

National Health Federation

BULLETIN

NHF PLEDGES \$5,000 TO AID GREENS' FIGHT TO GIVE CHAD METABOLIC THERAPY



LOS ANGELES TIMES PHOTO

CHAD GREEN

'PROUD MEDICS WHO THINK THEY KNOW EVERYTHING' — BACKED BY MASSACHUSETTS COURTS — FORCED GERALD & DIANA GREEN TO FLEE TO MEXICO WHERE CHAD'S UNDER TREATMENT AT CONTRERAS' DEL MAR CLINIC IN TIJUANA

HOLISTIC-ORIENTED DOCTORS ORGANIZE

Norman Shealy Heads New Group Whose Philosophy Focuses On 'Integration of Body, Mind, Emotions, Spirit'; Headquarters in Wisconsin; Dr. Birds in Charge of West Coast Office



DR. SHEALY

RICHARDSON ATTACKS CORONER'S 'LAETRILE DEATH' FINDINGS
BLUE CROSS ORDERED TO REIMBURSE FOR LAETRILE TREATMENT
THE NHF STORY FOR '78: PRESIDENT, STAFF REPORT

THE
NATIONAL HEALTH FEDERATION
BULLETIN

Protection of Health Freedoms

Published Monthly

Volume XXV — Number 4

April 1979

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The Bulletin serves its readers as a forum for the presentation and discussion of important health issues including the presentation of minority or conflicting points of view, rather than by publishing only material on which a consensus has been reached. All articles published in the NHF Bulletin — including news, comments and book reviews — reflect the individual views of the authors and not necessarily official points of view adopted by the Federation.

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National Health Federation Bulletin, published monthly January through December, except July-August which are combined, at 212 West Foothill Boulevard, Monrovia, California 91016, by National Health Federation, a nonprofit corporation. Don C. Matchan, Editor. \$7.50 of the \$10.00 annual membership is paid as a yearly subscription to the National Health Federation Bulletin. Single copies, 50 cents. Second-class postage paid at Monrovia, California 91016.

In Mexico Where They Fled With Chad, Mrs. Green Says

MASSACHUSETTS MEDICS 'PROUD, THINK THEY KNOW EVERYTHING'

When a Massachusetts judge ruled January 23 that 3-year-old Chad Green would be prohibited from receiving Laetrile, enzymes, and vitamins to combat his cancer, the child's parents, Gerald and Diana Green, fled the United States, and two days later (January 25) showed up at the Del Mar Clinic in Tijuana, Mexico, where they asked Dr. Ernesto Contreras to treat Chad's leukemia.

For nearly a year the Greens have been pawns in the hands of state authorities and medics who insist, along with the Food and Drug Administration, that Laetrile is worthless.

Last April Judge Guy Volterra ordered the Greens to submit Chad to chemotherapy treatment. After a series of court appearances, in mid-summer he designated the child as a ward of the state, and while permitting Chad to live with them, forced him to submit to twice-a-week chemotherapy treatment.

Surreptitiously, the Greens subsequently placed their son on metabolic therapy. This, they were convinced, was helpful in alleviating the side-effects of the drugs he was receiving, including prednisone — which according to the Physician's Desk Reference, can cause liver damage, and according to Dr. James R. Privitera, "depresses" the immune system.

Three times the Greens went into court to try to overturn the ruling forcing the child to be a ward of the state. At a hearing early in January, doctors appearing as witnesses for the State of Massachusetts testified that Chad had suffered liver damage, and blamed it on "the cyanide in Laetrile." This was the testimony Judge Volterra chose to believe.

GREENS FACED WITH CONTEMPT CHARGES

Although Gerald and Diana Green are not faced with kidnaping charges — because of Department of Justice policy — they have been charged with contempt of court for leaving Massachusetts and providing metabolic therapy for Chad in Mexico.

On January 30 the Massachusetts Appeals Court upheld Judge Guy Volterra's ruling prohibiting Chad from further Laetrile treatment. The Appeals Court judges rejected the argument by Greens' Attorney George Donovan who maintained the courts lack authority to overrule the parents' constitutional right to select medical care for their son.

Assistant Attorney General Jonathan Brant opposed that argument, citing earlier court decisions that have restricted the rights of parents to prescribe medical treatment for their children.

SO THEY LEFT

Faced with the order to halt Laetrile/enzyme/vitamin therapy, the Greens decided within 24 hours to whisk Chad out of Massachusetts and get him to Dr. Contreras for Laetrile treatment.

When it was learned in Scituate, Mass., that the Greens were gone, the judge ordered their attorney, George Donovan, to try to find them. Later in the day Assistant Attorney General Jonathan Brant asked the Justice Department to issue a federal kidnaping warrant against the couple. This the Justice Department refused to do. In

the words of U.S. Attorney Edward F. Harrington, "It is contrary to the policy of the Department of Justice to charge parents for allegedly kidnaping their own child."

Two days later — perhaps in response to public indignation — Mr. Brant told the press no state charges would be filed against the Greens. "We are not seeking to punish the Greens, we are trying to find a way to protect the child," he said.

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After the Appeals Court decision was rendered, Judge Volterra, on motion of the State, cited Greens for contempt of court and gave them a week to return with Chad to Massachusetts for chemotherapy treatment.

In Tijuana, Mr. Green told reporters "we will not return to Massachusetts to have our child legally murdered. Contempt of court — what does it mean? We made our decision to save our son's life, and we have no intention of returning."

HOW THEY FEEL

In an emotionally-worded statement in Scituate, Mrs. Hollis Green, Gerald's step-mother, told the press January 25 that her son and daughter-in-law were "distracted" over the court banning the use of Laetrile therapy.

"I know they have gone against the law," she told reporters, "but their personal law has been violated. They have

been slapped in the face. I think that, in a sense, now they are free . . . They said a long time ago, 'How could anyone live in this state of Massachusetts? There is too much power and too little love.'"

A note left by the Greens, found by the grandparents on returning home after dinner the evening of Jan. 24, said the Greens had taken Chad away to protect him from "any further ignorance and pride, greed and violence . . . We all know that we cannot endanger Chad's life and comply with the court order that would not allow us to give him nutritional support. It is clear that the politics involved would take (the loss of) our son's life in stride, as we are to be made public examples."

The news that the Greens had reached Tijuana spread quickly, and a swarm of newsmen converged on the Del Mar Clinic to chronicle the story which now was getting international coverage.

After Chad had received his first 250-mg. injection of Laetrile and had undergone blood, urine, and bone-marrow tests at the hospital, Mrs. Green a deeply-religious person, told the press she and her husband had decided to take their son to Mexico as a "last, desperate, drastic act." If taking him to a Laetrile clinic "includes being a criminal, well, then I'll be a criminal."

She said she is "not really bitter about what has happened. What saddens me is that all these doctors (in Massachusetts) are so proud that they think they already know everything, and won't work together against this disease."

Asked how he got into Mexico, Mr. Green replied, "That's my top secret." He said he believed that "as soon as we step across the border, they'll nab us."

While at the clinic, he said Chad was to receive two injections of Laetrile daily.

If it meant depriving Chad of Laetrile, Mr. Green said he and his wife "were going to go against the court order. His chances of living are 50-50, doctors

NHF PLEDGES \$5,000 FOR CHAD'S LEGAL DEFENSE

If you think Gerald and Diana Green are deserving of support in their struggle to maintain personal integrity — and perhaps save the life of their son — in the face of the year-long maneuvering of Massachusetts authorities to keep 3-year-old Chad a medical captive, please send a check to the Chad Green Fund, National Health Federation, Box 688, Monrovia, Calif. 91016.

Apparently under heavy public pressure as a result of the "image" created by asking for a kidnaping warrant from the Department of Justice, the Massachusetts Attorney General's office two days later said it was "not seeking to punish the Greens, only to protect the child." But the attorney general made no attempt to seek a reversal of the ruling that made Chad a ward of the state and denied his parents the right to use metabolic therapy.

In the belief it would meet with the hearty approval of the membership, the Board of Governors at its annual meeting in January, on motion of Max Huberman, voted to allocate \$5,000 for legal fees to help the Greens regain the legal right in the United States to select the kind of treatment — including metabolic (Laetrile/enzyme/vitamin/diet) therapy — they wish for their son.

When the Greens first encountered the hostility of the medical-political establishment a year ago, they contacted NHF Science Director John A. Yiamouyiannis, Ph.D., who helped raise about \$2,000 via television and rallies. He also arranged for their appearance at the New England regional convention in Connecticut.

SUPREME COURT AGREES TO RULE IN LAETRILE CASE

The National Health Federation is helping to finance preparation of the brief submitted to the U.S. Supreme Court which has agreed to rule on the right of the Food and Drug Administra-

tion to withhold Laetrile from terminal-ly-ill cancer patients who want it.

As an amicus curiae (friend-of-the-court) participant, NHF General Counsel Kirkpatrick W. Dilling was authorized by the NHF Executive Committee to file a brief in the Rutherford case which dates back to 1975 when Judge Luther Bohanon ruled terminal cancer patients have the right to use Laetrile if they wish. (Other organizations, as recommended by Mr. Dilling, have been asked to enter the case as friends-of-court also).

Judge Bohanon's decision was upheld by the U.S. Court of Appeals in Denver last July, when its judges ruled that concepts of safety and effectiveness, when applied to terminally-ill patients, are "essentially meaningless."

On behalf of the Court of Appeals, Chief Judge Oliver Seth wrote: "What can 'effective' mean if the person . . . is

have told us. With this treatment, we think Chad's chances of surviving are much better."

When asked if he could afford to keep Chad on the Laetrile treatment, the 27-year-old Mr. Green, a welder in Scituate, replied: "I have things I can do. I'll just have to support my family the best way I can. At this point, I don't know what I'll do. But I really don't care how much I have to spend. Whether I'm in debt until I'm dead is not important, so long as Chad lives. That's all that matters to me."

The Greens said there is a fund in New England, and "we'll be getting money from that as long as it lasts."

New York Court Orders Blue Cross to Pay for Laetrile Treatment

For the first time since the use of amygdalin in cancer treatment became an issue, Blue Cross and Blue Shield in New York have been ordered in civil court to pay for Laetrile treatments administered at the Bircher-Benner Clinic in Zurich, Switzerland.

Blue Cross argued that Brigitta Bruell's treatments were not medically necessary, but Judge Francis Pecora ruled it is not the insurance company's place to "second-guess a doctor." Blue Cross, he said, is "misguidedly engaged in a long protracted imbroglio over (Mrs. Bruell's) suffering, perhaps

going to die regardless of what may be done?"

This is the ruling the Supreme Court agreed to review. A decision is expected by June or July.

The FDA and the Justice Department told the high court the government must "protect" even the terminally ill. "The vulnerable psychological state of cancer patients may make them particularly susceptible to unfounded claims, and thus create a special need for protection from ineffective drugs," the court was told.

And in a separate friend-of-the-court brief, the American Cancer Society contended that dying persons have "a right not to be exploited."

The Food and Drug Administration, doggedly refusing to bow to the ruling of courts, and the will of 17 state legislatures that Laetrile should be legalized, carried the case to the Supreme Court, which in the past has never ruled against the FDA. If the court had rejected FDA's petition for a review of the case, the Appeals Court ruling would have remained law. And if the decision goes against FDA, it will still be the law.

dying, body."

According to the *New York Post*, Judge Pecora had not been told that Mrs. Bruell, 43, formerly of New York, had returned to her native Austria after a month in Switzerland and died in early September, the day her lawyer sought Judge Pecora's ruling. The cancer metastasized to the left lung after a mastectomy of the left breast.

"A patient has a right to rely on the physician's decision as to what types of treatment are necessary," Judge Pecora ruled, ordering Blue Cross to pay \$3,464.70 to Mrs. Bruell's estate.

Reported Hal Davis in the *Post*: "... He called the Blue Cross argument more 'creative' than legitimate. The insurance firm wanted its doctors to testify they would not have prescribed Laetrile, which is not approved as effective by its 'medical advisory board,' or by the U.S. Food and Drug Administration. But Judge Pecora said health insurance should not depend on 'the whim and caprice of a medical advisory board, whoever they may be.'"

Blue Cross will appeal, charging the judge "never gave us a day in court." In another case, Blue Cross and Blue Shield refused to pay for Laetrile therapy for 9-year-old Joey Hofbauer.

LIFE MEMBERSHIP TO BE \$250 NEXT YEAR

There'll never be another bargain like the National Health Federation's life membership at \$100. And if you're considering becoming a life member, now's the time to do it, because after December 31, the price will become \$250, the Executive Committee has voted.

Scripps Scientist Excited Over Japanese Benzaldehyde Research

Although he does not believe Laetrile should be "approved" by the government, Dr. Andrew A. Benson of Scripps Institution of Oceanography, U.C. La Jolla, Calif., is excited over the research of a scientist friend in Tokyo who reports that the benzaldehyde in amygdalin (Laetrile) is the active agent attacking tumors. He wants that researched right now!

Dr. Benson told *San Diego Tribune* Columnist Neil Morgan about the material he had received from Dr. Kenji Sakaguchi, Tokyo, and said he had written Senator Alan Cranston warning him that "a new storm of protest" against the Food and Drug Administration may develop because of its opposition to Laetrile.

San Diego Union Medical Science Writer Cliff Smith followed up with a page-one story three days later.

LAETRILE WON'T BE MADE IN KANSAS EVEN IF IT'S LEGAL, THANKS TO FDA

Since the U.S. Food and Drug Administration has banned interstate shipment of apricot and peach kernels for use in making Laetrile, and since this fruit is not grown in quantity in Kansas, there is "little or no prospect that it will ever be produced in Kansas," the Associated Press reported.

Over the objections of the state Bureau of Epidemiology, the legislature legalized Laetrile and Governor Robert Bennett permitted it to become law, so a special rules committee reviewed the Department of Health and Environment's proposed rules for manufacturing and selling Laetrile in the state.

The Bureau's letter to DHE noted that

Dr. Benson told Mr. Smith he had not been a Laetrile proponent, (but) "they have a good argument now . . . if Sakaguchi is right, and it's really benzaldehyde which is active against cancer, then Laetrile won't do any good until it gets (chemically) split. It might not get split well enough until it's in the gut with the bacteria.

"So the way patients have been taking Laetrile, they got a fair dose of benzaldehyde and maybe that could have been effective. My view is that we shouldn't pooh-pooh the Laetrile business. I don't think it should be approved, now that it seems benzaldehyde is one step better. There is no sense using an old model when the new one . . . costs \$2 a gallon and the daily dose is a couple of drops.

"I would rather skip the Laetrile investigation and pour the money into

even if Laetrile were to be manufactured in Kansas, it would have "virtually no financial impact on the state, either from registration fees or taxes on the product."

The Department proposes to charge a \$2,500 registration fee for manufacturers of Laetrile the first year, and \$1,000 annually thereafter. Those applying for licenses to sell it would be charged a \$10 annual registration fee. Manufacturers would be permitted to charge a price for Laetrile equal to cost of production plus a 25% profit. Doctors administering it would not be permitted to make a profit on the substance.

Cyanide-Benzaldehyde Combo Needed — McNaughton

Andrew R. L. McNaughton, whose foundation since 1970 has been trying to persuade federal officials to clinically test Laetrile, says the role of benzaldehyde has been known for many years.

A paper, published in December 1971 in *Minerva Medica* (Vol. 13, No. 12, 520-522), was presented by Dr. Dean Burk, the McNaughton Foundation, and Dr. Manfred Von Ardenne of Dresden, East Germany, at the Third International Symposium on Loco-Regional Treatment of Tumors, in Turin, Italy, in October 1969.

"We have found, said the paper, "that a concentration of either cyanide alone, or benzaldehyde alone, is far less effective in killing or disturbing metabolically eric ascites cells in vitro than is either (1) the equivalent concentration of amygdalin plus a small amount of beta glucosidase, or (2) the equivalent concentration of cyanide and benzaldehyde added together. In other words, the toxic effects of amygdalin-glucosidase on such cells are due mainly to a synergism between cyanide and benzaldehyde, formed by this combination.

"The important contribution of the benzaldehyde component has escaped attention in previous literature on amygdalin. This finding throws a new light on the hitherto-proposed modes of action of amygdalin that will necessitate an extension of general thinking on the subject." . . .

showing that Sakaguchi and Kochi are either right or wrong . . . We need to get the National Institute of Health going on this."

Dr. Benson said he has contacted a colleague in this country — an expert on the surface properties and chemistry of transform cells — who may be able to "initiate investigations into benzaldehyde."

The story goes on to say that benzaldehyde "is an inexpensive natural chemical present in many fruits and nuts — and also in Laetrile, the extract of apricot pits . . ."

A professor of biology, associate director of Scripps Institution from 1966 to 1970, and director of the Physiological Research Laboratory through December 1976, Dr. Benson is noted for his work on plant photosynthesis. With a Ph.D. in organic chemistry and neurophysiology, and author of 160 scientific publications on photosynthesis, the synthesis of labeled organic compounds, isotope applications in agricultural research, new plant lipids, membrane research, and the applications of neutron activation in biochemical analysis, he is a member of

the National Academy of Sciences' National Research Council Committee on Medical and Biological Effects of Environmental Pollutants.

He considers the research of Dr. Sakaguchi "a promising find," and emphasizes that while he is "not a cancer expert, Dr. Sakaguchi is." They worked together at Scripps for two years in the early 1960s.

Dr. Mutsuyuki Kochi, a colleague of Dr. Sakaguchi, reported in a paper delivered last fall before the International Cancer Congress in Buenos Aires that at least 100 cancer patients have been treated with benzaldehyde over the past three years, with "up to a 30% increase in recovery rate."

Dr. Kochi reported banzaldehyde effective against two lung cancers - adenocarcinoma and squamous cell carcinoma, as well as malignant lymphomas, multiple myeloma, and leukemia.

"The findings were that the component in figs which causes cancer cells to stop growing is benzaldehyde," Dr. Benson said. "If you open a bottle of almond extract, you smell benzaldehyde, which when bonded with cyanide

Only 3 'Confirmed Laetrile Deaths,' Says FDA

Autopsy Did Not Test for Amygdalin But State Blames Death on Laetrile

As might have been expected, the death of a California breast cancer patient who chose to use Laetrile (to keep from being "deformed") instead of surgery, irradiation or chemotherapy, has resulted in a new attack on the substance.

The Alameda County Coroner's office reported to the California Bureau of Food and Drugs that Mrs. Jo Anne Etta Pye, 42, died last December 3 from accidental cyanide poisoning. And State Medical Investigator Michael Bogumill promptly promised an investigation, with possible "sanctions."

Mr. Bogumill told the press on February 8 that the coroner's report "shows she definitely died of cyanide and that it was from Laetrile. This was shown conclusively."

What Mr. Bogumill apparently did not know was that the coroner's office did not test for amygdalin during the autopsy. *The Bulletin* asked Chief Deputy Coroner Roland W. Prael for the amygdalin content in the blood, and Mr. Prael said no test was given for amygdalin (Laetrile) — in fact, he said, "what is amygdalin, may I ask?"

Contacted in Washington, by *The Bulletin*, Dr. Dean Burk confirmed that a level of 3.8 micrograms per milliliter in the blood — which translates to 380 micrograms per 100 milliliters, is

forms amygdalin. That's the component of bitter almonds, and this is what everyone agrees Laetrile is."

Dr. Benson said other experiments by the Japanese researchers showed that cancerous "transform cells," produced by exposing cultured rat cells to a special virus, stop growing when exposed to a dilute solution of benzaldehyde. Normal rat cells grown in laboratory dishes were unaffected by the chemical.

enough to cause death. The lethal dose range, he said, is 200 to 500 micrograms per 100 milliliters.

If Mrs. Pye took an overdose of Laetrile tablets — and there is no hard evidence that she did — death would come quickly. Cyanide does not remain in the body. When ingested, it forms thiocyanate, and is excreted through the urine.

"I am willing to bet anything that she didn't die having taken — say two grams — of Laetrile," said Dr. Burk. "It is true, I always suggest that people stick to no more than one gram at any one time. If she died of cyanide poisoning, the question is, where did the cyanide come from? There are other sources of cyanide, such as potassium cyanide, sodium cyanide."

The coroner's office was quoted in the *Los Angeles Times* as saying Mrs. Pye had taken "massive doses of Laetrile."

But when asked about the quote, Mr. Prael said he had been "misinterpreted," that he had said she took "an amount of Laetrile." He acknowledged that no one knows precisely what amount was taken, and since an amygdalin test was not made during autopsy, it cannot be accurately stated that the cyanide came from amygdalin.

PAINFUL DEATH

Cyanide is a very common form of suicide, Dr. Burk said, adding that it is a "very painful one." It is a "kind of slow strangulation. It takes 5 to 10 minutes for the cyanide to fully get around to where it stops the oxygen from getting there, or being used when it has. It blocks the ability to use oxygen. It does combine with the hemoglobin, in part."

Dr. Burk also said, "Nobody has ever died of Laetrile having taken what is known as a reasonable or ordinary dose — or many times that dose, as a matter of fact.

'AVOIDED KNIFE'

Mrs. Pye had been treating her cancer for at least two years. In 1976 she was accompanied by her 14-year-old daughter, DeNeil, to Mexico for instruction in the Gerson therapy. She was a patient at the Del Mar (Contreras) Clinic in Tijuana, she went to the Philippines for "psychosurgery," obtained Laetrile in Chula Vista (San Diego County), and at the Richardson Center in Albany.

She could not accept surgery as a means of treatment. Her former hus-

band, Robert Pye, said "She was trying every avenue possible to avoid the knife. She was willing to try anything rather than be 'deformed,' as she put it."

The autopsy showed "carcinoma of the left breast; metastases to the left axilla (armpit) lymph nodes, internal mammary lymph nodes, and invasion of the chest wall; carcinoma of the right breast, probably metastatic; carcinoma involving the soft tissue of the right axilla; acute congestion and edema of the lung; acute congestion of liver and kidneys; cyanide odor to the body cavity; and a fatty change of the liver."

'NOT A PROVEN CASE OF CYANIDE POISONING,' SAYS RICHARDSON

John Richardson, M.D., whose license was suspended following conviction on Laetrile "conspiracy" charges in 1976, disagrees with Dr. Burk that Mrs. Pye was a victim of cyanide poisoning, and says "we don't know the cause of death and probably never will know it because the evidence has been destroyed."

"It is not a proven cyanide death, it is not a proven amygdalin death," he told *The Bulletin*. "I believe this is coming from those hostile to amygdalin who want to prejudice the hearings in the Privitera (California Supreme Court) case, and the Bohanon case (before the U.S. Supreme Court).

"It is a beautiful case of bureaucratic sloppiness, at best. The worst piece of objective pathology I've ever seen."

Quoting from Arena's textbook on toxicology, Dr. Richardson said the lethal dosage of cyanide for an adult male weighing 150 pounds is 50 to 100 milligrams per 100 cc of blood.

"Fifty milligrams is .8 milligrams percent per 100 cc of fluid. 3.8 micrograms per milliliter equals .38 milligrams percent per 100 cc, which is less than half the toxic dose (of 50%)."

"There are other factors, too. In his working notes, Dr. (P. W.) Herrmann described the mucous membrane as NR (not remarkable). In a cyanide poi-

soning, the membrane would have been ripped up.

"Why, if the case as reported in the coroner's report was 'under investigation,' was not evidence preserved? Why was the body cremated the day after examination? Why wasn't it frozen? Or why weren't sufficient samples of blood and tissue taken and preserved? Why were there no tests for amygdalin, or for Laetrile? What kind of cyanide was found? Was it potassium cyanide, or sodium cyanide?"

"In amygdalin there is no free hydrogen cyanide. Rhodanese picks up the cyanide, it becomes nontoxic thio-cyanate, and most of it leaves the body through the urine."

Dr. Richardson is critical also of the fact the coroner's office "did not talk with the doctor who administered to Mrs. Pye. He talked with a staff member, but not the doctor. Again I wonder why not?"

"This woman did not die of proven cyanide poisoning or of proven amygdalin poisoning. Since the evidence has been destroyed, we probably never will know what caused her death."

He said a class action suit is being considered against Alameda County and the coroner, that "unless this sort of thing is stopped, there will be more spurious reports for the purpose of prejudicing the courts."

HOLISTIC-ORIENTED PHYSICIANS FORM NATIONAL ORGANIZATION

Recognizing the increased interest in the concept of holism — integration of body, mind, emotions, and spirit — and aware that "an age of specialization has caused many persons to feel fragmented in their attitudes toward and reception of medical care," physicians conscious of the need for a holistic approach have organized the American Holistic Medical Association.

Headquartered in Wisconsin (Route 2, Welsh Coulee, La Crosse 54601, telephone 608-786-0611), membership is open to licensed physicians, interns and residents (M.D.s and D.O.s), and to medical or osteopathic students who also are members of any national physicians' organization, and are sponsored by three AHMA members. Barbara L. McCullough is executive secretary.

Officers are C. Norman Shealy, M.D., Ph.D., president; Gladys McGarey, M.D., vice-president; W. Lindsay Jacob, M.D., secretary; Jerry L. Dickey, D.O., treasurer.

Trustees serving 11 regions include Richard P. Ingrassi, M.D., Helen Greenleaf, M.D., Warren Ross, M.D., Terry S. Friedmann, M.D., Heather Morgan, M.D., Lyle Brooks, M.D., Hugh Riordan, M.D., H. G. Whittington, M.D., Valentine Birds, M.D., James McNeill, M.D., D. W. Branigan, M.D., and the following members-at-large: Robert A. Anderson, M.D., Harvey Bigelsen, M.D., Carol Englander, M.D., Mary Kelly, M.D., Richard Svihus, M.D.; and J. Tashof Bernton, student intern.

A West Coast office of AHMA has been opened, with Dr. Birds as director. The office will provide interested persons with referrals to doctors subscribing to the philosophy of (w) holistic medicine. The address: 1000 E. Broadway, Glendale, Calif. 91205.

The association attracts physicians "interested in utilizing safe alternatives

to drugs and surgery when appropriate." It "emphasizes the value of looking at the whole person, including analysis of physical, nutritional, environmental, emotional, spiritual, and lifestyle values, in addition to using traditional medical modalities."

CODE OF ETHICS

Seven points comprise the AHMA code of ethics:

- "The physician should render service to humanity with full respect for the dignity of mankind in general and the total individual in particular. Physicians should consider total needs of patients, directing treatment toward the total person: body, mind and spirit, with treatment directed at all times in the patient's best interest.

- "Physicians should continually strive to improve their skill and medical knowledge, and make their attainments available to patients.

- "Physicians should recognize that patients have an inalienable right to share in making decisions pertaining to treatment. Physicians should guide and educate patients toward this goal, and actively encourage them to share in responsibility for their care.

- "The AHMA should safeguard the public and itself against persons deficient in moral character or competence. Physicians shall observe the law, uphold the dignity of the Association, and fully accept its self-imposed disciplines.

- "Physicians may advertise where legal, but in doing so should be guided by principles of dignity and good taste. Advertising never should promise improvement or cure, or be self-laudatory.

- "A physician has the right to practice all responsible methods of

Pain Specialist Shealy, Prolific Writer

AHMA President Norman Shealy, M.D., Ph.D., has been involved in clinical research of pain for more than a decade.

The 46-year-old founder and senior dolorologist of the Pain and Health Rehabilitation Center in La Crosse, is senior medical consultant of Pain Control Centers, Inc., Minneapolis; president of Biogenic Institutes of America, Inc.; and clinical associate, Department of Psychology, University of Wisconsin, La Crosse.

A native of South Carolina, he was graduated from Duke University in 1952. A Phi Beta Kappa, he earned a medical degree at Duke in 1956, specializing in neurosurgery.

A prolific writer, he has turned out 56 published papers, coauthored 53, written four books, cocauthored two, and written chapters for several other books.

treatment. There is the obligation, however, to determine the efficiency and safety of such procedures, and to acquire any skills or training necessary for delivery of such care.

- "A physician shall not reveal confidences entrusted, or deficiencies observed in a patient's character unless required to do so by law, or unless it becomes necessary to protect the welfare of the individual or the community. The American Holistic Medical Association shall vigorously uphold this principle, and actively resist attempts aimed at its erosion."

ACTIVITIES, GOALS

AHMA educational activities include three national conferences a year; continuing medical education; certificate programs in nutrition (NHF Board Chairman Kurt W. Donsbach is on the nutrition faculty), physical exercise, and self-regulation; a newsletter; a journal; and a directory of holistic physicians to assist in referring patients who relocate.

"Long-range goals" are listed as follows: "Quality education in holistic medicine, a holistic health-maintenance service, self-insurance to avoid exploitation, and patient insurance which rewards positive health behavior."

CONFERENCE PROGRAM

A four-day Western Regional Conference demonstrating holistic health healing for "Practical Management of

Stress-Related Problems" was held in San Francisco in January, sponsored by AHMA and cosponsored by the American Society of Contemporary Medicine and Surgery, and Biogenic Institutes of America.

Morning programs featured these speakers: Dr. Shealy — "Transition: Facing the Inevitable Changes in Modern Medicine"; William McGarey, M.D. — "Holistic Concepts in Application of Health Modalities"; Rose Gladden — "Cooperation Between Doctors and Spiritual Healers in England"; Dennis M. Warren, J.D. — "The Legal Implication of Holism."

Gerald G. Jampolsky, M.D. — "A Course in Miracles: Its Application in Children With Catastrophic Illness"; Evarts G. Loomis, M.D. — "Holistic Rehabilitation and High-Level Wellness"; Hector Prestera, M.D. — "Body Language: Determining the Emotional Status of the Patient from Body Structure"; Dr. Bigelsen — "A Theoretical Approach to Mind-Body Relationships of Disease, and Its Practical Application."

Marshall Fram, M.D. — "Overview of the New Holistic Health Revolution"; Richard Kroening, M.D. — "Endorphins"; Jerry Looney, M.D. — "The Patient's Mind/Body — Newest/Oldest Health Resource"; George Sheehan, M.D. — "Running and Being"; Gladys McGarey, M.D. — "The Holistic Family — Physician Experience"; Leonard J.

NINE ELECTED TO NHF BOARD OF GOVERNORS FOR 3-YEAR TERMS

Election of nine members of its Board of Governors was announced during the 24th annual convention of the National Health Federation in Long Beach.

Three are new to the governing board: Max Huberman, Youngstown, Ohio; Robert S. Mendelsohn, M.D., Evanston, Ill.; and Attorney John Remington Graham, Brainerd, Minn. They will serve through 1981.

Others reelected for the three-year term include Dave Ajay, Citrus Heights, Calif.; G. E. "Gus" Heidemann, Addison, Ill.; Ida Honorof, Sherman Oaks, Calif.; Dr. Raymond H. Houser, San Diego; Lorraine Rosenthal, Los Angeles; and Paul J. Virgin, City of Industry, Calif.

The 18 other members of the board are Charles I. Crecelius, Monrovia, Calif.; Attorney Kirkpatrick W. Dilling, Chicago; Dr. Kurt W. Donsbach, Huntington Beach, Calif.; William A. Ellis, D.O., Arlington, Texas; Ray Evers, M.D., Montgomery, Ala.; G. Edward Griffin, Westlake, Calif.; Dorothy B.

EXECUTIVE COMMITTEE

Reelected to serve during 1979 as officers of the Board of Governors' Executive Committee are Dr. Kurt W. Donsbach, chairman; Charles I. Crecelius, president; Dorothy B. Hart, vice-president; Betty Lee Morales, secretary; and Paul J. Virgin, treasurer. Raymond H. Houser was reappointed as the member-at-large member.

Hart, Palm Springs, Calif.; Bruce Helvie, Cincinnati, Ohio; Bob Hoffman, York, Pa.; Victor Earl Irons, Cottonwood, Calif.; Dr. Bernard Jensen, Escondido, Calif.; Terry Lemerond, Green Bay, Wis.; Dr. Emory Thurston, Fallbrook, Calif.; Mary Lou Martin, Bronx, N.Y.; Andrew R. L. McNaughton, San Ysidro, Calif.; Toni Mohamed, Carmichael, Calif.; Betty Lee Morales, Topanga, Calif.; James R. Privitera, M.D., Covina, Calif.

FDA SAYS THEY DON'T HAVE TO TELL YOU

In the last issue of *The Journal* we reported that some cosmetic products contained cancer-causing agents, but that the FDA doesn't require cosmetics manufacturers to list ingredients on the label.

Duhl, M.D. — "Making Whole Health for the New Epoch"; Dr. Shealy — "The Role of Medicine: Are We Ready for the New Renaissance?"

Afternoons were devoted to sessions on acupuncture; alternative healing; biofeedback; body training; exercise and body conditioning; nutrition and diet; osteopathy — philosophy and techniques; physiotherapy — body massage techniques; chef workshop.

Here is a list of products that contain ingredients linked to cancer and birth defects: Aim toothpaste, Grecian Formula 16 hair dye, Clairol Kindness Instant Protein Hair Conditioner, Clinique Clarifying Lotion 2, Helena Rubinstein Contour Lift Film, Ultra Feminine Emollient Cleansing Cream EDTA, Max Factor Super Lash and Eye Pencil, Revlon Super Crystalline Nail Enamel, and Maxi-Wear Nail Guard.

— *The Nutritional Journal*

Tact is the ability to tell a man he's open-minded when you really think he has a hole in his head.

— F. G. KERNAN

NHF BOARD OF GOVERNORS ASKS NCI FOR TWO LAETRILE TESTS

With 20 of its 27-members present — the largest attendance at an annual meeting in the experience of Chairman Kurt W. Donsbach who has been on the board since 1964 — the Board of Governors of the National Health Federation met the evening of January 18 on the Queen Mary in Long Beach — headquarters of the 24th annual convention.

At the meeting, chaired by Dr. Donsbach, the 1978 board met first, considered several issues, including the so-called "Laetrile issue." It was agreed that NHF recommend to the National Cancer Institute that in the testing of Laetrile (amygdalin), NCI do one study using metabolic therapy, enzymes, diet, and Laetrile; and another study using Laetrile alone.

The chairman named a committee to submit to NCI a protocol for such testing. Members are Andrew R. L. McNaughton, Dr. Robert S. Mendelsohn, Dr. Ray Evers, Dr. William Ellis, and Dr. Harold W. Manner.

There was discussion regarding communication between the Executive Committee and the other board members, and it was agreed that on issues in which time is not a factor, and when deemed necessary, policy issues will be circulated to board members for a vote.

It was suggested by Dave Ajay that the Executive Committee be enlarged and that a policy of voting by mail, to include all board members, be adopted. However the board instead approved a motion by Dr. H. Ray Evers to maintain the size of the Committee at six, and that board members be polled at the will of the Committee.

After seating of the new board, a motion was approved to adopt a budget of \$914,660, an increase of 10% over 1978 expenditures.

Executive Vice-President Clinton R.

Miller proposed that the Federation provide leadership in a Washington D.C. movement to encourage nonpayment of water bills to protest fluoridation there. Payments would be placed in an escrow account with a bank. General Counsel Kirkpatrick W. Dilling, who has researched the matter, reported that a suit could be instituted at the time such a protest might be mounted — led perhaps by Dick Gregory — charging that adding fluoride to water does not fall within the "constructive purposes of a public utility — which is to provide good service and pure water." (Approval of such a protest was voted later by the NHF Executive Committee, with the understanding its role would be to "orchestrate" the campaign.

After a plea, and motion, by Max Huberman, the board voted unanimously to allocate \$5,000 for the defense of the Chad Green case, because "it is clear freedom-of-choice" that if the parents wish, they have the right to see that their son receives metabolic therapy, and conventional therapy if deemed proper by Dr. Ernesto Contreras, and other physicians.

There was discussion as to the NHF position on national health insurance. Signifying opposition to it in any form, board members rejected a motion by Mr. Huberman that the organization "refuse to support a national health insurance plan unless there is equal input into the program from all branches of the healing art — medical and otherwise."

In attendance were these board members: Dave Ajay, Dr. Ellis, President Charles I. Crecelius, Chairman Kurt W. Donsbach, Dr. Evers, Mr. Griffin, Vice-President Dorothy B. Hart, Ida Honorof, Paul J. Virgin, Ray Houser, Mr. Huberman, V. Earl Irons, Dr. Bernard Jensen,

NHF Subcommittee Will Press for 'Honest, Effective' Laetrile Test

A subcommittee of the Executive Committee of the National Health Federation to establish liaison with the National Cancer Institute with the goal of providing input into the decision-making process at NCI as it prepares to test Laetrile was named at the January 25 meeting.

Serving will be Board Member Andrew R. L. McNaughton, who proposed the idea, and Executive Committee Members Dr. Kurt W. Donsbach, Charles I. Crecelius, Betty Lee Morales, and Paul J. Virgin. Acting as scientific advisors will be Dr. Robert Mendelsohn, Dr. H. Ray Evers, Dr. William Ellis, and Dr. Harold W. Manner.

The subcommittee will report to the full Executive Committee in the course of its work on the Laetrile project.

In proposing formation of the panel, Mr. McNaughton pointed out to the Executive Committee that "the National Health Federation for some time past has been playing a leading role in the orderly development of Laetrile within the United States. It is essential that NHF decisions be soundly based on accurate information.

"A special project subcommittee acting as advisors on Laetrile problems will be able to provide information to NHF staff and the Board of Governors so the Board will be in position to make informed and intelligent decisions, vitally necessary if the potential of the Laetriles in the prevention and control of cancer is to be fully realized."

Terry Lemerond, Dr. Emory Thurston, Mary Lou Martin, Mr. McNaughton, W. E. "Slim" Taylor, Dr. Mendelsohn, and NHF Secretary Betty Lee Morales. Trudy Engel was present with a proxy from Bob Hoffman who was in Hawaii receiving an award.

Mr. McNaughton would like to see "less confrontation and more cooperation — albeit in a wary and cautious manner."

Commenting on formation of the subcommittee, NHF President Charles I. Crecelius said: "Our objective in the past has been to focus attention on the fact that in the controversy over Laetrile's use, the government position has been a voice in opposition to Laetrile. This required that voices be raised in defense of freedom of choice. Our hope is that these voices can work together to develop a procedure which would result in an honest and effective test of Laetrile's role in the treatment of malignancies."

LETTER TO DR. UPTON

Mr. McNaughton has been in communication with NCI officials since it was announced the Institute would test Laetrile. His position was stated in a letter dated Oct. 3, 1978, to NCI Director Dr. Arthur C. Upton, in which he set forth "grave misgivings as to whether the prospective human clinical trials will accomplish the objective (of resolving the Laetrile issue 'once and for all.')

He said in part: "Our misgivings lie primarily in the following areas:

"(1) The specifications and sources of the Laetrile (amygdalin) to be used in the proposed trials.

"(2) The criteria for selection of patients.

"(3) The proposed clinical protocols, i.e.: Laetrile alone; Laetrile as a central factor in a metabolic therapeutic rationale; routes of Laetrile administration — I.V. and/or oral, etc.

"(4) The criteria for interpretation of the results of the clinical trials.

"No doubt," he continued, "you will be inundated with advice from many sources as to how you should set up,

carry out, and interpret results of the trials. Some will insist that Laetrile be treated like any other 'drug' administered alone to terminal cancer patients 'for whom more conventional therapies can offer no further hope.' Others will insist that the true value of Laetrile can be demonstrated only by regarding this material, not as a 'magic bullet,' but as a central factor in a therapeutic rationale which includes various other specified components.

"Obviously the decisions you make with respect to the NCI-Laetrile tests have political as well as scientific implications and repercussions. Should Laetrile fail in tests carried out in a conventional manner — or — should Laetrile succeed in tests carried out according to 'metabolic' protocols as demanded by many Laetrile proponents — either way a controversy will remain.

"My own feeling is that the decision you have made to carry out clinical trials with Laetrile should signal the commencement of a new era — an era of cooperation in place of confrontation. An era where problems and misunderstandings can be resolved in honest and open face-to-face discussions.

"It seems to me that an effective way to commence this new era would be to set up a joint NCI-Laetrile Proponents' Committee which could serve to define the mutual problems, clarify the misunderstandings, and, importantly, provide you personally with well-considered recommendations with respect to the conduct of the Laetrile trials.

"In this manner, my personal dream — now shared by many thousands of persons — for the orderly development of the Laetriles within the medical and scientific establishment, would commence to become a reality. In no other manner will the American people finally be satisfied."

AN EARNEST PLEA

Among other letters written to Dr. Upton on this subject was one by Frank

K. Seely Jr., 675 Pracht St., Ashland, Ore., whose 43-year-old wife, Nancy, lost her life last fall after a two-year struggle with breast cancer.

Mr. Seely took to task the attitude of Dr. Vincent T. DeVita Jr., director of the NCI Division of Cancer Treatment, who publicly stated when the proposed testing of Laetrile was announced, that he found the idea "uninteresting."

The Oregon man told of learning about alternative therapies only a short time before Mrs. Seely was in the final stages of the illness, "too late to hope for a reversal of the disease, as it had spread to the liver and bones."

He took her to Dr. Mario Soto, "a chemotherapist as well as an oncologist at Clinica Cydel in Tijuana, who indicated in confidence that the disease was too widespread, but he could certainly take the pain away and reduce the nausea.

"After the first eight treatments I was able to take Nancy off codein and put her on darvon. The nausea also ceased. By the end of the second week, the pain of the cancer had also disappeared. During the last two weeks of her life when the cancer manifested itself with a major loss of speech, plugged ears, inability to control eye muscles, mass fluid on the lungs, stomach, liver, throat, and bone involvement, she had no pain. My point here is that to me, it was *effective*, and not only 'interesting,' but a blessing.

"My plea to you is not to just test Laetrile alone, but do combine it with the other elements of the metabolic therapy program — a controlled diet, enzyme therapy, and megadoses of certain vitamins such as A and C. The unorthodox physicians south of the border would be the first to agree that by testing Laetrile alone, it probably would not put tumors into remission. However, as in my case, it would be *effective* just in eliminating or reducing pain — a single fact that thousands of

President's Report to Board of Governors, Membership

SIGNIFICANT ACHIEVEMENTS FOR NHF IN 1978, CRECELIUS REPORTS

BY CHARLES I. CRECELIUS
President
National Health Federation

First, we want to express our thanks and appreciation to God for His guidance and blessings during 1978.

As most of you know, the \$10 annual membership dues paid by NHF members are not sufficient to carry out the legal and legislative projects which have brought such satisfying results. These are made possible only by special fund-raising efforts at conventions, or direct mailings to members.

We are careful in selecting projects, often wishing we could tackle more "giants." When any project is not adequately supported, it must be set aside. We urge the continued support of NHF members for these most important

major efforts.

In 1978 we participated in and won more court battles than ever before in our history. Details of the two most significant cases will be given by other staff members. It is sufficient here to say that the victory in the Joey Hofbauer case established the right of parents to choose their child's cancer treatment.

Prior to this decision by the courts, the state had made plans to take Joey away from his parents and force conventional treatment upon him. Reasonable observers have long known that the State makes a very poor parent!

The Pittsburgh trial exposed the pro-fluoridation "experts" and pointed out their complete lack of scientific evidence to support their position. We have found the Achilles heel of this

patients in America would pray for.

"I question the federal search which turned up only six cases where Laetrile caused improvement. The statement as is may be true, but what about a federal search which deals with the *total metabolic approach* . . . ?

"I was in a position to talk with 40 or 50 patients during my four-week stay in Mexico, of whom many showed remarkable improvement. One woman in particular who had developed Hodgkins Disease when she was 20, and was given six months to live, was aware of the treatment in Mexico and immediately went to the Del Mar Clinic. Dr. Contreras put her into complete remission, and she has been on Laetrile for the past 15 years. Last January her supply ran low and she was unable to continue for a month or so at the prescribed level, and the disease started rearing its ugly head. She immediately

returned to the clinic, and after six weeks in the hospital was back in remission. I met her in August when she was down for her six-month checkup, and she was given a clean bill of health. Again — the point I want to make: give this total metabolic program a chance, and administer it to some *early* cancer patients rather than the desperately-terminal ones

"Finally, it may ultimately turn out that much of the success of the metabolic therapy program results from psychological ramifications. But what is wrong with that? I have heard that half the battle of cancer is the patient's attitude, and the personal commitment to beating it. How strong this aspect of the battle is, we may never know.

"Thanks for listening. Let's all pray that we can *all* come together in fighting this dreadful disease."

blind-endorsement-propaganda movement. It is clearly the beginning of the end of fluoridation in the world.

There is growing evidence, however, that the establishment considers the fluoridation controversy one of the most important issues. Newspapers cancelled syndicated columns after an article questioned the wisdom of fluoridation, while radio and TV programs were given poorer time slots or had the number of programs reduced after they dared cover the issue in depth.

If this was all the activity we had to report, it still could be termed an especially productive year — but there is much, much more.

We have helped to point out the sloppy drug-approval procedures that prevail. Assisted honest and courageous Sloan-Kettering employees who exposed that institution's coverup of favorable Laetrile experiment results. Told our members how big science and government bureaucracy cooperate to manipulate truth, and have condemned junk food propaganda, while reporting on efforts around the nation to improve nutrition in schools.

NHF has opposed efforts by FDA and FTC to eliminate the words "health," "natural," and "organic," food in advertising. Through this move, the processed-food monopoly would hope to tie the hands of those in the health-food movement and prevent them from giving their message to the public. This type of action always tells us that those who know the difference are growing in numbers much faster than the food processors and their government supporters of these restrictive proposed regulations would like to see, or can permit to exist. When the threat is great enough, they move to destroy.

LAETRILE ACTIVITY

We have participated in Laetrile action brought before Judge Bohanon's court, and resulting appeals. When NCI announced its proposal to evaluate 200

to 300 Laetrile patient results, NHF asked that persons sincerely interested in fairness and in winning a freedom-of-choice victory, not cooperate. The project started without valid protocol, and all existing evidence in support of Laetrile — including animal experiments — was ignored or denied. Not a very honest beginning.

Then when Donald Kennedy, Ph.D., head of the FDA, stated there would be a test of Laetrile to prove once and for all that it was worthless, we felt a preview of the intended purpose had been announced. Since all official health spokesmen have consistently maintained that anecdotal records are worthless as evidence of efficacy, it was surprising to see NCI officials now saying in effect they would objectively evaluate this type of information.

Then, since professionals with Laetrile experience were banned from helping set up protocol or from participating in the final evaluations and reporting, we were forced to agree with Dr. Kennedy that it was indeed a stacked deck designed to prove once and for all that Laetrile is worthless!

The interest created in the entrapment case of Georgana Elliott, a health-food proprietor in Sacramento, set the climate which later resulted in passage of the first state legislation permitting the giving of nutritional advice. In the past, to provide such advice resulted in charges of practicing medicine without a license. NHF played a major role in building the ground swell that brought about this victory.

We encourage all our Chapters and members who believe they can approach legislators in their states to sponsor similar legislation, to ask NHF for a copy of the bill which became law in California.

As you read in the *NHF Bulletin* that some victory is won in any state, do not hesitate to write for details which might supply information that could be adapted for introduction of legislation in

your own state legislature.

MENTAL HEALTH

Joining with other organizations, we prevented passage of dangerous mental health legislation at the federal level. Bad legislation in this field always contains provisions permitting the one suspected of being mentally ill to be whisked away and observed by psychiatrists, or subjected to treatments from which life-long damage can result. Some ingenious and devastating treatments have been devised.

Whatever happened to the minister, the priest, the rabbi, and the spiritual, moral and emotional help which used to be available? Have they abdicated? Our people are united in their understanding of the need for separation of Church and State, the need for separation of Psychiatry and State, Medicine and State, or any other *monopoly* that has or might wish to control by government bureaucracy.

BUREAUCRATIC IRONY

The average American endowed with a measure of common sense is confused and hard pressed to understand the workings of bureaucracy, and no wonder when \$60 million is given in subsidies to tobacco growers while \$30 million is proposed by HEW Secretary Califano for a campaign to discourage Americans from smoking! Add to this the \$70 million spent to promote the overseas sale of tobacco, and one can view in clear perspective the confused state of the bureaucratic art.

Or consider the position of FDA Commissioner Donald Kennedy, Ph.D., who came flat out against "so-called natural or health foods," while at the same time issuing words of kindness for food additives. With bureaucrats in all areas trying to set up their own dictatorship over some phase of our lives, it is clear that much activity in defense of our health freedoms lies ahead.

Threats in all issues covered in this and other staff reports can be anticipated in the coming year, with some ad-

ditional ones not yet conceived. Our motto will be "Eternal Vigilance the Price of Liberty."

OTHER ADVANCES

NHF has made possible the publication — *Public Scrutiny*. It will assist in the exposure of those things the bureaucrats would hope to keep from the American people.

We are proud of the achievements of the National Health Federation Memorial Library. It has already secured and cataloged an impressive list of valuable books and periodicals. These are available for use in the Library by students and other interested persons. Its valuable research projects will have much to do with guiding future, sound, health practices.

This research has been shunned by the multimillions of dollars available from foundations and government grants. Not only has orthodox money been withheld from these worthy projects, but their prestigious journals have refused to publish results.

The establishment's fear is that research findings would point out new approaches in dealing with our growing degenerative problems — approaches they might not be able to monopolize. Additional details of the work done by the Memorial Library may be obtained from NHF Memorial Library, P.O.Box 191, Monrovia, Calif. 91016.

Progress has not been achieved without the combined effort of capable and dedicated staff. Special mention must be made of the creative and follow-up abilities of Clinton R. Miller, executive vice-president, and John A. Yiamouyiannis, Ph.D., science director, along with the wise guidance of the Executive Committee, and the excellent reporting done by Don C. Matchan, editor, *NHF Bulletin*, and Mark Lockman, editor, *Public Scrutiny*.

Special thanks must go to Dorothy B. Hart, vice-president, who once again is volunteering her time to assist at the Federation headquarters wherever she

Vitamin Bill, Hofbauer Victories for NHF Prove 'the System Works'

By CLINTON R. MILLER
Executive Vice-President
National Health Federation

January 1, 1978 we completed our 16th year with the National Health Federation. For the first 14 years ('62 - '76) we were vice-president and legislative advocate in charge of the Washington, D.C. office. As America's first health-freedom lobbyist, we developed new inexpensive techniques — first to educate, then to motivate hundreds of thousands of aware health-minded consumers to write and otherwise influence their Congressmen to support good and oppose bad health bills. As a result, the Proxmire-Schweiker Vitamin Bill and other major federal legislation were enacted with NHF networking consumer approval.

The last two years we have been executive vice-president of NHF, with some new duties added to the old ones. We have been directed by the NHF Executive Committee to increase NHF's lobby activity at the state level. This we have done.

In 1978 NHF worked successfully with the officers and members of the National Nutritional Foods Association to get a California bill enacted which legalized nutritional counseling by those who sell vitamin-mineral supplements, and made it clear this is not

is needed; and to Helena Biava who served as my secretary for several years and is again giving us special assistance in many areas where needed.

May each of you enjoy a great 1979, and may this be the best year ever for health freedom! With your help, and God's continued blessings, we at NHF will plan to make it happen.

practicing medicine without a license. This bill will go a long way to prevent harassment of health-food store operators with hidden tape recorders by state health officials trying to entrap them. It is a first and long step forward toward broader legislation which will someday allow full and truthful labeling and advertising of all health-food products.

To legalize Laetrile (amygdalin), NHF has strongly supported the state-by-state lobby activity of the Committee for Freedom of Choice. As a result, we now have 17 states which have legalized Laetrile. In the order in which they defied the U.S. Food and Drug Administration and the Orthodox Cancer Establishment, the states are: Alaska, Indiana, Florida, Arkansas, Nevada, Texas, Washington, Oklahoma, Delaware, Louisiana, New Hampshire, Oregon, Illinois, New Jersey, Kansas, Idaho, and Maryland.

Michigan passed the bill in the lower house just before the end of the year. North Dakota is the first state in 1979 to start Laetrile hearings.

In 1978, at our recommendation, NHF went to the state and federal courts in major Laetrile (amygdalin) lawsuits.

U.S. VERSUS EARTHCO

Late in 1978 NHF entered litigation in an important suit before the Honorable Harry Pregerson's U.S. District Court for the Central District of California. The United States of America is plaintiff against Earthco Corporation and Alfonso G. Nunez, an individual who has a small business selling whole apricot kernels and ground kernels in gelatin capsules.

The government wants to ban all but prescription sales of apricot kernels, whole or ground. It is an exceedingly

important case. If we win it in the courts, it will be a miracle. If we don't, we will have to go back to the legislature and draft a new law.

NHF's general counsel, Kirkpatrick W. Dilling, is defending Mr. Nunez and Earthco. Expert defense witnesses who testified that apricot kernels are a food are Bruce Halstead, M.D., Harold Manner, Ph.D., and Benjamin H. Ershoff, Ph.D.

Frankly, the odds against winning the Nunez case are high. The unpleasant truth is that another judge, Malcolm N. Lucas, in a previous case, ruled in favor of the United States and against General Research Laboratories which sold defatted apricot kernels in capsules. Judge Lucas ruled apricot kernels are an unsafe food additive. In spite of the odds, we recommended and the Executive Committee voted, that NHF should enter this suit because of its tremendous significance.

THE HOFBAUER VICTORY

At our recommendation, the Executive Committee voted unanimously to authorize us to raise funds to pick up legal costs for the defense of Joey Hofbauer right at the point where Joey's parents, John and Mary Hofbauer, had exhausted their savings, mortgaged their home to the hilt and borrowed all they could from friends and relatives. Just at the moment when it appeared the Hofbauers would have to give up, NHF took up their legal burden. They could not begin to pay or even borrow for the tremendous legal bills, nor pay to bring the expert witnesses which would be required to testify in their behalf. The generosity of NHF members was, as expected, overwhelmingly supportive, and most of the Hofbauers' legal bills have been paid as of Jan. 1, 1979.

The Hofbauer trial was the right issue before the right courts with the right family defended by the right attorneys in the right way with the right expert witnesses. From beginning to end,

everything went right. We won, and we won big!

The Hofbauer trial is one of the sweetest, most significant court victories in NHF history. It will have a phenomenal impact in defending the sanctity of the family against intrusions by those who would treat all children as wards of the state. It is hard to decide who deserves the greatest thanks, praise, and credit for the history-making victory.

HONORABLE, JUST JUDGES

Judge Loren Brown gave a decision that will be quoted as precedent *hundreds* of years from now. Yet the panel of five appellate judges who unani- mously upheld his decision are equally honorable.

This is the first time in the history of the United States that any appellate court has ruled that orthodox conventional therapy for cancer or any other disease can be deleterious to health. And we must not forget to thank the enemy for appealing the case, because this increased its precedent value a thousandfold.

Mr. Dilling and Leslie Couch, NHF attorneys, cross-examined the expert witnesses of the multi-billion dollar medical establishment, discrediting them, and impeaching their testimony under oath.

GREAT SCIENTISTS

NHF's expert witnesses are scientists. They told the truth and were believed by the court. Drs. Burk, Halstead, Roberts, and Manner exposed the myths, lies, and half-truths of the exponents of force and poison.

Dr. Michael Schachter risked his career to treat Joey Hofbauer publicly with Laetrile (amygdalin) and nutritional therapy. The case pivoted upon the Hofbauers' having a licensed doctor courageous enough to give their son an alternative therapy.

A TRULY GREAT FAMILY

This family stood together under the most incredible financial and social

stress. They didn't waiver. Their willingness to sacrifice to move to another state rather than submit to tyranny was crucial to the case. Their tenacity and dependability gave NHF time to rally the economic and moral support for the legal victory.

THE PRESS

The local press and other media was accurate, sympathetic, supportive, fair, and gave front-page, top-priority to the news coverage.

AND NHF

The unit that brought all these forces together was NHF. Our members, through our publications, understood the Hofbauer issue, supported it financially, and made the system work.

The ink on the Hofbauer decision wasn't dry before it was used by Texas Attorney Dorothy Sharpe and NHF's Kirkpatrick Dilling to defend 17-year-old Dwight Kehrer in Texas from being denied Laetrile or being forced to have his brain radiated for a brain tumor.

With the Hofbauer victory behind us, NHF also has moved to support 3-year-old Chad Green of Massachusetts who has leukemia. State medical authorities want to force him to take toxic therapy exclusively. His parents want combined chemo, metabolic, and nutritional therapy. John Remington Graham, of the Pittsburgh fluoridation trial fame, and local counsel Donovan are the competent attorneys in this case.

A similar Arizona custody case was won, with assistance of the local NHF chapter. Parents had fled from Massachusetts to Florida and thence to Arizona to escape compulsory toxic chemo and radiation therapy for the nine-year-old child, Marc Garippa.

The victories in those three states are not finalized yet, but, with the Hofbauer precedent, we know we will win.

THE SYSTEM WORKS

The unmeasurable beneficial side effect of the Hofbauer court victory is the same as that which followed the

Proxmire vitamin victory in Congress. NHF has again and again proved the system works, and we know how to make it work. The Congress works. The courts work. Our stunning victories against seemingly overwhelming odds inspire other freedom-fighters who have almost despaired, to fight on with renewed faith that they can and will win if they follow NHF's formula and example. NHF has given genuine hope to millions that civilization and decency are not going down the drain, and tyrants can be curbed if people will just sacrifice enough time and money and use their "smarts" to make our constitutional form of government work.

NEW PUBLICATION

At our recommendation, NHF started a new publication in 1978. We called it *P.S. for Public Scrutiny*. At the end of the year we have nearly 5,000 paid subscriptions.

Mark Lockman came to us at the recommendation of Mrs. Maureen Salaman who has given hundreds of hours and traveled thousands of miles at her own expense to serve as assistant editor. Together they have put out a hard-hitting, lively tabloid. *P.S.* has filled in a gap by good investigative reporting. Laetrile (amygdalin) is temporarily receiving major emphasis in *P.S.*, but only until a major victory has been won.

P.S. advertisers have been increasingly supportive. *P.S.* has run from 16 to 32 pages. Over 30,000 issues were distributed each month for the past 12 months.

NHF BULLETIN

NHF's monthly *Bulletin* is edited by Don Matchan. Many compliments for this superb publication and its editor flow over my desk. With a long work week, Don has kept printing costs down and quality high. We recommend he be given a first-rate secretary and are looking for someone to fill the spot, full- or part-time.

JAMES TURNER

For the past two years James Turner has been on a modest retainer to represent NHF in Washington, D.C. on high-priority matters. Mr. Turner has been legal counsel defending Dr. Anthony Morris, fired from a top FDA scientific post for first warning FDA officials, and when they didn't respond, blowing the whistle to the press and Congress to warn citizens about the death and paralytic dangers of the swine flu fiasco. As a top priority, NHF supports Mr. Turner's legal case to have Dr. Morris reinstated with full back pay. Through Turner and Morris, NHF learned early about the swine flu dangers, and warned NHF members.

We haven't been able to pick up a tithe of the legal fees involved in the Morris case but have given financial and legal support to the extent we have been able. Mr. Turner has given us valuable counsel on regulations proposed and pending before the Federal Trade Commission, the Food and Drug Administration, and other agencies.

CONVENTION DEPARTMENT

Allen Goldman has set and met high goals of excellence in the convention department. He has organized the largest conventions in NHF's history, and is constantly upgrading the quality. Allen is a round peg in a round hole. He is a guidance counselor's dream. He loves his work, thrives under stress, and is

entitled to the "most improved player-of-the-year" award for 1978. He has been quick to learn how NHF runs big shows on small budgets.

Carol Biasotti is Allen's most competent assistant, and deserves equal credit for the well-run conventions.

THE THREE MUSKETEERS

Over the past 16 years we have recommended that NHF hire and carefully groom and train competent young people to take over future leadership of NHF. We take great pride in the three young musketeers — Dr. John Yiamouyiannis, science director; Allen Goldman, convention manager; and Mark Lockman, editor of *Public Scrutiny*. They have brought fresh, new optimism and energy to our programs.

STAFF AND DOROTHY HART

We have about 25 full-time members on NHF's staff. Dorothy Hart is resident-member of the Executive Committee. She works full-time without pay. Dorothy has demanded high standards and hard work from a staff that is only too glad to follow her example. We have a superlative team. The staff works with enthusiasm and loyalty. Turnover is low. They know the importance of the work they are doing. We are trying our best to do the bidding of the Board of Governors and its Executive Committee as directed by NHF President Charles Crecelius.

Chinese Health/Fitness Conference Set

A "historical and contemporary view of Chinese health practices which together form a total approach to health and body fitness for body, mind, and spirit" is the theme of the Fourth U.S. Conference on Chinese Total Health and Fitness to be held April 20-22 in the Airport Hilton, San Francisco.

Eighteen speakers will cover such topics as "Pain Control," "Cosmetic

Acupuncture," "Chinese Herbal Medicine," "Acupressure," "Rejuvenation," "The Tao of Sexology," "Meditation and Relaxation for Mind/Body Wholeness," and "Chinese Martial Arts." The conference will be followed on April 23 by four one-day courses: "Acupressure in Depth," "The Chinese Way to Lose Weight and Stay Slim," "Acupuncture for Podiatrists," and "Veterinary Acupuncture."

Pittsburgh Case 'Signals End to Fluoridation Worldwide,' He Says

BY JOHN YIAMOUIYIANNIS, Ph.D.
Science Director
National Health Federation

In 1978, the Hon. John P. Flaherty, after hearing testimony by top experts on both sides of the fluoridation issue from all over the world, ruled that fluoridation is unsafe and ordered a halt to fluoridation in the western suburbs of Pittsburgh.

The significance of this case is that — with the burden of proof on our shoulders — we were able to show, by a preponderance of the evidence, that fluoride is harmful. In his Opinion, Judge Flaherty stated: "Point by point, every criticism defendants made of the Burk-Yiamouyiannis Study was met and explained by the plaintiffs. Often, the point was turned around against defendants. In short, this Court was compellingly convinced of the" (harmful effects of fluoride).

According to University of Kansas Historian H. Lewis McKinney, "This is one of the most significant trials in the history of science, and, as for its direct impact on humanity, it is probably the most important scientific trial in history."

As a practical matter, this case signals the end of fluoridation, not only nationwide but worldwide. However, it goes further. It shows the lack of wisdom of forcing upon our fellow citizens any health modality, no matter how safe "authorities" may claim it is.

Furthermore, it is a victory of science over politics. Judge Flaherty showed great courage in turning aside the pomp and puffery of the National Cancer Institute, the Royal College of Physicians, the National Academy of Sci-

ences, Oxford University, the Royal Statistical Society, the University of Newcastle-on-Tyne, the University of Rochester, the National Institute of Dental Research, and the University of Pittsburgh, each of which was represented at the hearing by witnesses for the defendants. Instead, Judge Flaherty listened to the substance of what these spokesmen were saying, and on this basis, as well as on the basis of our case — conducted most brilliantly by Attorney John Remington Graham, including testimony by Dr. Dean Burk, Dr. Aly Mohamed, Dr. George Wald-bott and your science director — ruled that fluoridation is unsafe and should be stopped.

Your science director had the privilege of serving as science counsel during the entire case, briefing Mr. Graham on various scientific aspects and sitting by his side during the entire court proceeding giving him on-the-spot advice during direct- and cross-examination.

Finally, your science director is grateful that fate and the National Health Federation offered him the opportunity to have participated in this historic event.

This is not to say however that the war is over. While the Pittsburgh case is the Gettysburg of the fluoridation fight, much work remains to be done. Judge Flaherty's decision must be defended to the U.S. Supreme Court if the other side decides to take it that far.

In the meantime, armed with Judge Flaherty's decision on the facts, which is not appealable, your science director plans to cross the country meeting with governing bodies of cities and states to get them to stop fluoridation. In some cases, suits similar to the one

in Pittsburgh will have to be filed.

Events have made 1979 the crucial year for the defeat of fluoridation. Fluoridation must now become the No. 1 priority of the National Health Federation, which should raise the unprecedented amount of \$500,000 in order to see this campaign through to a successful conclusion. Only with the National Health Federation functioning as a finely-tuned machine can we expect success in the fluoridation fight — a fight which, if won, will be the cornerstone for health freedoms. The National Health Federation Board of Governors through their diligent deliberation, must now make the decision whether or not the National Health Federation will take its rightful place in history.

The significance of this case so far outshines any other occurrences in 1978 that the remainder will be presented in extremely abbreviated form.

ELECTIONS

Fluoridation elections were in large part sacrificed to allow time for trial preparations in Pittsburgh. The results clearly illustrate that where we had time to campaign, we won; where we didn't, we lost.

In the campaigns in which your science director was actively involved, fluoridation was stopped in Oneida, N.Y., Wichita, Kan., and Houston, Texas, and was discontinued in Flagstaff, Ariz., and Jersey City, N.J.

In the campaigns in which I was not actively involved, fluoridation was retained in Marin County, Calif., and Florence, Ore. And it was approved in Portland, Ore., Gloucester, Mass., and a small town in Arkansas.

The big heartbreak was Portland — 80,000 for fluoridation to 78,000 against — where campaigning was not sufficient to win the victory For referendum campaigns to be won, a well-organized, well-financed campaign must be laid out. Your science director feels, however, that the Pittsburgh decision of November 16, 1978, which

came on the heels of the elections will serve to stop fluoridation in all areas in which it was voted in.

IN OTHER ACTIONS

1. Michigan became the first state to repeal mandatory fluoridation.

2. Minnesota Governor Rudy Perpich set up a 3-man panel to study the adverse effects of fluoridation, and your science director has been made an advisor to the panel.

3. Michigan is now setting up a similar panel.

4. A suit spearheaded by Ms. Ida Honorof with an assist from your science director was won. It chastised Los Angeles County for illegally interfering with the 1975 Los Angeles fluoridation election.

PUBLICATIONS

Your science director has been published this year in *The Lancet*, *Chemical Abstracts*, *Chemical and Engineering News*, and *Health Street Journal*, among other places. His work has been publicized worldwide, including national AP and UPI wires, BBC, and has been picked up by leading columnists such as James J. Kilpatrick, Nicholas Von Hoffman, and others.

OTHER PROJECTS

1. A libel suit against Consumers Union has been filed.

2. With the help of your science director, the New England Convention was a smashing success, the Great Lakes Regional, a moderate success.

3. Attempts to get tooth-decay rate data promised by the World Health Organization has met with no success.

4. Work begun on a Fluoridation filmstrip and a Health Food Handbook has not been completed.

SMOG DOES IT

Cars and trucks produce more than 50% of the carbon monoxide, oxides of nitrogen and hydrocarbons that cause an estimated \$55 million damage annually to California crops, the state Transportation Commission reported.

PUBLIC SCRUTINY PAID LIST AT 4,200 BY END OF FIRST YEAR

BY MARK LOCKMAN
Editor
Public Scrutiny

Public Scrutiny, now in its 13th issue, has been, in my estimation, a success.

After the first year of publication, we have 4,200 paid-up subscribers, and our advertising revenue has begun to pay for the paper.

My goal has been to put the Laetrile controversy in terms the average person can understand, with a minimum of technical and medical language. I am completely satisfied with my co-workers and the editorial freedom and trust afforded me by the National Health Federation.

From the start, *PS* has been an adventure and a challenge. It was the first time in my news-writing career that I have been given such total responsibility for a publication. This I deeply appreciate.

PS has been, to say the least, controversial. I don't believe in soft-pedaling any issue where human life and

liberty is at stake. In response to some criticism that the paper is "too much Laetrile" and not enough about practical health matters, I have sought to add a little balance by publishing Dr. Kurt W. Donsbach's "Vitamin of the Month" column, and covering any health issue that involves government repression of free choice in matters pertaining to personal health.

I intend to continue the format and contents of *PS* as evident in the past year. The only changes will be for purposes of economy. The size of the paper will always be determined by the amount of advertising. A 16-page paper, for instance, must contain about \$4,000 in advertising. I believe we can count on 20 pages in the near future, on a regular basis. Nina Mills is acting as advertising agent for *PS* and receives a commission on all advertisements she obtains. This arrangement is new, but appears to be working out better every day.

My goal for 1979 is to be able to report a paid-up subscription list of 10,000.

Publisher Drops Antiquackery Pamphlet

Channing L. Bete Co. of Greenfield, Mass., has dropped the marketing and distribution of the pamphlet, "Beware of Health Quackery," circulation of which in San Diego County (Calif.) precipitated a lawsuit against Sheriff John F. Duffy by National Nutritional Foods Association (January 1979 *Bulletin*).

Although the sheriff still has not said he will accede to the request of NNFA President David T. Ajay to cease circulating the pamphlet and to recall those he has distributed, NNFA Attorney Robert Ullman was notified in a letter from J. Michael Cahill, Channing L. Bete Co. vice-president of administration and planning, that the company has "decided to cease all marketing and distribution of this title immediately."

The remaining inventory, he further noted, will be "discarded," (which means Sheriff Duffy won't be able to replenish his supply from that source. Ed.)

And, Mr. Cahill told Mr. Ullman, should the pamphlet be revised, "NNFA participation would be welcomed."

Conventions Important Educational Tool in NHF's Expanding Program

BY ALLEN T. GOLDMAN
Convention Manager
National Health Federation

Thank you for the opportunity to share with you this annual report of the Convention Department . . . I would also like to take this opportunity to thank Clinton R. Miller whose daily guidance and keen judgment has benefited me in many respects; Carol Biasotti whose loyalty, dedication and secretarial skills have added greatly to the success of the Convention Department; and to the entire NHF "family" which has contributed immeasurably to the success of all conventions held during 1978.

Since a presentation was not made to the Board of Governors or Executive Committee during the Annual Meeting of 1978, this . . . report covers a 17-month time-span and 16 conventions — 13 regional conventions in 12 different cities, one national, and to some extent, the Annual Convention being held this weekend.

During 1978 the convention department has been greatly improved and streamlined in all facets of its operation; developed multitudes of winning formulas, and made significant contributions to the health and awareness of holistic principles to people throughout the U.S.

This past 17-month period has seen the NHF cover more than 45,000 miles to 12 major cities. Some 5.8 million consumers have been exposed to either the NHF, the upcoming convention within that given region, and/or a medical/health breakthrough announced at the time of the convention.

It is estimated that more than 2.2 million pieces of convention literature

have been printed and distributed to health-food stores, NHF members, and other health-related organizations — in 38 states. This amounts to 1.73 million discount coupons, 750,000 (8x14) program schedules, 175,000 assorted promotional flyers, and 12,500 colored posters distributed out of NHF headquarters.

In each of the 16 conventions there has been radio promotion over local-regional stations in the form of extensive interviews, call-in programs with NHF spokesmen, convention speakers, editorials, and some advertising. In nine conventions there was coverage on local television, and in one instance national coverage.

The conventions have been reported in numerous newspapers and trade journals, and many new-age publications have contained announcements, editorials, and news releases. In 11 conventions, press conferences were held to announce health/medical breakthroughs which involved the National Health Federation; United Press International and Associated Press wire services were alerted. The expenses are minimal and the returns have proved to be of great benefit in organizing conferences, with much of the press attending — editors, reporters — providing information to consumers through television, radio and newspaper advertising . . . On every occasion, either NHF and /or the convention(s) have been mentioned. Outstanding press conferences were held with Dr. Harold Manner, Ralph Moss, Dick Gregory.

For 11 conventions, NHF engaged the services of the Irwin Zukor Public Relations firm of Hollywood. Mr. Zukor

1979 NHF CONVENTION SCHEDULE

This year's schedule calls for 13 regional conventions, Convention Manager Allen Goldman announces. The Southwest Regional was held in Phoenix in February, the North Central in Pittsburgh March 24-25, and the remaining 1979 regional conventions are scheduled as follows:

Rocky Mountain, April 21-22, Hotel Utah, Salt Lake City.

New England, May 5-6, Hartford Hilton, Hartford, Conn.

Great Lakes, June 2-3, Neil House Hotel, Columbus, Ohio.

Southern California, June 8-10, San Diego Convention and Performing Arts Center, San Diego.

Northwest, July 14-15, Seattle Convention Center, Seattle.

Northern California, Aug. 11-12, Jack Tar Hotel, San Francisco.

Midwest, Aug. 31, Sept. 1-2, Holiday Inn O'Hare Kennedy, Rosemont, Ill.

Southeast, Sept. 15-16, Dunfey Family's Royal Coach, Atlanta, Ga.

Pikes Peak, Oct. 13-14, Four Seasons Inn, Colorado Springs, Colo.

Northeast, October 27-28, Asbury Park Convention Hall, Asbury Park, N.J.

South Central, Nov. 10-11, Fairmont Hotel, New Orleans.

The 25th Annual Convention is set for Jan. 18-19-20 in the Convention Center, Long Beach.

... is most dedicated, and deployed great efforts in performing, more often than not, nothing short of miracles. His firm has alerted the news media through distribution of press releases and programs to every possible source in that region... All of this effort in mailings and media coverage has resulted in approximately 45,225 persons in attendance (excluding the 24th Annual Convention), and in 28,875 paid registrations.

With the exception of five Conventions, the services and equipment of show decorators have been used. This results in an infinitely more attractive and professional-looking setup for exhibitors. This approach has gained for NHF conventions a higher standard of quality, service, and reputation. The increased attendance in conjunction with the professional setups has provided incentive for a greatly-expanded number of businesses to participate. More than 1,440 exhibit booths were sold during the past 17 months... They have represented the holistic health industry through every possible self-improvement product and service

The total gross income generated through conventions was \$87,532 in 1974. 1975 saw a gross of \$81,814, and in 1976, conventions were responsible for \$104,534. In 1977 the gross income was \$213,000, while in 1978 it was \$268,000 — more than three times that of 1975, and 2.3 times that of 1976....

We believe the conventions have greatly succeeded in disseminating the *Federation's message*. It is approximated that more than 1,900 persons have enrolled as new NHF members, including 96 Life and 19 Perpetual members. The convention department realized that we needed to make the goal of increased NHF membership a greater priority — at the same rate as increased convention attendance and the number of exhibitors. Hence the task before us was to design programs and devise systems to multiply membership. Evolved was the plan of offering half-price admittance to all NHF members, new on-the-spot members, in addition to training registration personnel to explain the benefits of NHF membership to the public.

It is hoped this report has communicated certain facts: First, that the con-

24th Annual Topped 'Em All! Planning Underway for Silver Anniversary Event

Based on comments in the thousands of evaluation forms which have been returned, and on-the-spot comments of attenders and exhibitors, the 24th annual convention of the National Health Federation was the most successful to date, reports Convention Manager Allen T. Goldman, back from a two-week honeymoon in Hawaii with his bride, Elizabeth Diane Miller Goldman. (They were wed at an impressive ceremony the day after the convention, in the chapel on the Queen Mary, followed by a reception, dinner, and "joyous celebration").

"The many months of planning and hard work paid off in terms of enthusiastic crowds, and pleased exhibitors," Mr. Goldman said. "The array of informative speakers attracted attendance ranging from 'good' to 'capacity.' People truly caught the spirit of our convention theme — 'The Health Revolution Is Here — Feeling Fine in '79!'"

"And we were delighted with the number of young people who came — more than we've ever had in the past. This means they were interested in what our speakers had to say on health and nutrition. And those new to the natural health field were exposed to

ventions are headed in an upward surge, have expanded and will continue to advance in every way. Second, conventions have served as an important educational medium for health principles, products, and services available to the public... Third, conventions have served as an important vehicle in expanding public awareness of the National Health Federation, and of our own health freedoms — many of which have been infringed upon — and ultimately, how awareness of these facts can improve the quality of life.

plenty of solid nutrition information, not only with what to eat, but also learning about the organic way to grow food.

"We want to express our thanks to everyone who helped make it a tremendous event: our speakers, our emcees, our more-than-300 exhibitors, the NHF staffers and volunteers who did a magnificent job in making it a smoothly-functioning affair, and those who attended, many coming a long way to be present. We are grateful also to the exhibitors who donated merchandise which was auctioned the last night by the able, personable Max Huberman. Proceeds from the auction added \$2,500 to the NHF treasury to further the cause of health freedom."

It was a time also for recognition of professional and political personalities who have made outstanding contributions to the cause of health freedom, and better nutrition for the young.

Friday night a special award was presented Dr. H. Ray Evers whose extended court battles with the establishment over chelation therapy finally resulted in a verdict giving qualified doctors a right to use the therapy they deem most beneficial to the patient.

The NHF Statesmanship Award was presented Saturday by Board Chairman Kurt Donsbach, President Charles I. Crecelius, and Maureen Salaman to Senator William Campbell, whose leadership led to enactment of S.B. 1790, the nutritional counseling bill adopted in California.

A Statesmanship Award also was to be presented Assemblyman Art Torres for his leadership in passage of A.B. 3406, a bill to promote nutrition in school lunches, but he was unable to be present.

Seven thousand persons were on hand each of the three days, some

taking in the action every day, others attending one or two days.

It will take time to examine the thousands of evaluation sheets, but these responses were fairly typical:

"(The convention) reinforced some high ideals, increased my awareness . . . dynamic speakers unanimously stressed the importance of positive thinking, higher consciousness, God."

"The event had a stimulating effect on me. There is reason to believe there's still hope for mankind."

"I learned a lot, even though I've been attending NHF conventions for years."

"Speakers brought us terrific messages on how to get more out of life by taking care of ourselves. One suggestion: More time for questions and answers would be very helpful."

There was pleased response to the ionization of the Center Theater — people reported feeling a sense of well-being, and of "breathing easier."

One of the surprises was the steady — and large — attendance at the showing of films by Librarian Stephanie Shane. "People really enjoyed the films," she reported. "It was good to see them so pleased and appreciative."

A unique feature of the convention was the 10 p.m. wedding at the Carrot Disco of Joan Bell and Edwin Lista. The couple met at the disco at the convention in Pasadena a year earlier, and that meeting blossomed into a romance which ended with their marriage. NHF President Charles I. Crecelius gave away the bride in the double-ring ceremony at which the Rev. Thomas Tyree, Grace Bible Church, Santa Ana, officiated. The couple, of Roseville, Calif., honeymooned in Hawaii.

Earlier that evening, there was an hour of "fun time" during the "Celebrity Roast" at which NHF officials and staffers and two prominent officials of National Nutritional Foods Association — "Roastmaster" Max Huberman and Dr. Arnold Pike — took their turns at "ribbing" NHF Secretary Betty Lee

LOSE ANYTHING AT THE CONVENTION?

If you happen to have lost something while at the 14th annual convention in Long Beach, there's a chance it was turned in, and that it might be waiting for you in the Monrovia office.

NHF Vice-President Dorothy B. Hart says the articles in the lost-found box include glasses, a couple of small purses, a book, a ring, and an earring, a coin purse, etc. She suggests writing her or calling, and upon identification the items will be returned to their owners. She also said a few articles lost at the 1978 convention in Pasadena still have not been claimed.

Morales. People held their breath when the inimitable Gypsy Boots hoisted her on his shoulders and carried her off the platform, gently depositing the astonished Betty Lee on the auditorium floor.

Convention tapes are available from Ray Womack, 14314 Anola St., Whittier, Calif. 90604, who will send a tape list upon request. They also may be ordered from NHF in Monrovia.

Although the 24th was the "biggest and best yet," the Silver Anniversary convention next January 18-19-20 in the same spacious quarters in Long Beach will "outdistance all past conventions," Mr. Goldman predicts. He and his assistant, Carol Biasotti, already are doing preliminary planning for that one.

"Experts," Hubert Humphrey once declared, "should be on tap — not on top."

— Alan Baron
Politics

A Little Poison Is O.K., Just Don't Take Too Much, Says Michigan Judge

Although the defendant companies already had paid out \$40 million in claims to 600 Michigan farmers whose herds were contaminated with the toxic polybrominated biphenyl (PBB) in a 1973 packaging error, and although the ensuing disaster led to destruction of more than 35,000 cattle and other animals, 6,000 hogs, 1,500 sheep, 1½ million chickens, and nearly 5 million eggs, Wexford County Circuit Judge William Peterson last autumn dismissed a \$250,000 suit after 14 months of trial, ordered the plaintiffs to pay court costs, and came up with these classic observations in his 155-page opinion:

" . . . Low levels of PBB are not harmful. It's perfectly O.K. for people to eat PBB contaminated meat, drink PBB contaminated milk . . . Poisons in small amounts can't possibly hurt you — keep on eating all the poisons the chemical companies feed you — as long as they're in small amounts you'll be O.K." . . .

The case was brought against Michigan Chemical Co., the Michigan Farm Bureau Services, and the Falmouth Co-op by Roy and Marilyn Tacoma of Falmouth, Mich., who had to shoot 1½ dairy cows in July 1976 because they said the animals had become worthless as a result of PBB contamination.

But Judge Peterson — who in his opinion chided Michigan Chemical and the Farm Bureau for paying out millions in claims, saying they "may not have been justified" — ruled that "plaintiffs failed to prove . . . their animals were injured by PBB." He said the testimony failed to convince him the chemical was harmful in small quantities.

And he went on to brand as "flagrantly irresponsible," Tacomas' charges that the Michigan Farm Bureau and Michigan Chemical Co. knowingly sold the contaminated product and conspired to cover it up.

The trouble started during the spring of 1973 when Michigan Chemical put into 50-pound feed bags, thousands of pounds of "Firemaster," a toxic flame-retardant chemical which causes precancerous lesions in laboratory animals, and damage to kidney, liver, and thyroid (as reported by the U.S. Environmental Protection Agency).

Months later, ailments started cropping up in dairy herds, and among farm families. Complaints to the Michigan Health Department and to Governor William G. Milliken were met with indifference. Farmers were told to sell animals so sick they stopped producing milk, their hoofs were turned up, pus was being excreted. And when this contaminated meat, and milk, and cheese started reaching the public, the volume of complaints increased — people reported fatigue, motor impairment, greater susceptibility to illness, skin rash.

Finally it became clear to foot-dragging bureaucrats that something was wrong, and investigation revealed that thousands of pounds of the flame-retardant had gone into the market as feed. Officials feared economic repercussions if the public became generally aware of what had happened — they thought residents and visitors would buy out-of-state farm products.

But the lid could not be contained forever. The press got hold of the story, the charges of angry farmers getting the runaround from state officials broke into print. And eventually the chemical company and Farm Bureau started settling claims.

In fact, they offered the Tacomas \$40,000 to settle that case.

The Tacomas lack funds to appeal the Peterson decision, but Americans who resent the injustice done them want to take it to a higher court, and a defense fund has been established by friends. Contributions may be sent to PBB Legal Action Fund, P.O. Box 135, Reed City, Mich. 49677.

NHF Memorial Library News



More Words of Thanks to a Few More Donors

BY STEPHANIE SHANE
Librarian

We depend upon all the donations we receive, no matter in what quantity. In the past, the articles in this Library series have pertained to specific persons. This time I would like to acknowledge more individuals and/or institutions for their contributions:

- Dee Allen, editorial assistant at the *New Age Press*, has given issues of the *New Age Press* — a Magazine of Understanding.

- From Rocky Mountain Nutritional Foods to Charles Crecelius for the library, *Making Herb Therapy Easy*, by Edward Millet.

- Copies of *The Annual Pictorial Review: The Scottish Society for the Prevention of Vivisection*, compliments of The Scottish Society For The Prevention Of Vivisection, (cruel and unnecessary experiments on animals).

- Two copies of: *A Macrobiotic Explanation Of Pathological Calcification*, by J. Y. Moon, donated by him. Mr. Moon, who lectured at the Portland NHF convention in 1978 and at the annual convention in January, is a specialist in irradiated ergosterol (Vitamin D-2) toxicity.

- Mary Spivak of San Francisco painted a lovely picture on canvas for the library.

- K. S. Tinsley presented us with: *Wonder Healers Of The Philippines—A Report on Psychic Surgery* (signed by the author).

- *Orgone, Reich Errors: Wilhelm Reich's Theory Of Life Energy*, by

W. Edward Mann.

- Blanche Leonard has sent the library Dr. Philip Welsh's book, *Freedom From Arthritis Through Nutrition*. Dr. Welsh was the first dentist in the nation, back in 1925, to recommend nutrition for dental health and prevention of tooth decay! He has more than 50 years' experience in nutrition, and is a life member of The National Health Federation.

- And a few months ago I sorted through several boxes brought to NHF by Raymond Houser, (a member of the library's Board of Governors). The materials are on health subjects or related fields. The only information I have on the man who gave us the books is that his name is James McEachen, D.C., a former resident of Boston, who recently moved from Escondido, Calif. What I do know is that his gifts will add to our rapidly-growing collection. Some of the special titles are:

- *The Physical Culture Magazines* (bound copies, Oct. 1930-Dec. 1935), by Bernarr MacFadden.

- *Food For Beauty*, by Helena Rubinstein.

- *A Primer For Diabetic Patients*, by Russel Wilder.

- *Manual Of Diseases Of The Eye*, by Charles H. May.

- *Stalking The Wild Asparagus*, by Euell Gibbons.

- *Cybernetics Within Us*, by Y. Saporinon.

Because the Memorial Library is a

PRICE-POTTENGER NUTRITION FOUNDATION BULLETIN HAS NEW EDITOR, NEW LOOK

With the advent of Linda Clark as editor, the Price-Pottenger Nutrition Foundation *Bulletin* has been expanded and improved, with new writers, new life.

PPNF, of which Granville F. Knight, M.D., is president, draws its name from the late Weston A. Price, D.D.S., and Francis M. Pottenger, Jr., M.D., both internationally known for their work in nutrition and natural approaches to healing.

Dr. Price, a pioneer in the field, is author of the classic *Nutrition and Physical Degeneration*, written after extensive research among primitive peoples not afflicted with modern diseases because of a diet free of debilitated foods, and sugar.

Dr. Pottenger, a respiratory specialist, was director of a sanitarium in Monrovia, Calif., many years, and became famous for tests related to nutrition,

performed on cats. Over a 10-year period he conducted tests on 900 animals, feeding them raw food and cooked food. The work has been reported in papers, and a film is available.

The PPNF *Bulletin* staff includes Reporters Beatrice Trum Hunter and Betty Franklin. Bargyla Rateaver, Ph.D., internationally-known agrobiologist, does a column, Dr. Knight has a page, and there are other writers and features in the 32-page quarterly.

Information on membership is available from the organization, P.O. Box 2614, La Mesa, Calif. 92041.

Editor Clark says PPNF is "considered by experts in nutrition to be perhaps the most prestigious group of its kind in the world." Members include professional and lay persons "who believe in and strive for the return of sound health to all living things."

FDA WOULD DELETE VIT. E FROM GRAS LIST

A proposal by the Food and Drug Administration to remove d-a-tocopherol and d-a-tocopheryl acetate concentrate (Vitamin E) from the GRAS (Generally Regarded As Safe) list is being resisted by National Nutritional Foods Association.

As the reason for the proposal, the agency says a survey of a "representative cross-section of food manufacturers" failed to reveal any food-use data.

nonprofit organization, we are solely supported by the donations we receive, regardless of what they are or how much is sent. The patrons mentioned here are just a few of the many who have given so generously. The list is almost endless, and I want to thank everyone who has contributed, and wish you all good health, naturally.

Commented NNFA President Dave Ajay: "We believe the agency's reliance on a purported survey of a sample of food manufacturers is fallacious, and an inappropriate basis, factually and legally, for revoking the GRAS status of these two substances. . .

"No 'new evidence' has been reported to change the GRAS recognition of these substances over the many years of their use. If anything, recent experimentation has shown that d-a-tocopherol prevents conversion of nitrates in the gut, and minimizes nitrosamine formation — an effect not present with the acetate form of tocopherols.

"Moreover, NNFA believes the survey referred to in the Oct. 27, 1978, Federal Register (43FR at 50, 194) to be grossly . . . deficient, in the face of reports from manufacturers and retailers in the in-

Waxman Wins Tight Race for Head of House Subcommittee on Health

What was described as "a significant toehold in the House leadership" was won January 30 by Los Angeles Congressman Henry Waxman who defeated the "establishment candidate," Representative Richardson Preyer of North Carolina 15 to 12 to become chairman of the House Commerce Subcommittee on Environment and Health, the post vacated by Paul Rogers.

According to *Los Angeles Times* Reporter Ellen Hume, the race "pitted the health industry and House establishment — which favored Preyer — against labor, consumer and environmental groups favoring Waxman.

"Ugly charges were aired on each side. Waxman was criticized for distributing \$45,000 in campaign contributions to fellow committee members and other House colleagues, while Preyer

was challenged for his extensive drug-industry holdings.

"As chairman, the 40-year-old congressman who has started his third term will influence legislation on national health insurance, hospital-cost containment, and other key health and environmental issues. Senator Edward M. Kennedy, Ralph Nader, New York Mayor Edward Koch and Los Angeles Mayor Tom Bradley were among those who lobbied for Waxman, a liberal who favors comprehensive national health insurance.

"The American Medical Association, American Hospital Association, and prominent doctors joined House leaders in supporting Preyer, considered more moderate politically. Preyer also is more closely aligned with the Carter Administration's step-by-step approach to national health insurance."

Researcher Seeks Microwave Oven Damage Data

The *IAPM Monthly Memorandum* published by the International Association of Preventive Medicine, 10409 Town & Country Way, Houston, Texas, reports that IAPM Student Member Michael Margolis is researching effects of radiation emitted from microwave ovens and possible harmful effects, if any, on food prepared in the oven. He

industry of a significant volume of manufacture and sales of these food substances. D-a-tocopherol and d-a-tocopheryl acetate concentrate are substantially used as food . . .

"NNFA believes the GRAS status of (these substances) should be maintained. A hearing should be held wherein appropriate factual information can be developed, and the proposal to withdraw these substances from the GRAS list should be withdrawn as factually unjustified."

would appreciate information or referral to sources of data. His address: 4850 So. Lake Park, Apt. 2409, Chicago, Ill. 60615.

SOLAR SPEAKERS

A solar energy speakers' bureau has been established by the Southland California Solar Energy Association to provide speakers ranging from aerospace scientists to backyard inventors, for schools, civic and business clubs, and other groups.

If a fee is required, the group will be advised. SCSEA may be reached at 202 C St., Suite 11-B, San Diego 92101, or at Northrup University, 1155 W. Arbor Vitae St., Inglewood 90306.

Diplomacy is the art of letting someone else have your way.

— DANIEL VARE

THIS IS THE NATIONAL HEALTH FEDERATION

The National Health Federation is America's largest, organized, noncommercial health consumer group. It is a nonprofit corporation founded in 1955. Its membership is comprised of men and women in all walks of life, belonging to a variety of religious faiths and political persuasions, and engaged in nearly every profession and trade.

Its members believe that health freedoms are inherently guaranteed to us as human beings, and our right to them as Americans is implied in the words, "life, liberty and the pursuit of happiness." Yet, frequently, these freedoms and rights have been and continue to be violated. Too often, as a result of the unopposed pressures from organized medicine, the chemical industry, pharmaceutical manufacturers, and others, laws and regulations have been imposed which better serve these special-interest groups than the public at large. We see and hear of new instances daily. To name a few: spiraling health-care costs, consumers exploitation by leading industries, excessive devitalization and adulteration of our foods, restriction of certain types of treatment, banning of certain health books from the mails, the harassment of those who advocate natural methods of healing and natural foods, the poisoning of our air, water and soil through greed and carelessness, and many other health-related issues.

The NHF opposes monopoly and compulsion in things related to health where the safety and welfare of others are concerned. NHF does not oppose nor approve any specific healing profession or their methods, but it does oppose the efforts of one group to restrict the freedom of practice of qualified members of another profession, thus attempting to create a monopoly.

The public needs a strong voice, such as the NHF provides, to speak and act in their behalf in these health-related matters. Legislators need your support to balance the pressures exerted upon them by the special interests. The National Health Federation, through a special legal and legislative staff in Washington, keeps its members apprised of all health legislation, opposes inadequate or undemocratic health legislation, while supporting or drafting bills to protect the individual's health freedom.

Will you join us in this worthy effort?

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Unless otherwise indicated, address all officers and staff members: P.O. Box 688, Monrovia, Calif. 91016.

Phone (213) 357-2181 or 359-8334

Charles I. Crecelius — President and Executive Head of the Federation

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STAFF AND ASSIGNMENTS

Clinton R. Miller — Executive Vice-President, in charge of Legislation and Regulations

John Yiamouyiannis, Ph.D. — Science Director
Address: 6439 Taggart Road,
Delaware, Ohio 43015
Phone (614) 548-4067

Kirkpatrick W. Dilling — NHF General Counsel
Address: 188 W. Randolph St.
Chicago, Ill. 60601
Phone: (312) 236-8417

James S. Turner — Washington Representative
Address: 1625 I St. N.W.
Washington, D.C. 20006
Phone: (202) 872-8660

Convention Bureau
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NHF Bulletin

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Opinions expressed in **The Bulletin** are those of the writers of the articles and are not necessarily the opinion of the National Health Federation.

NATIONAL HEALTH FEDERATION

P.O. Box 688

1212 West Foothill Boulevard
MONROVIA, CALIFORNIA 91016
Telephone (213) 357-2181

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Thank you for your cooperation!

PLACE
STAMP
HERE

Every family in America should belong to the National Health Federation to —

1. Support the principle of freedom of choice and liberty in health matters.
2. Be a part of a strong and united consumer's voice in all health matters.
3. Work for beneficial and needed health legislation and, at the same time, oppose proposals which are detrimental to the health interests of the people or which do not provide for equality of recognition of all legally established health professions.
4. Support a united effort to reduce the cost of health care.
5. Support ecological research and practices which have beneficial effect and impact on the health of the people.
6. Support the restriction, and elimination of chemical contaminants, additives, and colorings to foods—used for extending shelf-life and extension of profits—regardless of so-called "safety factor."
7. Seek the repeal of unfair food and drug laws, labeling, and regulations, as are exemplified, approved, and implemented by FDA or the Federal Trade Commission.
8. Insist that all monies raised for health research and care be used exclusively for these purposes.
9. Compel all health fund-raising organizations to disclose in an annual report, the amount of funds collected and how the funds were expended.

THESE ARE THE THINGS THE NATIONAL HEALTH FEDERATION IS ORGANIZED TO DO—JOIN ITS RANKS AND TAKE PART IN THIS VITAL EFFORT ON BEHALF OF YOURSELF AND OF ALL AMERICA.

UPCOMING NHF CONVENTIONS

Great Lakes Regional — June 2-3
Neil House Hotel — Columbus, Ohio

HELP SAVE OUR HEALTH FREEDOMS