where we got 43% of the vote statewide.

"We succeeded in having a state law in Washington declared unconstitutional by the supreme court, making it possible to get the issue on the ballot. However, the two-three weeks to campaign was not adequate . . . Minnesota is a state to watch. The governor, who proposed the original statewide

NHF Election Results

Six incumbents were reelected and three candidates elected to the Board of Governors of the National Health Federation for terms expiring Dec. 31, 1979. Re-elected were Charles I. Crecelius, Bob Hoffman, V. Earl Irons, Bernard Jensen, A. K. Malstrom and Toni Mohamed. Chosen to serve three years were Dr. H. Ray Evers, Gena Larson, and Dr. James R. Privitera. David T. Ajay was appointed to fill the vacancy (through 1978) left by the death of

Dr. Frederick Exner.

Other members of the 27-member board are Norman W. Bassett, Kirkpatrick W. Dilling, Dr. Kurt W. Donsbach, Dr. William A. Ellis, Dorothy B. Hart, Bruce Helvie, Terry Lemerond, Mary Lou Martin, and Betty Lee Morales whose terms expire at the close of 1977; and G. E. "Gus" Heidemann, Ida Honorof, Raymond H. Houser, Lorraine Rosenthal, Carol F. Stillman, Harold Taub, W. E. "Slim"

was mentioned in America's largest circulation newspapers — *The National Enquirer*, and in *The Los Angeles Times* — not once but twice. In both cases it involved our effort to expose the government's swine flu fiasco. *The Enquirer* quoted Dr. Yiamouyiannis extensively.

Following the food supplement victory, we began receiving communications from Congressional offices requesting support for Congressmen's particular health bills. On occasion, the Federal Trade Commission has asked us to supply information or give testimony on issues. Government health agencies have sent information requesting that we be represented on lay advisory committees. When we see an opportunity that we believe is more than "window dressing," we will express our interest in participating. These are new experiences for NHF, and provide evidence of the reality that no longer can we be ignored.

ARROGANCE, BUNGLING

The National Cancer Institute/Yiamouyiannis-Burk controversy continues, with NCI refusing even to let Congressional committees know their secret of how figures are manipulated to disprove the evidence appearing in government reports which re-

(Please turn the page)

veal a fluoridation-cancer death rate relationship.

FDA Commissioner Alexander Schmidt conducted a probe of his own department. He assured us that all is well — no wrong-doing uncovered. His search overlooked or ignored the continued harassment, demotion, even firing of dedicated public servants.

An HEW panel investigating FDA was less kind. After criticizing FDA procedures or practice, the committee was dismissed and the members sent home.

A swine flu scare was hatched in the National Center for Disease Control in Atlanta, Ga., and the FDA. The Federation, with very little investigative effort, learned that an effective flu vaccine never has been developed. Other points became clear: Before the soldier, reported to have died from swine flu at Ft. Dix, N. J., passed away following a long march which the doctor had advised him not to undertake, a sergeant gave him mouth-to-mouth resuscitation. The sergeant developed no signs of illness. The isolated virus then was sent to England where it was sprayed into the nasal cavities of British volunteers. A few mild reactions resulted, with most of the test victims expressing no adverse reaction. All the evidence uncovered offered proof positive that whatever the nature of the malady, it was not highly communicable. Neither was it a severe illness. If the facts could be obtained by NHF, they were even more readily available to health officials. None of the facts justified the scare promotion which

identified the illness as similar to the highly-communicable and destructive WWI flu.

FDA is still pushing for regulations denying the use of such words as "natural," "health," "organic," etc., when referring to good, wholesome natural food or food substances.

Other examples of this type could be cited. Although at times one might be inclined to feel the list of negatives is endless, a few encouraging signs are developing:

FDA surprised the industry by refusing to permit cyclamates back on the market. Moves have been taken or proposed against some known cancer-causing food-coloring agents. It was reported that the Agriculture Department would propose new restrictions on the use of nitrates and nitrites in cured meats and poultry. Orders were issued to halt the toxic spraying of brush in Southern California mountains. This change in direction in connection with a number of varying health issues represents a change in the "climate of public opinion." It has not happened overnight, but rather through the long and gradual process of public education, which is one of our more important functions.

'ACTION, FULFILLMENT'

• The Church of Scientology has sued the American Medical Association for libel and monopolistic practices. An organized group of chiropractors has filed an antitrust suit against the AMA, under investigation by

the FTC for monopolistic practices.

• NHF has joined as a plaintiff in the class-action suit aimed at defining the scope of naturopathy, and establishing the constitutional right of physicians to practice their health discipline, and treat their patients.

• U.S. District Judge Luther Bohanon in Oklahoma City has authorized cancer patients to bring their supply of Laetrile into the U.S. Alaska moved to legalize the use of Laetrile. Prior to this legalization we had introduced three bills in the California State Legislature, which when passed will restore freedom of choice in cancer treatment.

• An orthomolecular bill became law in California, requiring insurance carriers to honor physicians' charges for this type of treatment.

• The nation is awakening to the problem of junk foods in our schools and supermarkets.

• Our fight to expose the fluoridation fraud has been heroic. The pressures exerted, and the educational programs carried out have delayed statewide fluoridation drives that engulfed several states. In Washington, Oregon, and Utah, where state health departments were threatening to fluoridate because state legislatures were refusing to comply with fluoridation promoters' wishes, the issue was placed on the ballot through the initiative process. A follow-up election victory was won in Utah.

• The current research being done by Dr. Yiamouyiannis will

further strengthen our position. We believe the Yiamouyiannis research carried to Holland, England, and Denmark by Dr. Dean Burk has been the deciding factor in bringing a final end to fluoridation there.

The items discussed in this report have been presented in greater detail in our *Bulletin*. Many additional subjects have been dealt with there, and expertly arranged and presented by Don Matchan, our capable and effective *Bulletin* editor.

STRENGTHENING FINANCES

A year of belt-tightening became necessary as America dipped into its recession. In 1975 our operating expenses totaled \$356,893.41. For 1976 it was \$318,691.66. This past year's consolidation showed a reduction of \$38,201.75 in expenses. The end-of-the-year balance retained to cover Life and Perpetual membership trust and for other purposes, grew from \$1,758.79 in 1975 to \$28,254.62 in 1976. We anticipate continued progress.

EXCELLENT COOPERATION

The organizations we worked closely with during the food supplement battle are still our close friends and allies. A working relationship is being established with other groups whenever possible.

Much credit must be given our efficient staff. They become more effective and more dedicated to our cause each day. Clinton R. Miller's assignment to the Monrovia office has served as an "or-

(Please turn the page)

NHF's 22nd Annual 'Biggest, Best Yet'

With the 22nd annual convention of the National Health Federation now history, it can be said that indeed it was a history-making event in NHF annals.

Convention Manager Carole J. Smith expressed pleasure over the attendance, the quality and scope of the program, the diversity of exhibits, and extended appreciation to attendees, exhibitors, lecturers, and staff — kept happily busy.

"This is the first national convention with a format of this kind," she said, "and judging from most comments, the public liked it, even though it meant making some difficult choices. Fortunately, the lectures were taped, and with one exception, are available on tape.

"We do appreciate the friendly spirit which prevailed, we are gladly stimulated! Dr. Yiamouyiannis continues to gain nationally in stature as a top scientist because of his thorough and accurate reporting.

Carole Smith, Helena Young and Elias Rodriguez have been assigned extra responsibilities, and we are very proud of their work. We are grateful to God for His blessings this past year. Our thanks go to each of you for your dedication to our cause, and to our wonderful members who made it all possible.

happy to have been privileged to bring the outstanding roster of speakers to our 22nd annual, and to top it all off was an extraordinary assortment of exhibitors with the special information and health-oriented products which the public so dearly loves. We'll be looking for you next year!"

NHFJ Executive Vice-President Clinton R. Miller who conceived the format — new to NHF conventions — and who worked with Ms. Smith arranging speakers and program and special seminars — was equally pleased with the outcome.

"Our 22nd annual convention in Pasadena," he said, "was in several ways the biggest and best such event ever held by NHF. We had far more speakers — 64 — than ever before. The new format — presentations going on back-to-back in five different auditoriums simultaneously gave us a wide choice of health experts. Dick Gregory, Carol Burnett, Art and Jack Linkletter, and other celebrities filled the hall with music, laughter, and tears.

"Yes — tears. There were few dry eyes during the tributes to Paul Bragg by Patricia Bragg, Jack LaLanne, and Joe Feeney (Irish tenor on the Lawrence Welk Show).

"We made some goofs. Somehow, a misunderstanding over

AIR, WATER POLLUTION CHARGED TO DEL MONTE

The Environmental Protection Agency has placed Del Monte de Puerto Rico, Inc., on a list requiring Federal agencies to withhold Federal contracts, grants and loans from industries found in violation of air or water pollution standards.

The Del Monte facility, which discharges 2,600,000 gallons per day of tuna processing wastes into the Mayaguez Bay in Puerto Rico, was found in violation of water pollution standards. It was the first facility to be placed on the list. The plant is a subsidiary of

Del Monte Food, Inc., San Francisco.

SOUNDS LIKE A.M.A.!

The constitutionality of a Wisconsin insurance equality law requiring coverage for chiropractic services has been challenged in a suit filed by Reserve Life Insurance Company of Dallas. The company alleges "chiropractic treatment makes no significant contribution to health care," and the law "is unconstitutional, a violation of due process."

taping policy resulted in announcements that taping would not be permitted. We apologize for this. We encourage taping at all NHF conventions and are extremely sorry for this inadvertent error. Those who brought taping equipment and were told not to tape, please write our new official tapers, Mountville Chapter of NHF, for a special discount on tapes you would have made."

Immediately following a talk by Herbalist J. Raymond Christopher of Provo, Utah, a "sassafras tea party" was held in the reception area of the auditorium. Chief architect of the tea party was Mr. Miller, who said the ban was imposed on saffrole, a component of sassafras oil, and said to be carcinogenic.

"The Boston Tea Party was nothing compared with NHF's first sassafras tea party in Pasadena during the convention,"

Mr. Miller commented. "We served illegal sassafras tea in open defiance of FDA's 17-year ban. We notified FDA weeks ahead that we were planning to do this. We didn't sneak out in the dead of night — we did it in broad daylight. We did it before the world, and recorded it on tape for all to share who couldn't come to our tea party.

"FDA's silence was deafening. They knew we would sell and serve outlawed sassafras. And we did. And we shall continue to serve it in tea party after tea party till Congress and the President give FDA the word that it isn't wholesome herbs we want banned, but dangerous drugs and additives.

"NHF also publicly sold Dr. Christopher's censored-in-California herb book.

"All in all, it was a pretty exciting convention."

Couldn't Make It to Convention?

Order the Tapes from NHF Chapter in Pennsylvania!

With the Mountville, Pa., NHF chapter handling the mechanical end, the National Health Federation has taken on the responsibility of producing and distributing tapes of lectures presented at NHF conventions.

"We are pleased to make this announcement," said Executive Vice - President Clinton R. Miller, "because this way it is 'all in the family.' James C. Strickler, president of the newly-organized Mount-



ville chapter, has taken personal charge of the operation, and we believe the arrangement will be mutually beneficial. The equipment is the latest in sound reproduction, and recording is top quality. We invite members — and NHF friends — to take advantage of this service — orders may be sent direct to the Mountville Chapter, National Health Federation, Mountville, Pa. 17554."

Mr. Strickler told *The Bulletin* he is happy to have taken on the assignment on behalf of the chapter, and described the event as "a convention with a number of firsts. It is the first time special courses have been given in addition to the lectures throughout the

day and evening in the auditorium. Five lectures were being presented simultaneously. Thus, the individual attending the convention will have access to lectures he/she was unable to attend. Likewise, those unable to get to Pasadena for the sessions will have it brought right to their home via tape. I am really excited about this project — we had a sellout of the tapes of Dick Gregory's speech — delivering them within minutes after he had finished talking."

(A listing of the tapes made at the convention in January appears on pages 31-32 of this issue of *The Bulletin*.)

The Mountville chapter has high hopes for steady growth, and intends to use whatever surplus may accrue from the taping project to finance future convention tapings.

He said the chapter "sees a need for establishing itself as an educational group before taking on political issues involving freedom-of-health choices."

Mr. Strickler has a bachelor of science degree in psychology and sociology. He is about to be certified as a clinical nutritionist by the American Council of Applied Clinical Nutrition in St. Louis, Mo., and intends to obtain master's and doctor's degrees in nutrition. He is a member of the Optimist Club and Toastmasters

Friends Pay Tribute to Paul Bragg

Testimonials to the life and achievements of the late Paul Bragg, giant in the natural health field — the man who counseled with Hollywood celebrities, business tycoons, and politicians about the better life through nutrition — were delivered during the National Health Federation convention in Pasadena Jan. 30.

On hand for the one-hour special tribute were Patricia Bragg; Jack LaLanne; Joe Feeney of the Lawrence Welk Show; V. Earl Irons, vice-chairman of the National Health Federation; Kirkpatrick W. Dilling of Chicago, NHF general counsel; and Chadwick Chesterfield, a longtime friend who closed with a prayer of thanks that Paul Bragg had been "brought into this world."

International.

David Stoltzfus, nutrition lecturer, is vice-president of the chapter.

The chapter has a science director — Michael Cirillo — who is researching fluoridation. A presentation will be made at a later date to the Lancaster (Pa.) city council.

Walter VanderHeijden, former executive vice-president of College of Bocaaton in Florida, is educational vice-president of the chapter, and in charge of educational programs offered through lectures and symposiums covering health-related topics, including natural childbirth.

Jack LaLanne says he owes his life and career to the fact Paul Bragg took the time to talk to him in his dressing room after a lecture which he and Mrs. LaLanne would have missed if the great man had not invited them to sit on the stage during the talk.

In a closing tribute, Patricia Bragg said "Dad loved all of you — the young and the old. He was so proud of Jack LaLanne who has given exercises to millions of people . . ."

Author of more than 30 books and on the road much of his life bringing the health message to hundreds of thousands, Mr. Bragg died on a Florida beach last Dec. 7. Final memorial services were held in Hawaii where he spent about half his time. His death at 95 according to Patricia, was believed related to injuries sustained in July when he nearly drowned after being hit by a huge wave during the turbulence in the aftermath of a tidal wave in the Pacific.

HEAR IT FROM S-K!

Last November 10 in Los Angeles, Dr. Robert Good of Sloan-Kettering Institute told a seminar that studies on the body's immunological systems have convinced researchers that "we are what we eat." He said a 50% reduction of caloric intake resulted in immunity from breast cancer in mice.

'You'd Better Listen,' Turner Admonishes Vaccination Panel

Although the National Immunization Conference in Bethesda, Md., last November was conducted by the Public Health Service of HEW presumably to obtain consumer input on vaccination policy, most of the panel members seemed more interested in defending the "establishment position" than in listening to other viewpoints, Attorney James S. Turner, NHF Washington representative, told the assembly.

He endorsed the presentation of Iris Schneider containing the viewpoint of "what I understand to be consumer organizations' concerns about vaccine policy." But, he affirmed, "I have heard essentially 10 of the remaining panel members disagree with her at one point or another, and make statements which I think are not accurate either in interpreting what she is saying, or in presenting information useful to you for your process . . ."

"In what we have heard this morning, I don't believe we have heard nearly enough of what some of the other alternatives are in terms of some of the issues you have discussed. We have heard a lot of defensiveness, but not enough in the way of helpful comment from points of view that differ from yours. I don't believe this meeting includes points of view necessary to you who are interested in the vaccine world from the scientific and medical view-

point, to make the kinds of decisions you need. It's a good meeting, but I don't think you should go away from here thinking you've got the points of view you need in order to decide how to proceed from a policy point of view."

Mr. Turner cautioned against creation of what he termed a "military-industrial complex in the health community, for lots of policy reasons."

And in referring to a presentation by NHF Science Director John A. Yiamouyiannis, Ph.D., he suggested the panel not shrug off the criticisms of the swine flu program offered by the National Health Federation.

"I understand," continued Attorney Turner, "That Dr. Yiamouyiannis was not greeted with the greatest of warmth by the people in this room. I think it should be pointed out, that however much you and I may disagree with what he has to say, the last time his group disagreed with the Food and Drug Administration, the result was the federal court supporting his side, the United States Senate supporting his side, and removing from the Food and Drug Administration a significant portion of its regulatory authority."

"I suggest this is an important reality that you had better not overlook, not only for your sake, but for our sake, and the sake of all consumers. Because however

Food/Drug Agents Launch Drive Against Herb Vendors

A vow that Herbalist John Raymond Christopher of Provo, Utah, "will never lecture again" — reportedly made by the Food and Drug Section of the California Department of Health, appears to be behind the indictments of the Utah man, several health food stores for whom he lectured, and herbal suppliers.

Dr. Christopher lectured last October on iridology and herbology for a week in Trinity of Oaks Church, Sacramento, sponsored by Wilfley's Natural Foods and Sandwich Shop, and Star and Crescent Herb Co. According to Ellen Wilfley, she learned about the eight-count indictment against her when a television cameraman and reporters contacted her, following a press conference called by the District Attorney's office 24 hours earlier.

Mrs. Wilfley told the *The Bulletin* she was told by one official that her store would be held responsible "for every word Dr. Christopher said" during the week of his lectures. The indictment against her did not, however, mention iridology — only his comments about herbs.

One count against the store evolved from a visit by two undercover agents asking for a card describing an ailment and the herbs Congress and the courts arrive at their decisions, he's as much a part of that process as any of us."

TESTIMONIALS SOUGHT

Mrs. Wilfley, who spent nine hours giving depositions, believes authorities "are really out after the herbs!" She is asking for testimonials from individuals "throughout the U.S. — letters describing how an herb healed a specific problem." Letters should be mailed to Attorney Kell, 1700 McHenry Village Way, Modesto, Calif., 95350. They will be submitted to the judge who is considering the testimony of seven doctors that Herbalist Christopher's statements regarding the healing value of herbs is "medically false."

used to correct the condition. One young woman said she wanted to use them to send out at Christmas-time.

An offer from the district attorney to reduce the number of counts from eight to two, if Mrs. Wilfley would plead guilty, was rejected. Her attorney is Tom Hunt. George Kell represents Dr. Christopher.

Also indicted were George Murdock of Provo who prepared the formulas and packaged the herbal compounds sold by Dr.

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Dow Boycott Suggested as Memorial to Cancer Victim Billee Shoecraft

Billie Shoecraft, Globe, Ariz., poet, architect, and militant foe of environment desecration by chemical corporations, lost a two-year struggle with cancer January 6 in a Salem, Ore. hospital.

Mrs. Shoecraft was the latest of 20 persons whose deaths from cancer followed the 1969 spraying by the U.S. Forest Service of Tonto National Forest. When she first learned she was suffering from cancer, it was in a breast. Subsequently it metastasized to other areas.

Ida Honorof, a friend who has vowed to carry on the struggle and suggested a boycott of Dow Chemical products in her January newsletter, *Report to the Consumer*, recalls that Mrs. Shoecraft, awakened by a helicopter about 5 o'clock one morning went into her yard and was "bathed" in defoliation chemicals — 2,4-D, 2,4,5-T, and 2,3,4-TP (proprionic acid).

Christopher under the brand name of The Herb Shop.

One count against Dr. Christopher involved the charge that he had described the healing, through an herbal remedy, of a child with a crushed testicle who had been slated for surgery. The newspapers "played up" that story, said Mrs. Wilfley, using the word "witch-doctor."

A week after his Sacramento appearance last fall, Christopher lectured in San Diego under sponsorship of a health food store,

The Shoecraft property adjoins the park.

After that spraying, said Ms. Honorof, "People died, animals died — babies (human and animal) were born deformed. Humans and animals hemorrhaged so badly they were advised to have hysterectomies. Trees were deformed — the water remained contaminated with 2,4-D, 2,4,5-T, 2,3,5-TP — and Billee practically single-handedly took on these monsters — Dow, Monsanto, Hercules, Thompson-Hayward, the Tonto National Forest, and the U.S. Department of Agriculture Forest Service, for all the deaths, misery and suffering inflicted on the people of Globe, Ariz."

Mrs. Shoecraft brought a \$9 million damage suit against the chemical companies, Tonto National Forest, and the U. S. Department of Agriculture Forest Service. The case was delayed by and that proprietor was indicted also.

The penalty on each count, if convicted, is \$2,500 — the total fines which might be levied — \$180,000.

In San Francisco, agents of the California Food and Drug Section seized bales of herbs in the San Francisco Herb Company (Union St.) warehouse, impounding the herbs on grounds contaminants might penetrate the burlap covering.

Nutrition May Not Suffer Under Reorganization Plan

The phasing out of the Select Committee on Nutrition by the end of the year as part of the Senate reorganization may not be the blow it first appeared to be.

Senator Mark O. Hatfield told NHF President Charles I. Creelius the Committee will be consolidated with the present Agriculture and Forestry Committee to form a new committee to be known as the Senate Committee on Agriculture, Nutrition and Forestry.

"Since the Select Committee on Nutrition originally was a temporary committee and had no

repeated Dow requests for postponement, she firmly believed in the expectation she would not survive her illness.

Ms. Honorof accompanied her to the office of Dr. Granville Knight in Santa Monica where she sought a letter to the court describing the urgency for trial, because of her deteriorating physical condition. "And Dow won the race with time," sadly commented Ms. Honorof.

One of the court rulings which both Mrs. Shoecraft and Ms. Honorof protested vehemently was a gag order imposed by the pretrial judge restraining Mrs. Shoecraft from publicizing contents of a deposition by a Dow official. Her charges were aired extensively, not only through newspapers but also in her book, *Sue the Bastards*. Two companies offered to settle

legislative authority," said Senator Hatfield, "this recommendation will provide, for the first time, a specific standing committee of the Senate with the power to take legislative initiatives to improve the nutrition and (deal with the) human suffering of many Americans. I trust the eventual action by the Senate will improve the forum for discussions, investigations, and legislative actions affecting the nutrition of our country's citizens."

The Federation has asked Senator Hatfield to what extent

(Please turn the page)

the case but Mrs. Shoecraft wanted the public to be informed, by sworn testimony, of the atrocities being committed against plant, animal, and human life through poison spraying.

With a reverence for life, she found creative expression in writing poetry — published two books of poetry — and also was involved in architecture, studying under Frank Lloyd Wright, designing her home and others.

As a memorial to the Arizona woman, Ida Honorof is campaigning for a boycott of such Dow products as Corning Ware, Saran Wrap, Handi-Wrap, Dow Bathroom Cleaner, Dow Oven Cleaner, Ziploc Bags, Aztec Sun Car Products, Touch of Sweden, Rifocissant, cough and cold preparations, and the company's medicinal-surgical products.

Bohanon Tells FDA to Justify Laetrile Ban — Or Else . . .

U.S. District Court Judge Luther Bohanon has given the Food and Drug Administration until June to prepare and present in court an administrative record of the agency's reasons for prohibiting the use of Laetrile.

In an order dated Jan. 4, Judge Bohanon remanded to the FDA the suit brought against it by Glen L. Rutherford and others. The court also ordered that the case be given the status of a class action suit, and ruled that FDA may not restrict the importation of Laetrile by Mr. Rutherford and others.

A pretrial conference was held last Dec. 30 in Judge Bohanon's court in Oklahoma, and at that time, unable to obtain from FDA "the written basis for the agency's determination (that Laetrile is a 'new drug'), no matter how casual or unstructured its form or content

the nutrition duties of the new committee will be staffed. It was stated earlier that the present Select Committee staff of 12 would be reduced to two under the reorganization. If this occurs, obviously the work will be drastically curtailed.

As Executive Vice-President Clinton R. Miller points out, however, the Department of Agriculture, while "bad on pesticides," has been responsible also for some worthwhile investigative work in the field of nutrition.

might be," the court ordered the remand to FDA.

Judge Bohanon commented in his order: ". . . Clearly, federal agencies may not rule by fiat, invoking only some unexplained application of their own expertise in defense of policy decisions they have made. . . . Based on the complete absence of any evidence tending to establish a rational basis for the agency's determination, the court would also be compelled to find . . . that the agency's determination was 'arbitrary, capricious,' and represented 'an abuse of discretion,' and that it should also be overturned for these additional reasons."

(But) "in order to grant both sides an opportunity to fully prepare and present their respective points of view, and consistent with the circuit court opinion in this matter, the court has determined that this case should be remanded to the FDA so an administrative record can be constructed and a meaningful judicial review subsequently held. In view, however, of the complete absence of any good-faith agency record in support of its position in this case, as the record here is not merely incomplete but virtually nonexistent, and in appreciation of the fact that depriving a terminally-ill cancer patient of a substance he finds therapeutic,

San Diego Judge Okays Request for Laetrile

Asserting that to deny a dying cancer patient freedom of choice when there is no other known remedy for the condition "would be grossly paternalistic of this court," Judge Gordon Thompson, Jr., in the U.S. District Court, San Diego, Jan. 21 ruled that 74-year-old Ray Carnohan of Pacific Beach, Calif., be permitted to import a three-month supply of Laetrile for personal use. It is the first such ruling to be rendered in California.

Mr. Carnohan was diagnosed inoperable cancer of the pancreas after exploratory surgery last Dec.

whether such benefit is physical or psychological, creates the very real risk that irreparable injury might be sustained, it is ordered . . . that while this case is on remand to the FDA, and until such time as the FDA proffers to the court an administrative record containing substantial evidence in support of its determination that Laetrile is a 'new drug' under the terms of the relevant statute, such determination is held to be without force or effect as to the plaintiff class in this case, and defendant FDA is hereby enjoined and restrained from preventing plaintiffs' importation or interstate transportation of Laetrile for purposes of their own consumption under the terms of the Food

23. His son, Michael, who acted as his father's attorney, told the court the prognosis for the senior Carnohan was 30 days. He had been getting daily treatments in Mexico for about a month when suit was brought to enjoin the Food and Drug Administration and the Customs Service from bringing Laetrile across the border.

The judge said his ruling was based on the fact FDA had not completed an administrative record (as required by Judge Luther Bohanon in Oklahoma) to prove

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and Drug Act . . ."

The plaintiffs asked Judge Bohanon for an order directing the FDA to hear testimony and evidence of Dr. Dean Burk, Washington, D.C., and Biochemist Ernst T. Krebs, Jr., San Francisco, and also evidence and testimony of Mike Culbert, Edward Griffin, and Mike Spencer, as research historians. "This court is without authority to enter such an order," said the judge, "however, the court believes the FDA might desire to invite these persons to participate in the administrative proceedings and to receive into evidence their view with reference to the history, safety, and effectiveness of Laetrile . . ."

Laetrile Prosecution 'Federal Conspiracy'

While an Oklahoma judge was making history by ordering the FDA to justify its ban on Laetrile, another judge and a jury in San Diego were hearing government witnesses testify in the "conspiracy" trial of four of 19 defendants (three of them Mexican companies).

On the eve of that trial Jan. 18, Defendant Robert W. Bradford, president of The Committee for Freedom of Choice in Cancer Therapy, issued a press release charging the government with attempting "not only to smash our organization, but to stamp out

that Laetrile is a "new drug." He emphasized that his ruling neither condemned nor condoned use of laetrile as a cancer-treatment agent.

Although Judge Thompson's decision is not binding on other jurists, the ruling ultimately could influence decisions by other judges in similar cases.

Among court documents opposing Mr. Carnohan's request for permission to bring Laetrile into California was a letter from Dr. W. Sherwood Lawrence of the Food and Drug Section, California Department of Health (see editorial), who said: "In my considered opinion, this reliance by beguiled individuals on the efficacy of Laetrile for the prevention and

can narcotics trafficker as its paid agent to smuggle in the supply of Laetrile vials and tablets that I was accused of smuggling when arrested in December 1975. Francisco Curiel was used by the government to set up my arrest in order to pay off a 'deal,' since he had been arrested by Americans for narcotics violations. He and his wife have been hidden and paid by U.S. authorities for more than a year.

"This is the second time the federal government has admitted in its own documents that it has utilized paid agents to smuggle in the extract of apricot seeds in order to set up the arrest of citizens. Two Minnesotans were set up and entrapped in this manner at about the same time I was arrested. In my arrest, the government used 20 federal agents and 13 undercover cars. It stole my automobile and sealed my bank accounts before I was even charged with anything.

"In the matter of our vice-president, J. Franklin Solaman, Frank had gone to Sacramento last May to testify on three 'freedom of choice' bills being heard by the legislature. He was accompanied by Dr. John Richardson, who also testified. Federal agents lay in waiting to throw both Frank and Dr. Richardson into jail where they spent hours before being told they had been arrested as part of the indictment in the so-called 'international Laetrile smuggling ring.' At the same time, federal and state agents raided the Albany clinic of Dr. Richardson, handled one of his nurses, and

beat up a male medical aide as they arrested Business Manager Ralph Bowman and proceeded to take him away in handcuffs. He was held incommunicado for hours before a U.S. judge ordered him to be allowed to use the telephone . . .

A Customs inspector testified during the trial in San Diego before Judge William Enright that he used a dog in the search for contraband. Inspector Gary Vermilyea, assigned to the San Ysidro port of entry, told the court that he discovered three boxes containing 90 vials of Laetrile under the seat of a car Oct. 17, 1973, after a Customs Service dog named Albert tipped him that "something wasn't right."

The government claims that Mr. Bradford, president of the Committee, is responsible for at least 700 shipments of Laetrile into the U.S. from Mexico, where it is legal.

ELECTRICITY ON FILM

Physicists at UC Berkeley for the first time have photographed pure electricity, capturing it on film as a brightly-glowing liquid droplet flowing inside a tiny crystal.

A tiny frothy sphere of positive and negative electrical charges, the droplet was formed under low-temperature and pressure conditions permitting the charges to coalesce into something akin to a raindrop with properties much like a liquid: it flows freely inside the atomic lattice of a solid material, and possesses surface tension.

treatment of cancer is a menace to the public health, and a gross economic fraud."

Mr. Carnohan told the *San Diego Evening Tribune* (Jan. 22, 1977) that he realizes "Laetrile may not help me, but I know this much: I've been feeling a lot better since I started using it six weeks ago when the doctors told me I'd reached the end of the line . . . Three leading doctors looked me in the eye without blinking and without equivocation, and said I had a disease that was going to make me die. They said they couldn't prescribe Laetrile. Their hands were tied." He said that in Tijuana, Dr. Ernesto Contreras told him "all was not lost."

Arizona Solons Consider Laetrile Bills and Memorial to Congress

Five Arizona legislators have introduced two measures and a memorial statement directed to Congress to legalize the use of Laetrile and guarantee citizens "freedom to choose medical treatment without governmental interference."

Introduced in mid-January by Representatives Everett and Wright (by request), and Lewis and Ratliff, and Senator Turley, H.B. 2058 would require the Arizona Department of Health to establish an administrative unit for the purpose of authorizing, on a permit basis, "the scientifically-controlled and medically-supervised evaluation of new medical drugs for treatment of human diseases for which medical science has no known cure... The department shall issue a new medical drug permit to the University of Arizona College of Medicine and to such other health-care institutions as may apply, to conduct scientifically-controlled and medically-supervised evaluations of the effects of the substance amygdalin on human cancer."

H.B. 2059 would exempt Laetrile from a law which provides that "no person shall manufacture, sell, offer or hold for sale or give away any new drug or device

LAETRILE BILL IN NORTH DAKOTA

In North Dakota, S.B. 2377, introduced in early February by Senator Lawrence "Pete" Naaden, would authorize the use of Laetrile. Wording of the measure is identical with that of the bill which became law in Alaska, according to Mrs. Don Goering whose husband is president of the Fargo chapter of International Association of Cancer Victims and Friends.

unless it fully complies with the provisions of the federal act," by adding this provision:

"This section shall not apply to amygdalin, a cyano-genetic glycoside, also known as Laetrile, which is processed from the seeds of certain fruits including apricots, peaches and plums, and used in the treatment of human cancer."

The memorial statement (H.C.M. 2002) urges Congress to propose an amendment to the constitution to guarantee freedom to choose medical therapy "without governmental interference," stating in part:

"Whereas there are many types of human diseases and conditions for which medical science does

Laetrile to Get Bonafide Clinical Tests in Israel

Following the July, 1976, visit of two Israeli doctors to clinics in Tijuana, Mexico, where Laetrile is being administered to cancer patients, a proposal has been made to clinically test the substance in Israeli hospitals. Under a plan announced by Dr. David Rubin, surgeon at Beilinson Hos-

pital and cancer researcher at Hadassah Hospital in Jerusalem, (one of the two physicians to visit the Tijuana clinics last year), three groups of patients with advanced malignancies will be involved in the research. As reported by David M. Rorvik, fellow

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not know the specific cause, and whereas cancer claimed the lives of 350,000 Americans in 1974, and causes untold personal suffering for victims as well as family members, and whereas cancer treatment focuses on chemotherapy, radiation therapy and surgery — which are not only expensive and sometimes debilitating, but also offer no guarantee of remission or control,

"And whereas the U.S. Food and Drug Administration may restrain the manufacture, sale or distribution in interstate commerce of harmless substances, drugs and devices for the treatment of diseases or conditions such as cancer for which medical science has no known cure, and organized medicine, together with state medical licensing agencies limits the utilization of such harmless substances, drugs, and devices which have not received federal approval in regular medical practice, and licensed health-care facilities refuse to use or allow the

use of certain harmless types of therapy in the treatment of dread human diseases or conditions such as cancer,

"And whereas the right of a patient afflicted with a disease or condition for which medical science has no known cure to select his or her own medical treatment without governmental interference must be protected,

"Therefore the House of Representatives of Arizona, the Senate concurring, prays: that the Congress propose an amendment to the Constitution of the United States protecting the right of every person afflicted with a disease or condition for which medical science has no known cure to choose the mode of his or her medical treatment or therapy without governmental interference . . ."

Copies of the memorial, if adopted, will be sent to the president of the Senate, Speaker of the House, and each member of Congress.

of the Alicia Patterson Foundation, New York, two groups will be required for the double-blind studies, and one group will be an open study encompassing not only Laetrile but also all the components presently being studied at Clinica Cydel and the other Laetrile clinics.

"In this approach," wrote Mr. Rorvik, "Laetrile is not regarded as a 'magic bullet,' but rather as the central factor in a therapeutic procedure which includes components such as proper nutrition, the use of enzymes, vitamins and minerals in the correct physiological balance, mega-doses of the ascorbates (Vitamin C — the Israeli doctors conferred with Dr. Linus Pauling on his cancer findings), enhancement of the immune system, adequate rest and exercise, and consideration of the mind-body relationship of each patient."

This is what Andrew R. L. McNaughton long has advocated — the holistic approach to cancer management, with Laetrile but one of several vital components. It was through his efforts that the Israeli doctors were authorized by the government to visit Tijuana. Mr. Rorvik reported that Mr. McNaughton "expects the Israeli results to outstrip the Mexican results, since some of the Tijuana clinicians are indifferent to some of the dietary and nutritional therapies."

The other doctor who went to Mexico for the interviews with doctors and patients using Laetrile is Myron M. Issahary, M.D., chief surgeon of Israeli Aircraft

Industries and long associated with Tel Hashomer Hospital. He told Mr. Rorvik that after he arrived in New York enroute to Mexico, a *Time* article so prejudiced him against Laetrile that he nearly cancelled the trip. After his stay in Tijuana, however, he told Mr. Rorvik that on the basis of what he and Dr. Rubin had seen, the *Time* story was "a felony."

After their return to Israel last year, the two doctors issued a first report in which they said:

"In all our discussion with the medical staffs in Tijuana, no claim ever was made that Laetrile is a cure for cancer. It was said it might more properly be called a control for cancer. In the short time we were allotted, we observed and confirmed that: Laetrile acts as an analgesic; it gives the patient a sense of well-being; it is an appetite enhancer — the patient gains weight; it acts as a deodorant in decaying masses (feter)."

• That report suggested a rationale for using substantially higher dosages of Laetrile, and proposed research as follows:

• Animal experiments in which Laetrile is administered before and after induction of cancerous growths.

• Tagging Laetrile with radioactive material to trace its course through the body to gain understanding of how it works (using this technique, Mexican researchers claim to have found that Laetrile crosses the blood-brain barrier, said Mr. Rorvik, but "this needs confirmation.")

Laetrile Petition Drives in 19 States

Petition campaigns for legislation to legalize Laetrile therapy on a state-by-state basis are underway in 19 states, with "interest in similar drives being expressed in many more," according to the Committee for Freedom of Choice in Cancer Therapy, 146 Main St., Los Altos, Calif.

Drives are being headed by the following:

California: Committee for Freedom of Choice in Cancer Therapy, Inc., Los Altos, 94022

Florida: Paul St. John, 110 74th St. No., St. Petersburg, Fla. 33710.

Illinois: Jerry McGaw, P.O. Box 305, Dallas City, Ill. 62330.

Indiana: Helen Calvin, M.D., 103 So. Eddy St., South Bend, Ind., 46617.

Iowa: Kurt Pederson, 4725 N.W. 50th St., Des Moines, Iowa, 50323.

Kansas: Mary Lynn Johnson, 540 No. Roosevelt, Wichita, Kan. 67208.

Louisiana: Jimmy Keller, 8080 Greenwell Springs Rd., Baton Rouge, La. 70814.

Maryland: Tim Slimbach, LaSalle Ave., Ave., Baltimore, Md. 21206.

Massachusetts: Edmund Parent, 170 Western Ave., Lynn, Mass. 01904.

Michigan: Thomas Shields, 8895 Peninsula Dr., Traverse City, Mich., 49684.

Mississippi: Grace Hamilton, P.O. Box 685, Hattiesburg, Miss. 34901.

Nevada: Louis Popp, 512 East Fremont, Las Vegas, Nev. 89101.

New Jersey: Chris Larson, 464 Lawrie St., Perth Amboy, N.J. 08861.

New York: Peter Lisi, 151 Benedict Ave., Staten Island, N.Y. 10314.

North Carolina: Sylvia Hickman, 2925 Dahlia Dr., Winston-Salem, N.C. 27107.

Ohio: Bill Ungard, 727 Shroyer Rd., Dayton, Ohio 45419.

Oklahoma: Don Vernon, 1539 S.W. 35th St., Oklahoma City, Okla. 73119.

Texas: Jim Haas, P.O. Box 12444, Forth Worth, Texas 76116.

Wisconsin: Kathryn Just, Route 1, Porterfield, Wis. 54159.

• Experimenting with Laetrile in conjunction with other therapies including hyperthermy (artificial elevation of body temperatures).
• Experimental doses and chemotherapeutic combinations.

• Clinical studies in which Laetrile is used in conjunction with so-called orthodox treatments while the controls received only orthodox treatment.

"Laetrile," said that report, "has promise . . . it deserves a thorough investigation."

It appears the Israeli medics are prepared to make that investigation.

Drugs Okay - But Not 'Cot Kernels!

The Food and Drug Section of the California Department of Health wants to require the labeling of apricot kernel packages to indicate whether the kernels have been roasted to remove the cyanide.

The Department is serious about it — a public hearing was held in late February, and the National Health Federation protested the regulation through testimony by Dr. Dean Burk, longtime head of the cytology section of the National Cancer Institute, and NHF General Counsel Kirkpatrick W. Dilling.

A United Press International story quoted Department officials as saying they expected “a large outcry” from Laetrile proponents . . . You bet there’s “a large outcry!” And why not? Dr. Sherwood Lawrence of the Bureau of Food and Drugs told UPI the proposed regulations are “Not a move by the state against Laetrile, but rather a step toward ‘making the public aware’ of the potential danger of eating the kernels.”

Three persons in California were hospitalized after eating the kernels, he said, “we suspect many more are made ill, vomit, get better, and then don’t take so many pits.”

Just who is the doctor trying to kid? If this maneuver isn’t a carefully-planned attempt (some call it plot) to stamp out ‘cot pits, what is it? The bureau and its big-brother counterpart, U.S. FDA managed to hound the makers of Aprikern out of business, now they’re determined to do the same with those processing and selling the untreated kernel. Bureau officials harassed three major food processors, a grower, and several distributors to the point they quit handling the kernels. Then the harassment stopped. Why don’t they have the honesty to admit their game is to choke off the supply?

And while they’re at it, why stop with apricots? Also rich in amygdalin are the kernels of dried prunes, canned ‘cots, plums, peaches. The seeds of raw apples and grapes contain more amygdalin than do apricot kernels. And how about flax and sesame seed, lima beans, the legumes — will they deprive everyone in Chinatown of their mung beans?

Three persons hospitalized, claims Dr. Lawrence. Isn’t that catastrophic! If the bureau were as diligent zeroing in on killer drugs — legal drugs to which human beings become addicted — drugs taken in overdose every day of the year — one at least could have more respect for its officials and policies than when it spends public funds taking apricot kernels away from those who want them.

— D.C.M.

Two New Locations Added to Convention List

On recommendation of NHF President Charles I. Crecelius, the Executive Committee has voted to sponsor two additional regional conventions this year — in Cleveland, Ohio, and St. Petersburg, Fla. The schedule for the remaining events (the Southwest Regional was March 25-27 in Ramada Inn East, Phoenix), as announced by Convention Manager Carole J. Smith follows:

Great Lakes, April 29-May 1, Hollenden House, 6th and Superior, Cleveland; Southern California, May 13-15, Royal Inn on the Wharf, 1355 No. Harbor Dr., San Diego; Northern California, June 24-26, Airport Marina Hotel, 1380 Old Bayshore Highway, Burlingame (San Francisco); Northwest, July 8-10, Sheraton-Portland, Lloyd Center, Portland; Midwest, Sept. 9-11, Holiday Inn, O’Hare Kennedy, 5440 North River Road, Rosemont, Ill. (Chicago); Southeastern, Oct. 7-9, St. Petersburg Hilton, 333 First St. So., St. Petersburg, Fla.; Northeastern, Nov. 18-20, The Roosevelt, Madison Ave. at 45th St., New York.

The regional conventions are two-day affairs, but exhibitors will set up the first of the three (listed) days, and special seminars may be held that evening.

For the third consecutive year, the 23rd annual convention is set for Pasadena Center, 300 E. Green St., Pasadena, Jan. 26-29, 1978.

Weight Reduction Theme of New York Show

The First Annual Diet and Nutrition Show — Diet Expo — will be held in the New York Coliseum the weekend of April 22-24. According to syndicated columnist Rosetta DeGillio, author of the column, “Diet Without Deprivation,” the event will offer visitors opportunity to learn “everything you’ve always wanted to know but have been afraid to ask regarding diet, nutrition, vitamins, and other health-related topics.”

Ms. DeGillio says “it is the first time diet (meaning weight-reduction), nutrition, and exercise will be brought together under the same roof. Most people start their nutritional education for cosmetic purposes, and by acci-

dent discover what feeling good and healthy is all about. That feeling is worth pursuing, and often becomes addictive. Diet Expo will have something for everyone at every level.”

Rosetta DeGillio had enthusiastic words about the NHF convention in New York last fall: “What a treat,” she wrote. “The information was mind-boggling, and the enthusiasm was nearly wild. I stayed for hours and left with an armload of reading materials, samples, and a new awareness of many areas of diet, and nutrition. I was updated on some outdated information, as well. It was an informative, entertaining, and inspiring day.”

and by acci-

Yiamouyiannis-Burk Report Moves Denmark to Action

Although there's been plenty of foot-dragging by U.S. authorities who have not yet faced up to a show-down with the National Cancer Institute on the fluoridation-cancer issue, a third country abroad now has acted to curtail fluoridation.

Dr. Dean Burk has been advised by the Danish newspaper *Information* that following publication in that journal of the work of Dr. Burk and NHF Science Director John A. Yiamouyiannis, Ph.D., Danish health authorities issued a directive prolonging the ban on fluoridation.

In his letter advising Dr. Burk of the action, *Information's* Science Editor Tor Norretranders noted that Danish dentists were asking if the Yiamouyiannis-Burk work had been published "in a scientific journal." It is a "minor point," with him, said Mr. Norretranders, but some dentists challenged the validity of the U.S. scientists' findings if the work had not been published in a professional journal. To the question, Dr. Burk responded:

"... The query as to whether the work has been published in a scientific journal raises the further question — what is a scientific journal? And indeed, could the Danish dentists really give a satisfactory answer? (Socratic method piled on top of Socratic method!). Would they infallibly

know a scientific journal if they saw one? Are journals like *Nature*, *The Lancet*, *New Scientist*, and scores — hundreds — of others like them any less 'scientific' because they are filled with extensive advertising matter? Are the U.S. government's *Congressional Record* or Subcommittee hearings, normally filled with extensive scientific reports (many of them refereed), any the less scientific because, even though containing no advertising, they are filled with much nonscientific matter? Where does, or can, one draw the line? Surely, in any event, it is the scientific content and accuracy that counts — not the incidental added materials. Red herrings are red herrings, and the question raised by the Danish dentists is surely one such.

"However, to answer the question directly rather than semantically — yes, we have published and are publishing our work in 'scientific' journals, as partly indicated in the enclosed Reference (footnote) List taken from p. 7 of our article, 'Fluoridation-Linked Human Cancer Mortality,' sent to you several months ago... The article itself is scheduled to appear in the next issue of *Fluoride*, issued by the International Society for Fluoride Research, which has refereed the article and made some changes acceptable to us, and for

YIAMOUIYANNIS FINDS FLAW IN STATISTIC (S.M.R.) USED BY N.C.I. TO DOWN STUDY

The unreliability of a statistic known as S.M.R. (standardized mortality ratio), widely used for four decades in analyzing mortality data, was revealed in a paper presented by John A. Yiamouyiannis, Ph.D., science director of the National Health Federation, at the Feb. 25 annual meeting in Denver of the American Association for the Advancement of Science.

Given at the Symposium on Fluoride, Dr. Yiamouyiannis prepared the paper in response to an alleged refutation by the National Cancer Institute of the fluoride-cancer link, reported earlier by him and Dr. Dean Burk of Washington, D.C.

"The fallacy of SMRs," he contends, "lies in the fact that *like is not being compared to like*: since the proportion of the cancer death rates at ages contributing to the SMR are not fixed, relative to the reference population, the SMR... can easily be thrown off by heavily weighting... of the cancer death rate component that has gone up highest (proportionately) with respect to the reference population. Such a maneuver could not have been done if the ratios of death rate components (for the populations compared) were comparable to those of the reference population..."

which we already have corrected the galley proof. The article also will appear, as is, in the next issue of *Cancer Control Journal* issued by the Cancer Control Society of Los Angeles. And it has been accepted for publication by the German journal, *Krebsgeschehen*, issued by the German Society for Medical Tumor Therapy, and indeed it probably will appear in other domestic or foreign journals. We have other 'scientific' articles on the way, covering our most recent work...

"I trust the Danish dentists will forgive me, a 'Mayflower descendant,' if I take a pardonable pride in the publications of my own U.S. Government. And I thank you for taking an interest in the subjects

of His Majesty. Denmark surely is not so overpopulated yet that it must adopt the extreme method of public water fluoridation to relieve now such a potential problem."

LONDON LICKS SMOG
London's famous "pea-soup" fogs have vanished, winter darkness has lifted, birds have returned, and grass grows as a result of the 1955 Clean Air Act which banned the burning of raw coal, a course since its introduction in the 9th century. During one week in 1952, polluted air killed 4,703 persons, 90% of whom were past 45. The word "smog" was coined in 1905 by the Smoke Abatement Society, long a crusader for clean air.

Multiple Sclerosis Can Be Overcome!

(Ed. note: By coincidence, two do-it-yourself books on overcoming multiple sclerosis reached *The Bulletin* about the same time. They are presented here, with a suggestion perhaps each has something for the M.S. victim. Otherwise — take your choice!)

Of course we recommend the 83-page book, *Multiple Sclerosis ... Can Be Overcome* (\$2, Raan Press, 117 Nut Bush Dr. West, Greensboro, N.C. 27410) by Jan Porter, mother of three, who recovered completely from an advanced case of this degenerative disease, considered incurable by conventional medicine practitioners.

Mrs. Porter speaks from experience — she "looked like walking death," had reached the point where she sought help through prayer. Directed to "a very unusual doctor who cured the incurable," she was obedient to the prescription: Digestive enzymes, unsaturated fatty acid linoleic, iodine, Vitamin B₆, and niacin. Plus a diet without sugar, processed flours, saturated fats, hydrogenated fats, margarine, sprayed fruits and veggies, preservative-laden foods, drugs,

coffee, tea.

She lists what she *could* eat — and it's long and varied. But as she notes in the introduction — not for everyone: "Not everyone *wants* to get well; not everyone *is willing* to make changes in their lives; and the greater portion *lack the desire* to discipline themselves. For you to whom this does not apply, the challenge is presented."

It's a concise, easy-to-read volume containing three case histories, plus scientific backup for the changes occurring in the body when an individual is willing to "make some changes."

If you suffer from this malady of the central nervous system (brain and spinal cord), or if you have kin or friend who does, and who has a desire to get well — get this book, quickly. It'll be the best investment you can make if there's *will to recover!*

Diet, Exercise and Multiple Sclerosis

BY MARTY KAY

Overcoming Multiple Sclerosis—For Only Pennies a Day, No Doctors, Drugs or Hospitals — is the title of a "how-to" book (The Roadrunners, Ltd., Box 12705, Albuquerque, N.M., paperback, \$4.50) by J. C. Ogilvie who will

have spent 15 years in a wheelchair by the time he walks away from it. The book relates the first year of his uphill struggle to regain health.

For years the author heard from the "experts" that the nerve covering, myelin (destruction of



MR. OGILVIE

which is believed the cause of multiple sclerosis), is incapable of being rebuilt. In this book he tells how he is rebuilding the myelin nerve covering — proved by steadily-improving muscle control.

Described in the first chapters is the requirement of rigorously following what Mr. Ogilvie calls his myelin-rebuilding diet. Principal factor is avoidance of gluten grains: oats, wheat, rye and barley. Also to be avoided are saturated fats, sugar, and such additives as BHT, and BHA. Natural foods are stressed: 'Live' food as opposed to 'dead' foods.

Overcoming Multiple Sclerosis contains more than 20 recipes for such foods as nongluten bread, biscuits, dumplings, cake and even Bean Sprouts Chow Yuk. Hand-in-hand with diet, the author shows that physical therapy is a must, as well as other self-helps.

The program does not work as a "miracle drug," but takes anywhere from one to three years, depending on one's condition. In a recent Associated Press release,

(Ed. note: Mr. Ogilvie sent 100 Multiple Sclerosis Society Chapters a promotional piece describing his book and asking that it be brought to the attention of members. A day before it was released from the bindery, he received a copy of a letter sent to "all chapters and branches" of the National Multiple Sclerosis Society by James Q. Simmons, M.D., MS's director of Medical Programs, stating "It is considered unsuitable for the Society to appear to endorse the book's contents." Dr. Simmons said "the book contains Mr. Ogilvie's thoughts and opinions on the treatment of multiple sclerosis and on a wide range of controversial subjects.")

— titled "M.S. Breakthrough," a researcher was quoted: "It could be many years . . . five, 10, or 15, before we control this disease."

In doing research for the book, Mr. Ogilvie unearthed many fascinating facts: Diabetes victims in the U.S. exceed that of any other country, and sugar consumption is highest here. In both diabetes and sugar consumption per capita, England is in second place.

It is estimated there are 500,000 victims of multiple sclerosis in the United States, and 1½ million in the world. Multiple sclerosis incidence in China, Japan, India and Bangladesh is almost nonexistent.

It is the author's thesis that diet alone makes the difference, and here is the perfect example: Comparatively little gluten grain, food additives and saturated fats

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Memorial Library Makes Its First Donation to Research

The National Health Federation Memorial Library has mailed its first check of \$1,333.22 to Rush Medical College, Chicago, to be added to the Webster-Barnes-endowed Chair.

The money represents the net income on Dr. Broda Barnes' book, *Solved: the Riddle of Heart Attacks*, sold as a result of his television and radio appearances while in Los Angeles for the 22nd annual convention of NHF.

"This is a first for the library," said NHF Executive Vice-President Clinton R. Miller, "and I hope it is followed eventually by hundreds of thousands of dollars — then millions — for research into everything from certified raw milk to desiccated thyroid therapy.

"The library, a tax-exempt institution, is authorized to finance research, and we hope that as the public becomes familiar with this fact, it will become the recipient of generous donations which in turn will be used for grants to conduct the kind of research conventional institutions are not doing.

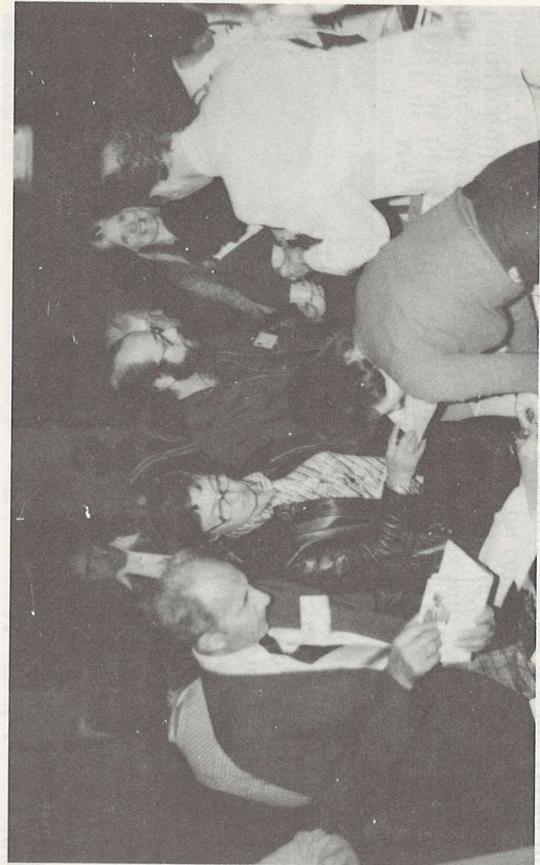
"Dr. Barnes has started to fund an endowed Chair in preventive medicine at Rush Medical College. Income in excess of costs from his book is channelled into it. Those wishing to contribute to thyroid research may make out checks to the NHF Memorial Library, earmarked for that specific research, and the library in turn will make the grant to Rush Medical College. Contributions to the library are tax-exempt."

Dr. and Mrs. Barnes have become perpetual members of the National Health Federation, Mr. Miller announced.

Uranium Production ERDA's 'Main Concern'

In papers presented at the bi-anniversary of the uranium industry's annual seminar in Grand Junction, Colo., federal officials predicted that the demand for nuclear power will require a 74% increase in domestic uranium production during the next 15 years, and an investment of \$21 to \$24 billion. "If this growth comes to pass, the availa-

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GET THE JOB DONE**



After NHF Executive Vice-President Clinton R. Miller had finished his talk, "Where Should NHF Stand on Sassafras?", this tea party was held in the lobby of the auditorium at Pasadena Center during the annual convention. Mr. Miller (in white suit, back to camera) is tending a cup of sassafras tea to a willing drinker. Actually he had several helpers, since there was a sizeable response to the tea party invitation which the NHF official described in a *Let's Live* article in these words: "Americans are pretty sensitive about their herb teas. In some nostalgic way they have tea parties blended with ideas of liberty and freedom. We do not like kings or bureaucrats messing around with our tea drinking. When a tea is unjustly taxed or banned, we get perturbed." FDA banned the use of saffrole and oil of sassafras from use in beverages such as root beer in 1960 after tests revealed saffrole caused cancer in test animals. The agency brought an action against Select Dietary Products to restrain sale of sassafras tea, and until that case is settled FDA says "regulatory action against other lots of sassafras" will be deferred.

ANOTHER DRUG TAKEN OFF MARKET BY FDA

Naprosyn, a leading prescription drug since last March for relief from arthritis pain, is being taken off the market because a key safety study failed to report that the drug produced tumors and lesions in test rats, the Food and

are consumed in the Far East. In England BHT and BHA are outlawed, but in the U.S. everything from potato chips and corn flakes to bacon and peanut butter contains BHT and BHA.

The author deplores the attitude of the establishment (medical profession, hospitals, research staffs) who maintain that multiple sclerosis is uncontrollable.

California Joins States Protecting Nonsmokers

With passage of A.B. 2291, and approval by Governor Brown, California has joined a growing number of states taking legislative action to protect the rights of the majority nonsmoking public from OPS (others people's smoke).

Effective April 1, 1977, the measure requires no-smoking sections in publicly-owned buildings: 20% of the space in restaurants, 50% in "places of public assembly." Also off-limits for smoking (except in lobbies) are theaters and concert halls in publicly-owned buildings, including educational facilities. The measure further requires that personnel in publicly-owned health facilities "make every effort possible" to assign patients to rooms in accordance with smoking or nonsmoking preference. A clause exempting sports events was adopted upon Senate insistence.

Authored by Assemblyman John V. Briggs of Fullerton who in 1974 introduced similar legislation only to see it blocked in the Assembly by the then powerful Willie Brown, chairman of the Ways and Means Committee, A.B. 2291 had the support of the National Health Federation whose President Charles I. Crecelius urged Governor Brown to approve the legislation:

"... We would hope you will sign this bill" he said, "since it would for the first time in California, at the state level, provide

nonsmokers with a measure of protection from the noxious fumes of secondhand tobacco smoke. The health implications have been publicized for a number of years, and your approval of this bill would place California in the ranks of the states who have decided to 'do something' about this condition, which at best is annoying and irritating, at worst a real health hazard for persons with respiratory or cardiovascular disorders..."

Another bill which would have placed an additional one-cent tax on cigarettes, the proceeds (estimated at \$5½ to \$7 million annually) to be used for antismoking education, died in the Ways and Means Committee because of a \$2 million appropriation.

Still another bill, authored by Senator Anthony Beilenson, would have banned smoking in such public places as retail stores including food markets, public areas of health-care facilities, and half the space in public transportation. It would have permitted any citizen to apply for a writ of mandate to compel compliance by any public agency required to designate or post areas where smoking is prohibited or permitted, and to recover costs of the suit including attorney fees. A further provision authorized a reward to persons responsible for "turning in any person who knowingly smokes in a designated nonsmoking area."

Did You miss?

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- () 006 Charlotte Gerson Strauss — "The Gerson Therapy — Total Healing"
- () 007 O. Ed Keene, the Laetrile champion — "Stand Up and Fight"
- () 008 John Ott, Sc.D. — "Exploring the Spectrum"
- () 009 John Yiamoyiannis, Ph.D. — "Latest in the Fluoridation Battle"
- () 010 J. Anthony Morris, Ph.D. — "The Swine Flu Fluke"
- () 012 Dean Burk, Ph.D. — "Laetrile on HEW-FDA GRAS List"
- () 013 Early Bird Session — Clinton Miller, John Yiamoyiannis, Ph.D. and Dean Burk, Ph.D.
- () 014 Paul J. Virgin — "Certified Raw Milk vs. Pasteurized Milk"
- () 015 Charles Walters — "The Case of Eco-Agriculture"
- () 016 John Ott, Sc.D. — "Biological Effect of Temperature"
- () 017 Clyde Juchau and Arthur Furst, Ph.D. — "Chelation Therapy and Chelated Minerals"
- () 018 Kurt Donsbach, N.D., D.C., B.T.S. — "18 Eggs a Day Will Lower Your Cholesterol"
- () 019 Carol Burnett — "Yoga — It's More Fun When You Take It Seriously"
- () 020 Attorney Stanley Crow — "Join the Naturopaths' Action to Crack AMA Monopoly"
- () 021 Charles I. Crecelius — "What NHF Does"
- () 023 Clinton R. Miller — "Early Bird Session — 'Health Testimonials'"
- () 024 Clinton R. Miller — "Where Should NHF Stand on Sassafras?"
- () 025 Charles Crecelius — "Henry's VIII's Herb Charter"
- () 026 J. Raymond Christopher — "The Power of Herbs"
- () 027 Lendon H. Smith, M.D. — "Diet and Behavior"
- () 028 Patricia Bragg w/Jack La Lanne and Joe Feeny — "A Tribute to Paul Bragg"
- () 029 Irl C. Clary, D.D.S. — "Developing Predictive Profiles for Optimizing Cell Health"
- () 030 Betty Lee Morales — "Latest Therapies Used 'Round the World'"
- () 031 Nathan Pritikin, F.A.P.M. — "Live Longer Now"
- () 032 Dr. Alvenia Fulton — "Corrective Nutrition"
- () 033 Dick Gregory — "Health Secrets from the Essenes Gospel"
- () 034 Dr. William A. Ellis — "A Cleansing Program for Super Health"
- () 104 "How to be a Millionaire in Health and Wealth" — by SUPER FITNESS
- () 105 Richard Barmakian — "Hypoglycemia — Your Bondage or Freedom"
- () 106 Richard Passwater, Ph.D. — "Vitamin B-15 and Its Uses"
- () 108 Dean Burk, Ph.D. — "Summary of Five Recent Federal Court Laetrile Victories"
- () 202 "Estate Planning Workshop" — by Lee Barnard & Company
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THIS IS THE NATIONAL HEALTH FEDERATION

The National Health Federation is America's largest, organized, noncommercial health consumer group. It is a nonprofit corporation founded in 1955. Its membership is comprised of men and women in all walks of life, belonging to a variety of religious faiths and political persuasions, and engaged in nearly every profession and trade.

Its members believe that health freedoms are inherently guaranteed to us as human beings, and our right to them as Americans is implied in the words, "life, liberty and the pursuit of happiness." Yet, frequently, these freedoms and rights have been and continue to be violated. Too often, as a result of the unopposed pressures from organized medicine, the chemical industry, pharmaceutical manufacturers, and others, laws and regulations have been imposed which better serve these special-interest groups than the public at large. We see and hear of new instances daily. To name a few: spiraling health-care costs, consumer exploitation by leading industries, excessive devitalization and adulteration of our foods, restriction of certain types of treatment, banning of certain health books from the mails, the harassment of those who advocate natural methods of healing and natural foods, the poisoning of our air, water and soil through greed and carelessness, and many other health-related issues.

The NHF opposes monopoly and compulsion in things related to health where the safety and welfare of others are not concerned. NHF does not oppose nor approve any specific healing profession or their methods, but it does oppose the efforts of one group to restrict the freedom of practice of qualified members of another profession, thus attempting to create a monopoly.

The public needs a strong voice, such as the NHF provides, to speak and act in their behalf in these health-related matters. Legislators need your support to balance the pressures exerted upon them by the special interests. The National Health Federation, through a special legal and legislative staff in Washington, keeps its members apprised of all health legislation, opposes inadequate or undemocratic health legislation, while supporting or drafting bills to protect the individual's health freedom.

Will you join us in this worthy effort?

ELECTED FEDERATION OFFICERS

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Telephone (213) 358-1155

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Betty Lee Morales — Secretary

Dorothy B. Hart — Vice-President

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Opinions expressed in **The Bulletin** are those of the writers of the articles and are not necessarily the opinion of the National Health Federation.

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Thank you for your cooperation!

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Every family in America should belong to the National Health Federation to —

1. Support the principle of freedom of choice and liberty in health matters.
2. Be a part of a strong and united consumer's voice in all health matters.
3. Work for beneficial and needed health legislation and, at the same time, oppose proposals which are detrimental to the health interests of the people or which do not provide for equality of recognition of all legally established health professions.
4. Support a united effort to reduce the cost of health care.
5. Oppose insults upon our ecology which have an impact on health.
6. Oppose the use of chemical food additives which have not been proved absolutely safe or which are not needed.
7. Secure fair and impartial enforcement of food and drug laws and regulations.
8. Insist that all monies raised for health research and care be used exclusively for these purposes.
9. Compel all health fund-raising organizations to disclose in an annual report, the amount of funds collected and how the funds were expended.

THESE ARE THE THINGS THE NATIONAL HEALTH FEDERATION IS ORGANIZED TO DO — JOIN ITS RANKS AND TAKE PART IN THIS VITAL EFFORT ON BEHALF OF YOURSELF AND OF ALL AMERICA.

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